

# THE PARISH PAPER

## St. Mary the Virgin, Payhembury

Vol 54 No 3

September 2021



Photo by Oliver Smith taken in the evening 21 July 2021

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## Rectory notes September 2021 – Journeys, Archbishops and Planets

“A single ticket from Feniton, please. To errr... the South Pacific.” “The Pacific, sir?” checks the man at the counter, “that’s very adventurous, if I may be bold enough to say. Is that business, sir, or are we on holiday?” “Mmmm, you could call it God’s business, I suppose”. “My apologies, sir, I see you’re a man of the cloth. So I’m sure He will bring you back safely to us, sir. A Return ticket, then.” “I’m not so sure! Let’s stick with One-way.” “Well, have a nice trip, sir.”

It’s 1855, and John Coleridge Patteson leaves the Feniton family home to join the great Victorian missionary endeavour. In 1861 he was made the first Anglican Bishop of Melanesia. In 1871 he was killed by local people, probably in mistaken identity for a slave-trader.

“Ticket to Feniton, please,” a modern-day Archbishop requests at London Waterloo, 150 years on. “Would that be a Return, sir?” “Oh yes, I definitely hope to return.”

The Archbishop of Canterbury will be travelling rather less far than Bishop Patteson when he visits Feniton church this month. However, he has travelled across the seas to Melanesia previously: he journeys here as President of the Melanesian Mission UK.

Journeys – Patteson’s to the Pacific, the Archbishop’s to Devon. Justin Welby is coming here to start a journey – or more precisely to start the opportunity for journeys. At St Andrew’s Church Iychgate on Saturday 18<sup>th</sup> September, at 9am or thereabouts (all are welcome), he will cut the ribbon on a new pilgrimage route, the Patteson’s Way. This follows the footsteps of John Coleridge Patteson: from Feniton to Alfington where he was curate, Ottery the Coleridge family home, Patteson’s Cross, and back to Feniton. The pilgrimage invites us, as we walk, to look back at history, to be present in the moment through nature, and to look to the future: what is our own journey?

Our Planet itself has travelled far since Patteson’s day. Not just colonialism and Christianity were exported by Nineteenth Century Britain, but carbon. As the world’s industrial powerhouse, we blindly led the journey in burning fossil fuels. And now? Melanesian islands are shrinking from rising sea-levels, a tragic contemporary connection with the Melanesian people.

“A ticket to the Future, please,” requests Planet Earth. “It’s nice and warm there, I gather, madam.” “That’s one way of putting it.” “Travelling alone, madam?” “No, I’ve plenty of company, thank you, everyone’s on this journey. Even God’s squeezing aboard.” “Well, have a nice trip.”

**Rev David Carrington**

Team Vicar of Escot, Feniton and Payhembury  
The Rectory, Station Road,  
Feniton 01404 850905 [revdavidcarrington@gmail.com](mailto:revdavidcarrington@gmail.com)

Church Warden:	Mrs Babs Leach, Slade View, Payhembury (841409)
Sexton:	Mr Jim Kimber, 1 Barrow Road, Payhembury (841320)



## Paul's Nature Notes—July-August 2021

After the really bad start to the year we are seeing the return of a sense of normality. Nature has started to play catch-up - the cycle of life differs every year but it appears to remain intact despite all the obvious signs of global warming..

On 31 May we welcomed the return of the Spotted Flycatchers, which successfully raised a family again. Our bees have done less well. We lost four colonies last winter but thanks to friends and capturing some swarms we are now back to full strength, but it has not been a good year for honey. In fact, we may not take any off at all, preferring to let the bees build up enough resources to survive the coming winter.

This month I want to write a bit more about the most numerous family of insect species in our garden. I am, of course, talking about moths. Some are diurnal, or in other words they fly in the day as well as at night. Others, and the vast majority, fly only at night and are generally completely overlooked by most people. Who, for example, is aware that on those really calm, warm July nights with temperatures in the high teens up to a hundred species can be recorded?

Different species of moth appear in every month of the year and some may even fly in quite heavy rain. Many only emerge once a year, whilst others are multi-generational. This year the former have really suffered and many single generational species have not appeared at all. This is a worry, as with certain species it would not take a lot to render them extinct. Others appear to have caught up quite well.

There have been surprises and one of the best was a Common Tubic, *Alabonia geoffrella*.

This tiny moth measures a mere 9mm, but when you see those colours you really know you are looking at something special. Classed as common I have only ever seen it three times in two decades of moth recording. What a beauty!



are also patches of orange and it is big – with a wingspan of 40mm.

Then there is the Eyed Hawk-moth. I dare you to let one rest on your finger – my 7 year old granddaughter does!



# Thank You

I would like to send a huge thank you to everyone who has sent get well messages and cards and supported me in any way during Ray's illness. I feel really lucky to live in such a caring village.

**Louise Granger**

## Grow your own ?

Would you like to be able to grow your own vegetables, salad crops, extra flowers or sunflowers but do not have the space to do so? Well David and Sandy Gay, who have just moved to Payhembury, may have the answer.

Part of their garden has been dedicated for just this purpose, it includes three raised beds a greenhouse, small borders and numerous pots and containers for growing items.

It is too much for David to manage so it has been decided that it will be offered free to anyone who could make good use of it. If you are interested, please telephone and arrange to call round and have a look at it to see whether it would suit your purposes.

**David and Sandy Gay 07832 291595**



Our next Church coffee morning will be courtesy of Brian and Pat Salter on Wednesday 15th. September at 11.00 o'clock at 10, Markers Park where we will be guaranteed a very warm welcome. Hope to see you there and to smell the roses !

Also a very big ThankYou to Roy for filling in for me at such short notice. We sadly weren't able to attend but are assured everyone enjoyed a warm welcome in his lovely garden.

As usual if anyone needs transport, please phone Steve or Sandra on 841842.

**Sandra**

### Churchyard Clean-up

**Saturday 25th September 10am to noon**

If you have time on your hands and like to see things looking tidy, please come and join us.

**Christine Thair**



## The Ladies are back!

Ladies' night out

Tuesday 21  
September 8pm

at The Six Bells



**Soup lunch is  
back! Monday  
13 September  
noon 'til 2 In  
church**



A choice of soup, bread, cake,  
tea, coffee £5

All welcome

**Harvest Quiz—Friday 8 October  
7.30pm Village Hall**



£7.50 includes ploughman's supper.  
Please bring your own drinks/glasses.

**Caller will be Max Pipe  
Raising funds for Payhembury  
Church**

Church cleaning inside  
from 10am  
on Saturday 11 September.

All welcome.



## Helping families through heartbreak matters

Do something  
incredible...

Leave Hospiscare a gift  
in your WILL.



**Gifts in Wills** play a vital part in funding Hospiscare services with 1 in 5 patients cared for by a legacy gift, they therefore play a crucial part in the charity's care today and in the future.

As an end-of-life charity Hospiscare has a great understanding of how important it is to have a Will written, what peace of mind it gives to people and their loved ones, so Hospiscare offers a Will writing scheme that is all year round. Local solicitors waive their usual fee in exchange for a donation to Hospiscare. Further details can be found

on their website, which has also been updated to include useful information when preparing to have a Will written - <https://www.hospiscare.co.uk/hospiscares-will-writing-service/>.

Should you have any questions the legacy team at Hospiscare would be very happy to hear from you – call 01392 688020 or email [legacyinfo@hospiscare.co.uk](mailto:legacyinfo@hospiscare.co.uk). Hospiscare cares for local people across Exeter, Mid and East Devon who are living with a terminal illness, and offers support to their family and friends.

## Payhembury Weather - July [www.payhembury-weather.co.uk](http://www.payhembury-weather.co.uk)

**Rainfall:** July was a month of occasional downpours resulting in almost twice the normal rainfall. Storm Evert on 29<sup>th</sup> July didn't result in much rain but did have high winds as it passed over the U.K.

**Temperatures:** There was a good warm period from 15 – 23 July with daily maximum temperatures above 25 degC which resulted in the overall monthly mean being well above the norm. The warmest day at 31.9 degC was close to the record here of 33.1 degC in Payhembury which I recorded in July 2013.

**Weather elsewhere:** Up to 5000 racing pigeons mysteriously disappeared on 19<sup>th</sup> June from a release in Cambridge and the reason is not clear. Wild fires are raging in various parts of the northern hemisphere as heat waves in the Mediterranean and once again in the north west USA provide ideal conditions. As a contrast severe flooding in Germany and Belgium resulted in over 160 fatalities and in central China the death toll in the devastating Henan floods has risen to 302. In Zhengzhou, more than 600 mm of rain, equivalent almost to an average year, fell in just three days and there were dramatic pictures of citizens being trapped in the subway.

Payhembury Weather July 2021			
Monthly Rainfall	119.4 mm	+67 mm	from normal
Days of Rain	20 days		
Wettest Day	23.4 mm	24 Jul	
Mean Max Temp	24.0 degC	+3.6 degC	from normal
Mean Min Temp	12.5 degC	+0.8 degC	from normal
Warmest Day	31.9 degC	20 Jul	15:36
Coldest Day	9.7 degC	9 Jul	03:30
Windiest Day	9.4 m/s	29 Jul	02:16

Current weather in Payhembury can be viewed at [www.payhembury-weather.co.uk](http://www.payhembury-weather.co.uk)

*Roger Saunders*

William Garvey, furniture designers & makers, of Upton,  
are delighted to sponsor Payhembury Parish Paper

During the Covid restrictions we really missed our annual volunteers' suppers which are always fun and a great way to thank all the wonderful people who keep the shop going in many different ways over the year. Last month we held our 10th anniversary tea party and it was lovely to see so many old friends, volunteers and customers who were able to get together for a good chat over a cup of tea and delicious scones and cakes made by Ed and Janet. David, the Chairman of the shop committee, made a short speech including the fact that over the last 10 years the shop has been able to give over £18,000 to good causes within the village which seems a truly remarkable achievement. Please bear in mind that this has only been possible thanks to all the people who support the shop and to those who give their time so freely, if we had to pay a manager there would be no spare cash left over.



You might feel that this summer's weather hasn't been much to write home about so far but the ice creams are still going like hot cakes....can you say that?! If you haven't tried the Ba-

boo gelati yet you're missing a treat. They are locally made in Bridport using real ingredients of organic milk and fresh fruit with absolutely no flavourings. Blackcurrants, strawberries and gooseberries from Forde Abbey, elderflowers from Dorset hedgerows and damsons from local gardens are all pressed into action. The gelati are made using more milk than cream making them lower in fat than ice cream and denser and more full of flavour. The milk is from Holy Cow dairy in Somerset where care is taken to provide the cows with the highest possible welfare standards.

If you hurry down to the shop on a Thursday morning you might find beautiful bunches of fresh garden flowers for sale for only £4 each. These have been grown at Colestocks Flower Farm where despite the challenging weather conditions they continue to bring you a taste of summer with their dahlias, sweet peas and cosmos, perfect for a special gift.

Before we know it the summer hols will be over and school will be starting again. We'd like to wish children, teachers and parents a happy and normal school year and remind you all that we have plenty of healthy snacks for lunch boxes as well as all those tempting after school treats. **Mary Whiting**

**PCCs of Escot, Feniton and Payhembury** had an “away day” on Saturday 7 August hosted in Payhembury.

It was enjoyable and uplifting to be able to meet together again.

**Christine**



 Exeter Cathedral



PHOTO: THE GREAT JOURNEY OF THE GREAT NORTH



*A series of events to commemorate the 150th anniversary of the martyrdom of Bishop John Coleridge Patteson*

**14-21 September, Exeter Cathedral**  
**Patteson Exhibition: The Life of Bishop John Coleridge Patteson**  
 Learn more about Bishop John Coleridge Patteson, his early life in Devon, his travels around Europe, and his missionary work on the islands of the South Pacific. Discover all about his campaign to suppress slavery and ‘blackbirding’ – and try to unravel the mystery surrounding his early death.  
**Free with Cathedral admission**

**16 September 6:45pm, Chapter House, Exeter Cathedral**  
**The Life and Legacy of John Coleridge Patteson:**  
 a talk by Dr Robert Guyver  
 Dr Guyver presents a nuanced truth about John Coleridge Patteson, steering a middle way between the enthusiastic biographies that followed his death and more critical accounts contemporary with our own times.  
**Tickets: 01392 423931**

**18 September 9.00am, St Andrew’s, Feniton**  
**Official Opening of Patteson’s Way**  
 by the Archbishop of Canterbury  
 Archbishop Justin Welby will officially open Patteson’s Way, a new 12-mile route created in honour of Patteson.

**18 September 12:00 noon, Exeter Cathedral**  
**Commemorative Service led by the Archbishop of Canterbury**  
 A commemorative Eucharist service, led by Archbishop Justin Welby.

Find out more at:  
[bit.ly/patteson150](http://bit.ly/patteson150)





We are so busy with a huge range of guests who seem so delighted to have landed in this beautiful part of the world for their holiday

What an eye opener life was arriving at Yellingham Farm! It all starts with the opening of the farm gates, a wide smile from me and a wave of the arms to park anywhere they like in the large

yard. My mistake No.1 as they park skew whiff under the kitchen windows where they can view the madness occurring in the busiest, most chaotic room of the house, with Edward cooking, the laundry airing over the Aga, the kitchen table piled high with pending administration to name but a few.

Mistake No.2 is that I ask them how their journey was..... "How on earth do you cope with the lanes, we really hope we don't meet anything as reversing will be a nightmare". I try to comfort them by saying that all the locals are very good at reversing so don't worry.

With the welcoming experience over, a lovely cream tea, a walk around the garden and the orchard, my guests start to relax. You can sense that precious moment when the beauty of the farm and their surroundings sinks in, and they are transported into something quite special – life on a unique small rural farm.

Breakfast of course is always a highlight of the day and one where we try to shine. This year we have had many more families staying which is always lovely but getting the children to come and sit for breakfast is a challenge as all they want to do is look for eggs for Edward to cook or play with the dogs.

One family spring to mind who were a delight. They had twin boys aged 4 and another boy aged 5 – good planning? ...or perhaps no planning! At breakfast the first morning, the boys' manners were impeccable. Henry the 5 year old wanted coco pops and 2 sausages. When I popped up to the dining room to clear the main course, Henry had only eaten one sausage and was looking slightly distraught. I said it was perfectly OK as he would have 4 wonderful friends who would help him out – the dogs of course. His little face lit up and all was fine. The next morning, I was taking the order and it was Henry's turn to choose...." 5 sausages please Janet". His mum was astounded, then Henry explained "one for me please and one for each of the dogs". We all laughed, and Henry smiled. Precious moments which make it all worth while.

***Janet***

## Tea and Bingo

We only had a small group at our July meeting, 6 ladies, with various people not well or not able to make it.



## Afternoon Tea & Bingo!

We were deeply sorry to hear the sad news about Wyn and will really miss her, she was such a lovely lady and we send our deepest sympathies to her family.

We do need some “new blood”, so if you fancy a relaxed couple of hours with the potential to win a prize (choccy or money!) why not get in touch with either of us. This group is very important to some people who might be quite lonely without a monthly game of bingo and a chat – not to mention home made cake. Please think about joining us, age is of no concern.

We meet on the 2<sup>nd</sup> Friday of the month, the next one being 10<sup>th</sup> Sept, 2-4pm in the back room of the Six Bells. Many thanks to the pub for allowing us to meet there! Take care and hope to see some new faces soon,

**Marjorie (84111) and Sue (841103)**

## Art Group

The art group finally got going again with the recent relaxation in restrictions and generous offer from the Six Bells to hold it in the pub!

We are a very “select” group at the moment and it would be nice to see some new faces, so anyone who is at all interested in joining us, do give me a ring. “Art” is very loose, so whatever you fancy doing will be fine and we are relaxed about our art – everyone just gets on with their own project.

We meet every Friday in the back room of the Six Bells from 2-4pm, except the 2<sup>nd</sup> Friday of the month when it is Tea and Bingo. Dates for September are therefore 3<sup>rd</sup>, 17<sup>th</sup> and the 24<sup>th</sup>. Hope to see some new faces soon,

**Sue**

## Learn to Knit for FREE in a small friendly class.

If you are a complete beginner or wish to renew your skills, do come along. All materials provided.

To join the group, please ring/text me on 07799380336. Max 4 students. Classes will run at The Six Bells, Payhembury (alongside Art Club) from 2-4 pm beginning 3rd September then 17th and 24th

**Naomi Osborne**



It's a balmy summers evening and the Millers game against The Sunsets, run by the very wonderful Devon Dumpling, Bernie Wilson, is in full flow. Ben Peters is in the middle of a purple patch and as the bowler trots in off a few paces, Ben raises his bat and launches the ball towards "Cow corner" – yes he is a farmer- and this boundary runs fairly close to the mighty River Tale. The Sunsets have positioned a giant of a man – we shall call him Eric – on the cow corner boundary. As the ball flies towards Eric, he makes it obvious that he is fully committed to

stopping the ball reaching the boundary and hurls himself at it, which is fine until he realises that only just beyond the boundary is the riverbank and there- after the river. Eric disappeared through the bushes and into the water at full stretch, re-emerging with a gurgling noise and cricket whites that had turned see through; obviously it's not very sporting to laugh at another's misfortune but we did have a right old chuckle, sorry Eric! To be fair, he quickly changed into dry attire and returned to the field of play. The next morning he was back in his day job, teaching Watersports at Exmouth.

I don't want to say too much more this month as the season heads to a close, the last words I uttered on the field of play were as our wicket keeper, Tim Hubbard, sauntered out to bat last week, along the lines of Tim not scoring loads of runs but being very good at keeping an end up, as the saying goes. Thirty seconds later Tim's stumps were flying everywhere, it may not be The Hundred but village cricket can still entertain us, sorry Tim !

We are very fortunate that Miles and Ed are allowing us to host our End of Season Dinner at "The Stables at Yellingham" on Friday 24<sup>th</sup> September, which should be a cracking night. Tickets are available to members and non members from our secretary, Mark, on [mhammett1974@outlook.com](mailto:mhammett1974@outlook.com).

Ruby Red Beef coming soon !

*Jon*

Dee and Nick to Warren Close  
David and Sandy to Briarwood  
Claudia, Freddie and Rafferty to Glebe

We hope they will all be very happy in their new homes.

**St Mary's Payhembury is  
delighted to invite all families  
with  
children aged 0-11yr to  
**Messy Church!****



**Expect fun, craft, music and a message, followed by a  
shared meal. ALL FREE!!!**

**The first event will be on Wednesday 29 September at the  
Church from 17.30-18.30. See you there!**

*Izzy Eaton*

**Hello!**

**PAYHEMBURY**

**ST MARY'S CHURCH CREAM TEA**

**Sunday 5 September 3 to 5pm in the Village Hall**

As we would like to know how many to cater for, please  
sign up on the sheet in the shop or ring Babs (841409) or  
Christine (841322) to book your tea.

### **Tale Head**

We think this piece of land, now with its smart bus shelter, needs to be shown some love. Wilf Down kindly topped the whole lot a few weeks ago and we now want to clear around each tree, to free them of brambles, nettles and ivy. Later on we will cut out lower branches of the oak trees, so raising the crowns and making it easier to get a machine underneath. It will not become a manicured area but keeping control of brambles and planting some wild flowers and bulbs will improve it without spoiling it. Any guerrilla gardeners out there? Here's your opportunity!

***Christine Thair***

## Community Theatre 4All

**Restarts this autumn with two groups** (any possible remaining restrictions permitting)

### The Adult Group

This group is open to performers aged 14 years and above and will be working on a play entitled “**Talaton, A War-Time Refuge**”. This large cast play tells of the billeting of 23 Polish Jewish Kindertransport children in Talaton during the second world war and, in particular, re-tells the experiences of six of these children. The play, following extensive research, has been written by Tom Samson and is based upon interviews with and the writings of those six children and additional major contributions from their families. Extensive archive photographs and documents will be projected throughout the performances. This amazing and very uplifting story had almost been lost to memory and its recreation and the realization of all that the villagers of Talaton did during this time is certain to leave audiences in total awe and admiration of those who lived here at the time. This project will be launched at an **Introductory Workshop in Talaton Parish Hall on Saturday 2<sup>nd</sup> October between 10.30 and 3.30**. Attendance at the workshop does not commit anyone to participating in the production. Come along and find out for yourself and then decide if you wish to be involved. This workshop will include a full reading of the play during the afternoon session. Weekly rehearsals will take place on Tuesday evenings between 7.00 and 9.30 beginning on Tuesday 5<sup>th</sup> October.

### The Children’s Group – Young Community Theatre 4All

This group, which will meet in Talaton Parish Hall between 4.30 and 5.30pm, is open to children between the ages of 8 and 13. At first the sessions will be based upon developing Drama and Performance skills, confidence, trust and friendship and when the group is ready it will begin working on a production of “**The Little Prince**” – an adaption of the children’s book by Antoine De Saint-Exupéry. When these rehearsals begin the group will meet from 4.30 to 6.00pm.

Further details of these projects can be obtained by contacting Tom Samson on 07979 876211 or emailing Community Theatre at :- [communitytheatre4all@yahoo.co.uk](mailto:communitytheatre4all@yahoo.co.uk)

### About Community Theatre 4All and its Director – Tom Samson

Tom trained in Drama and Theatre Arts at Dartington College of Arts in the early 1970’s. He then completed a teaching qualification at Rolle College in Exmouth. For the next five years Tom taught in the Drama Department in Exmouth Comprehensive School before moving away to Hampshire, where, over the next 22 years, he built his professional career in two schools and with the county Drama Advisory service, for whom he led a number of youth theatre activities and directed two different youth theatre groups. Tom also worked extensively with adult community theatre groups in the county and also in professional repertory theatre. During the 1990’s Tom built an international theatre exchange with a school in Germany, both touring productions to Germany and hosting performances in his school. Tom returned to Devon in 2002 and continued his teaching career in a number of local schools before taking early retirement in order to extensively travel.

Community Theatre 4All was created in September 2015 and gave its first performance – “Godspell” in Saint Mary’s church Whimple in March 2016. A wide variety of different pieces of theatre then followed. These were:- “In Remembrance of a Lost Generation” (November 2016 Talaton and Whimple), an original piece telling the stories of the men of Talaton, Whimple and Escot who fought in the First World War, an open-air “A Midsummer Night’s Dream” (October 2017 St James the Great Talaton), “Christ in the Concrete City” - a modern Passion Play (March 2018 St Mary’s Whimple), “Murder at Checkmate Manor” – a comedy (April 2019 Talaton Parish Hall), a village hall tour of four comic Victorian Melodramas (November/December 2019) and, of course, most recently “Joseph and the Amazing Technicolor Dreamcoat” (St Mary’s Whimple February 2020).

## **Payhembury Parish Council News**

**Councillor Eva Ingleson** - The Parish Council would like to thank Councillor Eva Ingleson for all her hard work and contributions during her time as Councillor. They were sorry to receive her resignation in July and want to take this opportunity to wish her all the best in the future.

**Next Parish Council Meeting and Co-Option** - The next Payhembury Parish Council meeting is in the Parish Hall on Wednesday 8<sup>th</sup> September at 7.30pm, during which time they hope to co-opt a new Parish Councillor. If you are interested in applying, please return completed forms by 2<sup>nd</sup> September to the Clerk. Forms are on the Parish Council website ([www.payhemburyparishcouncil.org.uk/Vacancies\\_32756.aspx](http://www.payhemburyparishcouncil.org.uk/Vacancies_32756.aspx)) or available from the Clerk. The Parish Council are hoping to be able to run the meeting as a hybrid meeting with members of the public being able to attend either in-person in the hall or via Zoom. For the Zoom meeting the Meeting ID is 833 3228 1922 and password 027115, also available on the noticeboards or by emailing ([payhemburypc@payhemburyparishcouncil.org.uk](mailto:payhemburypc@payhemburyparishcouncil.org.uk)).

**Flowers, bees and the village green** - You may have noticed how pretty the village green was looking during July and August, when it was covered with lots of wild flowers. The bees and other insects loved it, as did many people. The Parish Council had asked Adrian Le Page, who normally cuts the grass, not to cut the area until the flowers were over. It was only a small step to help wildlife and improve biodiversity, but every little helps.

**Planned Roadworks in October** – 1) Wednesday 6<sup>th</sup> October – road past Uggath Farm, to replace BT poles. BT were also replacing poles in late July and early August so the October closure will only go ahead if they didn't complete the work earlier & 2) Sunday 24<sup>th</sup> October (8am-2pm) – Barrow Road, to provide safe access to engineers so that they can provide service to a customer.

**Playground improvements update** - the Parish Council had hoped to have made progress towards installing a new separate toddler area and new football goalposts earlier this year (Phase 1 of the improvements). However, some of the existing pieces of equipment were identified as needing urgent work, in particular the 'Cube' climbing frame. Phase 1 was therefore put on hold whilst a decision was made as to whether the items could be repaired or would need to be replaced. It has now been decided that the equipment can be repaired and hopefully, by the time you read this, most of the repairs should be underway or already complete. The Parish Council can now return to the original Phase 1 plan and hopefully will have more information for you soon. Phases 2 (aerial runway), 3 (possible see-saw and nest swing, or similar) and 4 (replacement for the 'Cube') all require funding which the Parish Council does not have yet. They are investigating grants and other sources of funds, but these are hard to come by. If anyone has any suggestions on ways to raise the funds for these later Phases, please let the Parish Council know.

**EDDC Public Toilet Review (Public Consultation)** - EDDC are reviewing Public Toilets in East Devon and they are asking for your comments and thoughts. They say "We need to modernise and update our public toilets with over £3million of capital investment, looking at where they are and alternative uses for some sites to make best use of what we have. We want the best modern loos in the right place, suitable for all, which will be clean hygienic and less costly to maintain." There is more information on their website (<https://eastdevon.gov.uk/community.../public-toilet-review/>), including a link to an online questionnaire towards the bottom of the webpage. If you need a copy of the consultation on paper or in any other format, or have any queries you need answering, please contact them either by email ([publictoiletreview@eastdevon.gov.uk](mailto:publictoiletreview@eastdevon.gov.uk)) or by telephone (01395 517569), to discuss your needs. The consultation is open until the 1st October.

***Dawn Chamberlain, Clerk***

## Halina's Herb Corner

This month I want to talk about an herb which most think of as a scourge... indeed my mother used to

say that along with bindweed she would never put it into the compost bin due to their persistence. It was called 'white man's footprint' by the native Americans, as it always sprouted shortly after Europeans stopped and or settled in an area. A similar observation was seen with the Romans in Britain. It loves to be trampled on and has been called 'the sole of man's foot' - I recently read an article where a group of walkers with hot swollen feet put some leaves into their boots and experienced instant cooling and hey presto no more blisters!

This month's herb is plantain, not the edible banana but the plant which grows between pavement cracks, in grass, scrubland etc. It has been described as 'a short, fat, ugly weed' but beauty is in the eye of the beholder, and it is one of the best healing herbs on the planet!

Plantain known as 'waybread' was one of the ancient Saxons' 'Nine Sacred Herbs' but unlike the other 8 herbs was included for its medicinal rather than any magical properties. Although it is one of the most recorded plants used in traditional/ folklore tradition, there are very few flights of fancy written about it...it just is. However in Devon plantain was often referred to as 'Cuckoo Bread' because it was believed that once, every seven years it changed into a cuckoo and flew away!... I blame the cider...

There are 2 main species in the UK- greater plantain (*Plantago major*) and ribwort (*Plantago lanceolata*). The 'major' species has rounded leaves, whilst the 'lanceolata' has spear / long shaped leaves. Both species are often used interchangeably.



Plantains' leaves have been used for centuries all over the world as a remedy for wounds and problems related to the skin, respiratory organs, digestive organs, reproductive organs, and circulatory system.

In my experience it is the most powerful remedy for stings and bites from any insect or plant. (Nettles, horseflies, mosquitoes etc). As soon as you feel something just pick a few leaves of *Plantago* and mash / chew until you break it up sufficiently to release the green juice. Rub the mashed-up leaf with juice onto the sting / bite and forget all about it.

Plantain contains allantoin a well-documented healer and restorer of body tissue... Allantoin's feature very strongly in some of the most expensive beauty products currently available for this very reason.



Once again, the word count has got the better of me, so I must stop here. Please remember because we are all unique, we can have different responses.

**Halina Przydatek**

## INFORMATION PAGE

**Non urgent police contact 101**

**Honiton Hospital** 01404 540540 (Minor Injury Unit 8am-10pm)  
**RD&E Hospital Exeter** 01392 411611  
**V.E.T.S. (Village Emergency Telephone System)** 01404 565605

### Your Parish Council

Meetings held 2nd Wed of alternate months (starting January) 7.30pm in the Village Hall

Tim Cox (Chair) 01404 850005 Robert Leach (Vice-Chair) 01404 841408

Phil Chamberlain 01404 841773 Kerron Allen 07970 466782

Karen Edwards 01404 849186

Matt Rance 07809306571 Parish Clerk: Dawn Chamberlain, 01404 841 773

**Parish Council email address: [payhemburypc@payhemburyparishcouncil.org.uk](mailto:payhemburypc@payhemburyparishcouncil.org.uk)**

### Useful numbers at the County Council (all 0345)

General Enquiries 155 1015 Registrars 155 1002

Roads and Transport 155 1004 Libraries 155 1001

Disability Information 155 1005 Children/Families 155 1013

Bus passes 01392 383 688

### Emergencies

Social Care 0345 600 0388

Highways 01392 383329

Animal Welfare, Petrol, Explosives 01392 499499

### Useful numbers at the District Council

Switchboard: 01404 515616 (Use for all enquiries during office hours)

Address: East Devon District Council, Blackdown House, Border Road,  
Heathpark Industrial Estate, Honiton, EX14 1EJ

Email: [csc@eastdevon.gov.uk](mailto:csc@eastdevon.gov.uk)

*In an emergency outside opening hours, phone 01395 516854*

Opening hours: Monday to Friday from 8.30am to 5pm

There is free parking in the car park in front of the building during opening hours

County Councillor: Ian Chubb 01297 35468 District Councillor: Philip Skinner 01404 822855

## **PAYHEMBURY VILLAGE HALL HIRE AND CHARGES**

Please contact Hazel Pike on [hazepike18@gmail.com](mailto:hazepike18@gmail.com) or 841465 for details and to book.

(Please telephone before 7pm)

## **PAYHEMBURY PROVISIONS**

### **Opening hours and contact details**

Monday to Friday 8am to 7pm

Saturday 8am to 1pm

Sunday 8am to 12pm

Tel: 01404 841856 or [info@payhemburyprovisions.co.uk](mailto:info@payhemburyprovisions.co.uk)



Photo by Robert Disney taken at Kia Ora Farm and Gardens, Cullompton

**Do you have a story to tell or some good news to share?**

**Do you have a photo/artwork for our front/back pages?**

Email:  
payhemburypaper@  
yahoo.co.uk

**Deadline for October is 4pm  
Saturday 18  
September**

**CALENDAR FOR SEPTEMBER 2021**

Fri 3rd, 17th, 24th	Art Group, Knitting Circle, The Six Bells, 2—4pm
Sun 5th	Hello! Payhembury Cream Tea, Village Hall 3pm
Fri 10th	Tea & Bingo, The Six Bells, 2—4pm
Sat 11th	Church Clean 10am
Mon 13th	Soup Lunch in church, 12 to 2pm
Wed 15th	Coffee Morning, 10 Markers Park, 11am
Tue 21st	Ladies' Night Out, The Six Bells, 8pm
Sat 25th	Churchyard Clean-up, 10—12 noon
Wed 29th	Messy Church in the Church, 5.30—6.30pm

**REGULAR WEEKLY ACTIVITIES HELD IN THE VILLAGE HALL**

<b>MONDAY</b>	Apple Pips	9.30—11.15am	
<b>TUESDAY</b>	Pilates	6.30pm	
<b>WEDNESDAY</b>	Pilates	9.15am (Ladies)	10.30am (Men)
	Short Mat Bowls	7.15pm	

**Editorial Team:** Kate Duggan (01404 841039)  
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**Payhembury Village Website:** [www.payhembury.org.uk](http://www.payhembury.org.uk)