

# THE PARISH PAPER

## St. Mary the Virgin, Payhembury

Vol 50 No 7

January 2018



# 2018

HAPPY NEW YEAR

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The beginning of a new year is an ideal time to stop, look up, and get our bearings. To pause and think of those things that have passed....To look around at the present, the here! The right now....And to re-set the compass of our hearts, for what is to come...

Rather than a New Year's resolution, I much prefer to think about a new year recipe for 2018. Perhaps you can imagine Nigella Lawson or Jamie Oliver, in their kitchens, talking us through these next steps for a new start to a new year.

**Recipe for a Happy New Year.** . . .Take twelve fine, full-grown months; see that these are thoroughly free from old memories of bitterness, cleanse them completely from every clinging pain; pick off all specks of pettiness and littleness; in short, see that these months are freed from all the past— have them fresh and clean as when they first came from the great storehouse of time. Cut these months into thirty or thirty-one equal parts. Do not attempt to make up the whole batch at one time (so many people spoil the entire lot this way), prepare one day at a time. Into each day put equal parts of faith, patience, courage, work, hope, kindness and rest (leaving rest out is like leaving the oil out of the salad dressing— don't do it). Pray daily. Put in about one teaspoonful of good spirits, a dash of fun, a pinch of folly, a sprinkling of play, and a heaping cupful of good humour.

In the psalms, we have some wonderful words to take us into another new year, a prompting to invite God into the recipe of our own lives... 'Open your mouth and taste, open your eyes and see—how good GOD is. Blessed are you who run to him'. (Psalm 34:8 a translation from The Message). The best resolution, I ever made, was my decision to become a Christian, a life- long resolution – the only resolution that I have ever managed to keep; and the teachings of Jesus Christ, the best recipe for following the God of love, who longs to be part of our present and future – to be the compass, which sets the direction for our lives, not just at the beginning of each new year – but step by step, day after day.

So, for 2018, I leave us all with a prayer for peace and hope, for the year that is to come. *[See page 4 for the New Year Prayer]* **Rev Leisa**

## PARISHES OF FENITON, ESCOT, PAYHEMBURY

### CHURCH SERVICES IN JANUARY 2018

**SUNDAY 7<sup>TH</sup> JANUARY**

***EPIPHANY***

Church	Time	Service
Escot	4.00 pm	Evensong (JD)
Feniton	10.00 am	Storytime (VS/AS)
	11.00 am	Parish Communion (JP)
Payhembury	11.00 am	Morning Worship (?AS)

**SUNDAY 14<sup>TH</sup> JANUARY**

***SECOND SUNDAY OF EPIPHANY***

Church	Time	Service
Escot	9.00 am	Parish Communion (AM)
Feniton	11.00 am	Morning Worship (LL)
Payhembury	10.30 am	Café (DB)

**SUNDAY 21<sup>ST</sup> JANUARY**

***THIRD SUNDAY OF EPIPHANY***

Church	Time	Service
Escot	9.00 am	Matins (TP)
Feniton	11.00 am	Parish Communion (AM)
	6.00 pm	Worship & Praise
Payhembury	9.30am	Parish Communion (AM)

**SUNDAY 28<sup>TH</sup> JANUARY**

***CANDLEMAS***

Church	Time	Service
Feniton	11.00 am	Parish Communion (JH)
Payhembury	4.00 pm	Christingle (LL)

**SUNDAY 4<sup>TH</sup> FEBRUARY**

***SECOND SUNDAY BEFORE LENT***

Church	Time	Service
Escot	4.00 pm	Evensong (JD)
Feniton	10.00 am	Storytime (VS/AS)
	11.00 am	Parish Communion (OT)
Payhembury	11.00 am	Morning Worship (OT)

## **A New Year's Prayer**

May God make your year a happy one!  
Not by shielding you from all sorrows and pain,  
But by strengthening you to bear it, as it comes;  
Not by making your path easy,  
But by making you sturdy to travel any path;  
Not by taking hardships from you,  
But by taking fear from your heart;  
Not by granting you unbroken sunshine,  
But by keeping your face bright, even in the shadows;  
Not by making your life always pleasant,  
But by showing you when people and their causes need you most,  
and by making you willing and when able to be there to help.  
God's love, peace, hope and joy to you for the year ahead. **Amen**

***Rev Leisa***

Church Wardens: Mrs Babs Leach, 3 Lower Mews, Payhembury (841409)

Mr Gareth Stephens (849130)

Sexton: Mr Clive Jones, 11 Markers Park, Payhembury (841685)

### Contact details for church wardens in Escot or Feniton

Feniton: David Lanning or Cara Sanders(850262)

Escot: Judy Davis (812739)

**Do you have an event to publicise, or some news to share?**

**Email:** [payhemburypaper@yahoo.co.uk](mailto:payhemburypaper@yahoo.co.uk)

## Coffee Morning

Happy New Year to All Very many thanks to Pat Fowler for her kind hospitality at the Coffee Morning in November. It was a great opportunity for us to see, and delight in, the amazing results of the recent inspirational alterations Pat and Clive have undertaken.

No such excitement this month I'm afraid, but Alan and I will be pleased to welcome all at 'Biricha' on Wednesday 24<sup>th</sup> January at the usual time of 11a.m. We shall look forward to seeing you then. The proceeds from our Coffee Mornings go to Church Funds. If you would like more information about the Coffee Mornings, please give me a call on 841828



**Marjorie W**



## The University of the Third Age

### Learn, Laugh, Live'

The Honiton U3A will be meeting on Wednesday 17<sup>th</sup> January when they welcome their speaker, Christopher Massey-Beresford, whose talk is entitled '**Neutrals at War**'. Much is still being written about the second world war, but what is less well know is what happened in neutral countries. This talk examines the extraordinary achievements of those involved in Switzerland, Portugal, Sweden and Denmark

Venue: The Beehive Centre, Dowell St., Honiton

Doors open 1.30pm for a 2pm start

Members Free and Visitors welcome (suggested donation of £2.00)

Further information: 01404 598008

Website: <http://u3asites.org.uk/honiton>

***Does anybody have a keyboard that they no longer use? The church is trying to acquire one, so that it could be used occasionally for services.***

***Contact Babs on 841409 if you can help with this. Thank you***

## Tea and Bingo Report - December



We had a splendid Christmas Lunch and Bingo session, courtesy of the Six Bells who served us a lovely turkey dinner with enough veg to sink a battleship! Many thanks, Carole and Don, for a beautiful table, a present each and a wonderful lunch.

We then moved into our usual bingo session with choccy and money prizes. Next it was mince pies and tea – thank you, Jan, for a lovely plate pie which went quickly without a crumb being wasted – and a great time was had by all. We won't meet in January since the first Wednesday

is the 3<sup>rd</sup> and bit early, so our next meeting will be on:

**Wed 7<sup>th</sup> Feb 2018 in the Six Bells**

There'll be a reminder in the February parish paper and, meanwhile, the Tea and Bingo group wish everyone a very Happy New Year.

*Sue Derbyshire*

## PAYHEMBURY SPRING BULB AND FLOWER SHOW

Now Christmas is over, the countdown is on. Less than three months to the Bulb Show. It's time to start looking through the schedule available in the village shop and planning how you're going to be creative. We had a record number of entries last year which was fantastic. Hopefully we can match that again this year.

I would like to say thank you to members of the show's committee Hazel, Di and Penny for decorating the tree to represent our group at the Christmas Tee Festival. All the trees looked beautiful so well done to everyone.

Finally Happy New Year from the Bulb Show committee.

*Jane Wood, Chair*



## Dates for your diary!

### Church Soup Lunch

Mon 8<sup>th</sup> January

12 – 2

All welcome



Please note the next Parish Paper  
Deadline is

**Thursday 18 January, 4pm**

### Girls' Night Out

**Tuesday 16th January 8pm**

at

**The Six Bells**



**Mobile Library**

**January 24th**

**11.25-11.45am**

**in the Parish Hall Car Park**

QUIZ NIGHT - THE SIX BELLS - Sunday 28<sup>th</sup> January, 7.30pm

### Well Done Payhembury!



I am really pleased to report that the Poppy Collection this year has produced our largest sum ever of £376! This is a remarkable sum for a small village like ours and I think everyone can be proud of themselves. The money goes to the Royal British Legion – this year our boxes came from the Honiton branch, which has collected over £16,000 so far. This money will go towards helping those who served with the armed forces, or their families, who are in need. Once again, many thanks to those who “tramped the streets” with collecting boxes, to the premises who had a box on their counters and to everyone in Payhembury who was so generous.

*Ian Derbyshire*



## Bible and Biscuit Club

Here are some photos to show what the children at BBC (Bible Biscuit Club) have been up to since September. We've been looking at Jesus and his miracles and had some interesting discussions around these topics. So for Jesus walking on the water we had a go at this on our pond in a zorbing ball; Jesus feeds the 5,000, we made our own bread and Jesus heals, we had a go at first aid. Discussions led onto international aid, wars and politics! We



always end each session with prayer and some of the children are getting bolder in saying aloud their own prayers too.

The last session was a bit of a Christmas party with charades (acting out bible characters/events) and games. It's

been all good fun with lots of laughter! We start back in January!

***Neil and Nicola Hart***





Sunday 20<sup>th</sup> May 2018 at 10.00am

A scenic multi-terrain 10k run and a 2k fun run

Fundraising event for Clyst Hydon School Association

10k: starts and finishes at Clyst Hydon Village Hall, EX15 2NT.

2k all off-road, in a nearby field.

Entries open 1st January 2018

Entries will be limited to 150 in the 10k

Minimum age for 10k is 15 years.

Further details and entry forms available online.

[www.clysthydonhuff.co.uk](http://www.clysthydonhuff.co.uk)

Medals for all finishers in the 2k, T-shirts for all finishers in the 10k

Trophy for Best Primary School (first three finishers in 2k).

Prizes for 10k and 2k races: 1<sup>st</sup>, 2<sup>nd</sup> and 3<sup>rd</sup> M & F in both races.

10k: 1<sup>st</sup> place F35-44, F45-54, F55+ & 1<sup>st</sup> place M40-49, M50-59, M60+

2k: Certificates for 1<sup>st</sup> place in age categories



If you've been watching Blue Planet on the television I'm sure you will have taken on board David Attenborough's message that we should all try to take better care of our oceans and cut down our use of plastic. Some of the goods delivered to our shop arrive in lots of packaging but at least we can offer you fruit and veg with no unnecessary plastic packaging and you can choose the exact amount you'd like to buy, so no waste. If you'd like to bring your own mug for the hot drinks machine, that's fine by us.

December has been our time to focus on raising some extra funds for village groups with our Christmas raffle, and by making our hot drinks free, but with a donation to the village raffle fund very much appreciated. Prices are rising in supermarkets everywhere and of course we are not immune to this, but our pricing policy has always been to charge a fair and reasonable price for our goods, and, because we have no salaries to pay, we are able to do this

while still generating some profits for the benefit of our village. Which other local shop has not increased the price of some of their staple products such as milk for 6 years?

If you didn't manage to come in to the shop in 2017, why not make a new year resolution to pop in this year and see what we can offer; we hope you'll be pleasantly surprised and you'll certainly be very welcome.

Our Payhembury calendar has been very popular, if you haven't bought yours yet you'll need to get your skates on. Our resident design guru, Tim, is asking for your help, so if you take a photo of Payhembury village life and would like to see it immortalised in next



year's calendar, please get in touch with him via the shop. Snow scenes, photos of village events and people all welcome.

We wish all our customers, suppliers and volunteers a happy New Year.

***Mary Whiting***



**Thanks** to all who took part in our Christmas Tree Festival in church at the beginning of December.

What an amazing display and huge effort, which paid off in enjoyment and fund raising. We took just a little under £500 in donations, which is very good.

Feedback was very positive, especially remarks about the creativity and different interpretations of the themes of the Twelve Days of Christmas.

Special thanks to the Friends of Payhembury School for also supporting our venture at the same time as their own Christmas Fair, which was another memorable event.

*Christine Thair*

Dear Friends - Happy New Year!

**I hope you've had a brilliant Christmas** holiday and it was great to see so many of you in church on Christmas morning. **I'm sure you will agree that December** was a super month. I was lucky enough to sneak into the barn and watch the school nativity; they were all amazing.

I sometimes find January a bit cold and lonely after a busy December, even though Santa mouse has brought us so many fabulous presents. Fortunately we still have the Christingle service to look forward to - be careful not to drop too many sweets! They are extremely tempting for us mice but ever so bad for our little teeth! I look forward to seeing you all there,

*Parchie*





QUIZ NIGHT - THE SIX BELLS

Sunday 28<sup>th</sup> January, 7.30pm

Our ONE and ONLY Marty  
will be our Quizmaster

Teams of 4-6, suggested  
donation of £3 per person

*ALL PROCEEDS GO TO THE  
HONITON BRANCH OF THE  
ROYAL BRITISH LEGION*

**Don't miss a night of**

FUN and GAMES!

*(So who is the know-all of  
Payhembury?)*

### Clarets Corner

It looks like I will have to start learning the Spanish language because the way things are going at the moment with three wins and a couple of debatable defeats the Clarets could be playing BARCELONA or REAL MADRID next season, who knows?

Hope to see you all on 28th January at the quiz night at the pub in aid of The Royal British Legion. (see notice on the left). Thanks to Sue Derbyshire for putting this on.

A big thank you to everyone who has looked after me over the Christmas period.

See you around the village and UP THE CLARETS!!

*Marty*

UP THE  
CLARETS!

William Garvey, furniture designers & makers, of Upton, are delighted to sponsor Payhembury Parish Paper

## Nature Notes

Hello Everyone Well, we've had some really cold days recently, haven't we? Also, some sunny ones---a bit like winter really! I've noticed that the cold days bring long tailed tits into the garden and on to the feeders. Did you know that on these cold nights, they sometimes roost in large numbers, huddling together to keep warm.

Leonard tells me he's seen a red kite, over Colestocks. I hope it stays around. He's also seen a barn owl and three muntjac deer nearby. Christine has lots of fieldfares and redwings in the field near her house. These winter visitors will stay around until spring, when they will return to their breeding grounds in Scandinavia. Ray had four greenfinches in his garden recently. I only get one or two at a time.

When walking along the prom. in Sidmouth, we were pleased and surprised to see lots of small waders on the prom., running about amongst the people, looking for titbits. These are very small black and white birds, called turnstones, because they turn small stones over on the shore, looking for grubs, worms and any other bugs to eat.

***Alan Jones, 841671, baroda.jones@btinternet.com***

Fieldfare



Turnstone



Redwing



**SITUATION  
VACANT**

***A new year—a new job....or rather... a new interest/  
hobby... just occasionally....perhaps?***

Payhembury parish paper needs a new editor in addition to the three we currently have. We divide the year up, so it is not a huge chore. You can see what we do, perhaps you could do better? Why not have a go?

Please contact us on: [payhemburypaper@yahoo.co.uk](mailto:payhemburypaper@yahoo.co.uk)



## **Yellingham Farm in December**

December has seen the grass disappear and we are now supplementing

the in-lamb ewes with hay which they are certainly enjoying. The cattle have started to poach the ground where they have been grazing down in the river field, so they are now up nearer the farmhouse, where again they are enjoying hay. In the next few days we will house them until the weather improves. We bed one of the barns for them but they have access to the yard and can wander in and out to their hearts' content and can enjoy the sunshine when and if it shines.

It won't be long before we will start to set up the barns for lambing. It's always a long job, as we seem to collect so much clutter over the year which has to be sorted and tidied away before the sheep pens can be erected. The biggest job this month has been to bring home a massive oak tree which fell a few months ago.

The tree was huge and it always seems such a shame when they fall down. The boys have been chain-sawing for what seems years but finally we are nearly there. There is plenty of oak to keep our open fires burning for years. To ensure that there are plenty of trees for future generations to enjoy, we have planted another 50 trees to include cherry, oak, birch and some firs.



It just remains to say thank you to all of you in the community who have supported the farm this year by purchasing beef and lamb and our lovely apple juice and also for sending your friends and relatives to stay with us in the Bed and Breakfast.

***Janet East***

## Travelling with your pet

Now is the time of year when we look forward to the summer holidays and for lots of us, that can mean taking our furry friend along too. The Vale Vets team are here to tell you what you need to know before you go. Since 2000, the Pet Travel Scheme (PETS) has allowed cats, dogs and ferrets to enter the UK from certain countries without being placed in quarantine. Animals resident to the UK can now travel to most European countries as well as more distant destinations. From 1<sup>st</sup> January 2012, the PETS travel scheme changed such that dogs and cats can move freely between PETS-scheme approved countries provided the following conditions are satisfied:

- 1) The pet must have a permanent microchip implanted, which lots of animals already have.
- 2) The pet must be vaccinated against rabies after microchipping. This can be done any time over 12 weeks of age using a licensed vaccine. Boosters are given according to manufacturers' recommendation.
- 3) The pet must have a PETS passport signed by an official veterinary surgeon, confirming the above conditions have been met.
- 4) Some destinations require an additional export certificate. It is important to check with DEFRA for specific conditions requested by the country you wish to travel to.
- 5) There is a 21 day wait after rabies vaccination before travel abroad and/or entry into the UK is allowed. This is to allow time for the vaccine to take effect.
- 6) There is a requirement for a veterinary certified tapeworm treatment 24-120 hours before return to the UK. Travel companies and ports will often help you locate a veterinary surgeon for this.

If you are travelling to a country not listed on the PETS scheme, additional conditions must be met. This means starting this process at least 4-5 months before you expect to travel. A blood sample must be taken a minimum of 30 days after rabies vaccination. If the test is successful, a three month wait must be observed following the date of the blood sample before your pet would be allowed back into the UK. If the blood test does not prove adequate antibody levels, your pet would require a second vaccination and blood test. It is also important to contact DEFRA and check for any additional requirements of travel to specific countries. We recommend making sure your pet is protected against ticks and sand-flies during their period of stay outside the UK, as these can carry a variety of diseases which we rarely encounter in this country. It's also important to consider whether your pet enjoys travelling, changes in environment and temperature or whether they may prefer to stay at home. If you have any questions, please contact your vet.

Above all, enjoy your holiday!

## Payhembury Weather [www.payhembury-weather.co.uk](http://www.payhembury-weather.co.uk)

**Rainfall:** November was a dry month with only just over half the rainfall. December has started wetter close to the average with nearly 20mm on 10 December. No significant snow, just the odd flake on 9 December.

**Temperatures:** Both November and December so far have had below average temperatures, bucking the warming trend this year, especially at night leading to some good frosts.

**Weather elsewhere:** Storm Caroline passed by on 9 December bringing strong winds and arctic air to all of Britain and significant snow north of the M4. Some areas had power cuts and schools were closed for several days. The rest of N. Europe suffered similar snow chaos with transport affected. It does however suggest a good season for the Alpine ski resorts.

Payhembury Monthly Temperatures degC

Nov/Dec 17	1960-90	Measured	Warmer or colder
Max Temp	10.4/8.5	11.4/8.2	Warmer/Cooler
Min Temp	4.0/2.7	2.7/1.4	Cooler
Mean Temp	7.2/5.6	7.1/4.8	Cooler
Temp Range	6.4/5.8	8.7/6.8	
Highest Max	17/15.5	14.9/12.7	22 Nov 17
Lowest Min	-6.5/-9	-3.2/-3.7	12 Dec 17
Lowest Max	1.5/-2.5	5.6/3.7	9 Dec 17
Highest Min	14/12.5	11.2/7.0	22 Nov 17
Payhembury		Rainfall mm	Date of max
Nov 17	85	54	22 Nov 17
Dec 17	47	46	10 Dec 17

Current weather in Payhembury and a forecast can be viewed at [www.payhembury-weather.co.uk](http://www.payhembury-weather.co.uk) Like me on Facebook and follow me on twitter at @sat\_metman

**Roger Saunders**

## INFORMATION PAGE

**Non urgent police contact** 101

**Honiton Hospital** 01404 540540 (Minor Injury Unit 8am-10pm)

**RD&E Hospital Exeter** 01392 411611

**VETS** (Village Emergency Telephone System) 01404 565605

### **Your Parish Council**

Meetings held 2nd Wed of alternate months (starting January) 7.30pm in the Parish Hall

Keith Williams 01404 841772 Robert Leach 01404 841408

Mark Disney 01404 841353 Tim Cox 01404 850005

Bill Eaton 01404 841522 Mary Lorimer 01884 277226

Louise Scott, Parish Clerk 01884 277280 email: payhemburypc@googlemail.com

### **Useful numbers at the County Council (all 0345) <https://new.devon.gov.uk>**

General Enquiries 155 1015 **Registrars 155 1002**

Roads and Transport 155 1004 Libraries 155 1001

Disability Information 155 1005 Children/Families 155 1013

Bus passes 01392 383688

### **Emergencies**

Social Care 0345 600 0388

Highways 01392 383329

Animal Welfare, Petrol, Explosives 01392 499499

### **Useful numbers at the District Council (all 01395) <http://eastdevon.gov.uk/>**

Switchboard 516551 (including planning matters)

Council Tax/Benefits 517446 (including elderly, disabled, vulnerable)

Environmental Health 517456 (including dogs and pest control)

Missed Bins/Recycling 571515 Car Park Fines 571780

**County Councillor** Ian Chubb: 01297 35468

**District Councillor** Philip Skinner: 01404 822855

## PAYHEMBURY PARISH HALL HIRE AND CHARGES

Please contact Hazel Pike on hazepike18@g.mail.com or 841465 for details and to book.

(Please telephone before 7pm)

### **PAYHEMBURY PROVISIONS Opening hours and contact details**

Monday to Friday 8am to 7pm

Saturday 8am to 1pm

Sunday 8am to 12pm

Tel: 01404 841856 or [info@payhemburyprovisions.co.uk](mailto:info@payhemburyprovisions.co.uk)

## CALENDAR FOR JANUARY 2018

- Sun 7th Morning Worhsip, 11am
- Mon 8th Soup Lunch, Church, 12 to 2pm  
Home Group, Tuck Mill Cottage, 8pm
- Thur 11th BBC Social Film Night, Parish Hall, 6—8pm
- Fri 12th Emmaus Group, Cherrybrook, 9.15am
- Sun 14th Café Church, Parish Hall, 10.30am
- Tue 16th Girls' Night Out, The Six Bells, 8pm
- Thur 18th BBC1 6—7pm @ Cherrybrook  
BBC2 6—7pm @ Danescroft  
BBC3 5—6pm @ Danescroft
- Thur 18th Deadline for entries to the parish paper
- Sun 21st Parish Communion, 9.30am
- Mon 22nd Home Group, Tuck Mill Cottage, 8pm
- Wed 24th Coffee Morning, Biricha, 11am  
Mobile Library, Parish Hall Car Park 11.25– 11.45am
- Fri 26th Emmaus Group, Cherrybrook, 9.15am
- Sun 28th Christingle, 4pm  
Quiz in aid of The British Legion, The Six Bells, 7.30pm
- Church Flowers:** 6th and 13th January—Mrs S Ford  
20th and 27th January—Mrs B Leach

### REGULAR WEEKLY ACTIVITIES HELD IN THE PARISH HALL

<b>MONDAY</b>	Apple Pips	9.30-11.30am
<b>TUESDAY</b>	Musical Seeds	9.15-10.15am
	Pilates	6.45-7.45pm & 7.50-8.50pm
<b>WEDNESDAY</b>	Pilates	9.15-10.15 & Men's 10.30-11.30am
	Short Mat Bowling	7.30-10.00pm
<b>THURSDAY</b>	Pilates for beginners	9.30-10.30am

**Editors:** Christine Thair (841322), Kate Duggan (07968 369159), Victoria Lincoln (07967 313035)

**Payhembury Village Website:** [www.payhembury.org.uk](http://www.payhembury.org.uk)