

# **THE PARISH PAPER**

## **St. Mary the Virgin, Payhembury**

Vol 55 No 4

October 2022

**In Loving Memory**  
**Her Majesty Queen Elizabeth II**  
**21st April 1926 - 8th September 2022**



Photo Credit: Press Association

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## Rectory notes Oct 2022 – Queen Elizabeth

“She was a silver thread through my life.” So said a woman on the Mall interviewed on TV after the late Queen’s death, capturing a common sentiment. And silver became gold, then platinum. A thread which felt it really could go on forever.

As many have expressed, the unbroken presence of Queen Elizabeth over 70 years has given invaluable continuity to our lives. She was simply always there.

An old fairy tale tells of a thread that was unbreakable, but was laced as a daisy chain to appear ordinary and unassuming. Queen Elizabeth had no pretensions, yet held so much together. Through times of immense social change and often political turbulence, she quietly gave strength to the fabric of the United Kingdom, and to the Commonwealth in its transition from empire. As world leaders have testified, she helped strengthen international fabric more widely too.

We have now sadly discovered the end of the thread. The bobbin has finally run out. I write this ahead of the funeral, when public expressions of love and gratitude for the late Queen and grief for her loss are being expressed in profuse and profound ways. The loss will reverberate for a long, long time. We are indeed at an historic moment, the close of an era.

The thread of our new monarch has been tied instantly to the old. And neatly so, by means of the historic, televised rituals, and the steps taken by our new King Charles to make the transition seamless. How will the fabric change with this new thread? What will be its pattern? Its strength? It will undoubtedly be different. Fear of the future is part of grief’s fabric.

What of the late Queen’s own thread – the golden thread through her life? On the deepest level, she herself related it as being her faith in God, her commitment to follow the example of service she saw in Jesus Christ. Would she know we’d be saddened by her death? Humbly, yes. Would she wish us to be anxious for the future? No, for she saw the ‘King of kings’ as the source of comfort, hope and strength for the world.

Ma’am, we have been privileged to live in your reign. Thank you for all you gave, and for all you were.

Rev David Carrington

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Feniton Church Wardens:	Cara Sanders (850262)
Escot Church Warden:	Judy Davis (812739)

# PARISHES OF FENITON, ESCOT, PAYHEMBURY CHURCH SERVICES IN OCTOBER 2022

## SUNDAY 2<sup>ND</sup> OCTOBER *SIXTEENTH SUNDAY AFTER TRINITY*

Church	Time	Service
Escot	6pm	Harvest Evensong (DC)
Feniton	9.15am	Storytime+ (ST team)
Payhembury	11am	Harvest Festival Morning Worship (DC)

## SUNDAY 9<sup>TH</sup> OCTOBER *SEVENTEENTH SUNDAY AFTER TRINITY*

Church	Time	Service
Feniton	11am	Parish Communion (OT)
Payhembury	9.15am	All ages service (LL)

## SUNDAY 16<sup>TH</sup> OCTOBER *EIGHTEENTH SUNDAY AFTER TRINITY*

Church	Time	Service
Escot	11am	Parish Communion (DC)
Feniton	9.15am	Morning Worship (LL/DC)
Payhembury	6pm	Reflection with music (LL)

## SUNDAY 23<sup>RD</sup> OCTOBER *LAST SUNDAY AFTER TRINITY*

Church	Time	Service
Feniton	11am	Parish Communion (DC)
Payhembury	9.15am	Café (LL/DC)

## SUNDAY 30<sup>TH</sup> OCTOBER *ALL SAINTS' DAY*

Church	Time	Service
Escot	11am	Parish Communion (DC)

## SUNDAY 6<sup>TH</sup> NOVEMBER *THIRD SUNDAY BEFORE ADVENT*

Church	Time	Service
Escot	4pm	Evensong (JD)
Feniton	9.15am	Storytime+ (ST team)
Payhembury	11am	Parish Communion (DC)

<b>October Church Flower Rota</b>	
1st & 8th	Louise Granger
15th & 22nd	Gina Cox
29th & 5th Nov	Gillian Clarke

# Payhembury Remembers Queen Elizabeth II



“My grandma Becky met the Queen in the 1970s in the toilet of the Dorchester Hotel in London. Whilst only smiles (and a curtesy on my grandma’s side) were exchanged I think it had to be one of the best moments of her life and she dined out on the story for many years! To her there was no one else in the world more famous and exciting to meet and to have a minute or two alone with her was so so special.” Roz Mullin

“When I was about 12 the queen came to my home town of Tiverton and planted a tree for the local park, not all of the tree of course, but I do remember it so well.” Rita Galloway

“I had the privilege of meeting the Queen on 2 separate occasions. My husband was in the RAF at the time and we were stationed at RAF Marham - royalty often used Marham when they were visiting Sandringham as it was not far away and they could just fly in and get driven to Sandringham. Apparently she wasn't keen on Mildenhall, which was also nearby, as it meant a helicopter and she didn't like those at the time.

We were there during Gulf War 1 and jets from Marham were included. Sadly 2 pilots from the station died during this war and the Queen must have decided it would be nice to actually visit us instead of just landing and going to Sandringham by car. (She met privately with the 2 widows of the pilots).

One occasion was a lot of people from the station in a large hall, in groups of about 10 or 12 and the Queen circulated the various groups and chatted to people. She had this magic way of chatting to a few at a time and gently moving on to include the next people without you even realising it happened!! I also noticed she occasionally slipped off one shoe and rubbed the foot against the back of her leg. Can't blame her! There were RAF photographers there to take pictures of her with various people and I have one with me, but won't horrify you with that. Large posterior and a HUGE nose. Not my best, but the Queen looked great of course.

The other occasion was when she wanted to meet families of people who were generally involved in keeping the station going while so many aircrew etc were away and I got invited because I helped run the thrift shop (a vital place on all RAF stations!) There were fewer people this time and she shook hands with us all and had a little chat - we were coached in the curtsy, you say "your Majesty" the first time and "Ma'am" after that - pronounced Mam by the way, not Marm!! We had a giggle because rumour had it that drinks of Dubonnet and gin were standing by in case she wanted refreshment - apparently the favourite tipple of both her and the Queen Mother. Didn't see any mind you.”

Sue Derbyshire

**Churchyard  
Clean Up**

Saturday 29th 10am-  
12 noon



**Ladies' Night Out**

Tuesday 18th at  
7:30pm  
In The Six Bells



**Soup Lunch**

Monday 10th 12 noon-2pm in the church  
Usual price of £5 for lunch, plus cake and tea or coffee!

**Quiz with Max Pipe**

Friday 14th from 7.30pm, in Payhembury Village Hall. £7.50  
for ploughman's supper plus BYO glasses and drinks.

**Organ recitals and talk on  
"The Trials & Tribulations of a Village Organist"**  
Sunday 16th at 3pm in the Church



**FOPS (Friends of Payhembury  
School) AGM**

**Wednesday 5th October 2022 at 8pm  
The Talaton Inn  
Everyone welcome**

A chance to meet the committee and learn more about what we do. For further information please contact Anita Elsom (current Chair) at [robin.elsom@btinternet.com](mailto:robin.elsom@btinternet.com)

**Mobile Library**  
11-11:20am, Wed 19th  
at the village hall car park

## Art and Crafts Group

It's been a bit quiet the last couple of weeks with everyone busy elsewhere. However, we are still in the pub for art/knitting/crocheting etc, so do join us for a pleasant afternoon out.



Sessions in Oct – all Fridays, in the Six Bells –  
Oct 7<sup>th</sup>, 21<sup>st</sup>, 28<sup>th</sup> 2.00-4.00pm

Knitting/Crafts: Naomi (07799 380336)  
Art: Sue (841103)

## Tea and Bingo

We have our stalwarts who wouldn't miss Tea and Bingo for anything, then there are some people who come when they can. Do give us a try, it's a very sociable afternoon and you might even win chocolate!



The next meeting will be on Friday 14<sup>th</sup> Oct, 2pm in the Six Bells

Give one of us a ring if you need to know anything:  
Marjorie (841110) and Sue (841103)

Hello Villagers, a big 'Thank You' to Roy for hosting our last coffee morning at Rose Cottage. Sadly we couldn't make it ourselves, but were assured that his garden was as lovely as usual, and the welcome even better.



Our host for our next Coffee morning will be Pat Le Page on **Wednesday 19th October at her home 'Parklands' 11a.m. - 12.a.m.**

We are so grateful to every one of our hosts who kindly open up their homes to us, but due to ill health, or moving on to pastures new, we do have a few vacancies. If you think that you maybe interested in helping out please phone Sandra or Steve on 841842 we would love to hear from you. Also if anyone needs directions or transport please don't hesitate to call we would be only to happy to help. Keep safe. Keep well.

**Sandra Ford**

## Broadhembury Gardening Club

We had a talk in September by an excellent speaker on "Flowers from the Farm". Charlotte Heavisides spoke about artisan growers across the UK and the need to buy British flowers as at present 97% come from abroad through Holland. She also brought hand tied bouquets for sale. If you would like further information about flowers on your doorstep and throughout the UK then look at her website: [flowersfromthefarm.co.uk](http://flowersfromthefarm.co.uk)

Our speaker on 5th October at 7.30pm in the Memorial Hall will be Becca Flintham on "Water, water, everywhere" - a fitting title this year!

Also, on 30th October at 2.00pm there will be another visit to the Arboretum at Thornhayes to enjoy the experience of the autumnal colours. This is open to both members and non-members. Tickets £5 for charity will be available at the next Club meeting and at Broadhembury Post Office.

**Val Stringer**

## IT'S PUB QUIZ TIME AGAIN

The next Rotary Quiz will be held in the Six Bells on:

Thursday 13<sup>th</sup> October – 7.45 for 8pm start

Don't forget, this is the Six Bells against many other pubs, you don't need teams – so we need as many brains as possible!

This is always good fun, so come and join us and help support Rotary charities. It's £3 per person to play.

**Sue Derbyshire**



Welcome to Dominic and Charlotte Hawke and Charlotte's mother, Jackie who have come from Ottery to live at Swallows Nest, Higher Tale. We hope they will be happy in their new home.

Louise, Nick and Clare Granger would like to thank all the friends and neighbours who sent cards and messages of sympathy for their recent bereavement.



# Payhembury Weather

[www.payhembury-weather.co.uk](http://www.payhembury-weather.co.uk)

## Weather for August 2022

**Rainfall:** An exceptionally dry month with only one day of significant rain on 16<sup>th</sup> August. A drought was declared in the south west and a hosepipe ban so the gardens started to suffer. Finally the rain returned with a thunderstorm on 4th September. My rain gauge seized up during the long dry period so I have had to use neighbouring observations for rainfall in early September as we were away.

**Temperatures:** As reported last month the heatwave in August reached record high temperatures in Payhembury, up to 33.6 degC, and the monthly mean maximum temperature for the month was nearly 6 degC above normal. It is worth noting the nighttime minimum temperatures were close to normal. The first half of September has remained warm during the day.

**Weather elsewhere:** In Pakistan about 10% of the country has been completely submerged by the heaviest recorded monsoon rains in a decade with more than 500,000 houses destroyed or damaged. A site in Sindh reported 1200 mm of rain so far in August, compared with the monthly average of 46 mm. A violent hailstorm wreaked havoc in parts of Catalonia, Spain on 30 August 2022, killing a toddler and leaving at least 50 people injured. The hailstones were as large as 10 cm.

Payhembury Weather Aug 2022			
Monthly Rainfall	18.6 mm	-44 mm	from normal
Days of Rain	8 days		
Wettest Day	12.6 mm	16 Aug	
Mean Max Temp	26.0 degC	+5.8 degC	from normal
Mean Min Temp	11.5 degC	-0.1 degC	from normal
Warmest Day	33.6 degC	12 Aug	13:25
Coldest Day	6.4 degC	6 Aug	05:06
Windiest Day	6.7 m/s	31 Aug	10:18

Current weather in Payhembury can be viewed at [www.payhembury-weather.co.uk](http://www.payhembury-weather.co.uk)

If you want to see the table above a few days after the end of the month it is posted on the Payhembury Parish Facebook page.

**Roger Saunders**



# Paul's Nature Notes August-September 2022

As August drew to a close the swallows started to line up on the wires across the road from the house. Is it my imagination or are there many fewer than in previous years? They have clearly not had a good year and have suffered greatly from our exceptionally hot and dry summer. There are world-wide concerns about declining swallow populations with the main reasons being put down to climate change and farming practices, particularly in areas where the birds over winter in Africa.

On the other hand, our house martins have had a really good year and, for the first time, have raised two broods, the second of which should fledge by the middle of September. Many have already departed and so these new youngsters will have to find their own way to their winter quarters.

Earlier in the year swift nesting boxes were installed in several local churches including our own and recordings of swifts screaming played back. Not everyone appreciated this, as some who lived near the church will attest, but it seems to have worked, as several birds were drawn in by these recordings. When the boxes were checked on the 21 July there were two well grown chicks in one box and another single adult bird resting in another. What a heart-warming success story, and one that augers well for next year.

For me these birds are the true heralds of summer, usually arriving here in Devon in the first week of May. They only stay long enough to breed, as the return migration begins in late July. It is truly amazing that these birds will fly thousands of miles to breed here in Payhembury and remain for such a short time.

I recently spotted a large plant of Himalayan Balsam growing by the stream. For some folk this is quite an attractive plant, growing to more than 6' with pretty pink-white flowers, which the bees love. This plant species, however, is incredibly invasive and whenever seen should be pulled up and sent to landfill, as we do not want it seeding into our waterways. I would suggest that you do not compost it and keep an eye out next year.

The project to record all the flora and fauna for the parish continues apace, although the number of new plant species has diminished greatly as we enter autumn. So, please don't forget to let me have your feedback.

**Paul Lister**

## **Beautiful Days = Loss of Internet Query**

Those beautiful days of summer will seem a distance away by the time you read this, but I am sure you remember the music festival held at Escott during August. Many of us locals enjoyed the musical sounds from over the fields, culminating in the fantastic firework display. I understand it was a very successful event with maximum capacity - some 13,000 attendees!

I have lived in Payhembury for about three years now, and have noticed that since this festival restarted in 2021 after Covid, during festival week my internet has been poor. Indeed this year my O2 internet was completely down for 6 days, the whole length of the event! I rely entirely on this for my communication. I wonder if anyone else in the Payhembury or Feniton area had the same experience?

O2 informed me that the reason for this is due to the large number of attendees wanting to use the internet, the local mast situated in Feniton serving our area was completely overloaded during the whole time of the festival. As a result there was no internet for local users or many festival goers. The only way to avoid this in future is for the organisers to install a temporary mast for the time of the festival, which is already done at most large events. I have written to the Festival organisers personally appealing for them to consider this.

I would love to hear from other residents or businesses who have had a similar experience, as I am sure I cannot be the only one affected in this area. More than one voice would surely persuade the Festival to deal with this matter, which is a serious problem, before next years festival.

Do please contact me via the magazine email and thank you for your help with this.

Gilly Clarke

**William Garvey, furniture designers & makers, of Upton,  
are delighted to sponsor Payhembury Parish Paper**



**Messy Church**

**LIGHT PARTY!**

All the usual Messy Church fun, with Light Party sparkle!

Hotdogs and cakes provided.

All families with children aged 0-11 are welcome to join us.

**2ND NOVEMBER | 5:30-6:30 PM**

At St Mary's Church, Payhembury



We are delighted that

**CAFÉ CONNECT**

is now open!!

**St Mary's Church, Payhembury**  
**Thursday mornings 9-11:30am**



We are thrilled to announce the opening of Café Connect, a new venture for Payhembury Church.

We have created a relaxing, cosy coffee shop-style area where you can come along and enjoy a variety of tasty hot drinks from our new coffee machine.



You can be assured of a warm welcome. We would love to see you there!

Whimple scout group has recently lost its Beaver colony (for ages 6 to 8 years) and Cub Pack (ages 8 to 10.5) because there are not enough adult volunteers to keep the pack going.

We have a scout hut to meet in, a brilliant programme, local training available, amazing kit and children waiting to join in the fun.

If you can help, whether once in a while or every week, please get in touch by emailing [whimplescouts@gmail.com](mailto:whimplescouts@gmail.com).



**1ST WHIMPLE CUB SCOUTS NEEDS YOU!**



We are looking for new leaders to run Whimple cubs (age 8 to 10.5yrs). It is very rewarding and there are lots of resources and support to help you run Cubs in your own way!

**MAKE A DIFFERENCE TO YOUNG PEOPLE IN OUR COMMUNITY AND HAVE LOTS OF FUN WHILST DOING SO!**

## Her Majesty, The Queen

Her Majesty, The Queen was a tireless servant of this country, a most compassionate and caring sovereign, whose duty, service and devotion to the people of the United Kingdom and across the Commonwealth was unparalleled. She will be desperately missed by millions of people across the globe.

The Parish Council has written a Letter of Condolence to His Majesty, The King to express their deepest sympathy to him and to all members of the Royal family on the sad death of Her Majesty. Our thoughts are with the King and his family throughout this difficult time. The letter also informs His Majesty that the Book of Condolence from the parish of Payhembury will be placed in the County Records Office.

Payhembury Parish Council

## East Devon County Council – help with household bills, etc

East Devon District Council have created a webpage where they have lots of information, support and advice to help and support families who are experiencing financial difficulties with household bills, etc – [www.eastdevon.gov.uk/benefits-and-support/financial-support-and-advice/help-with-household-bills/](http://www.eastdevon.gov.uk/benefits-and-support/financial-support-and-advice/help-with-household-bills/)

The webpage includes information on:

- Help with household bills
- Help with Energy Costs
- Loan Sharks and Illegal Money Lending
- Home Improvement Grants and Loans
- Other ways you can get help
- Assistance for Homeless Applicants

Dawn Chamberlain, Parish Clerk



### Open Gardens

Hospiscare are looking for gardeners across Exeter, Mid and East Devon to open their garden gates and share their beautiful green spaces in 2023 to support our local hospice charity.

For further information, please visit –

<https://www.hospiscare.co.uk/support-our-work/fundraise/open-gardens-2023/>

### Volunteering

Would you like to support your local hospice? Well-loved and respected local charity, Hospiscare, is looking for volunteers to support specialist end of life care in your area. Hospiscare are particularly looking for volunteers to help out in their shops and warehouse.

For more information please contact the Volunteering Team via [volunteering@hospiscare.co.uk](mailto:volunteering@hospiscare.co.uk). Alternatively, visit [jobs.hospiscare.co.uk](http://jobs.hospiscare.co.uk)



Season of mist and mellow fruitfulness,  
Close bosom-friend of the maturing sun;  
Conspiring with him how to load and bless  
With fruit the vines that round the thatch-eves run;  
To bend with apples the moss'd cottage-trees,  
And fill all fruit with ripeness to the core;

I don't know about you, but I love Autumn. The richness of the colours, the crisp misty mornings, the beautiful starlit skies. The days are beginning to draw in and I'm sure, like me, you have noticed the temperature dropping in the mornings and evenings. Judging by the wonderful array of fruit around the village, the 'moss'd cottage trees' are well and truly bending with apples, and the hedgerows are bursting with berries ripe to the core. John Keats' Ode to Autumn paints such a perfect picture of the beauty of the countryside at this time of year and reminds us just how fortunate we are to have such an abundance of wonderful produce on our door-steps.

At Payhembury Provisions we are able to offer the very best in local produce: Yellingham Farm Apple Juice, Homemade jams and preserves from Cokesputt and honey from Stickyfoot apiary and Easy Devon Honey all produced from local orchards, hedgerows, gardens and bees. We have recently added Norcotts Cider to our list of local producers. They are a Honiton based company and use all locally sourced ingredients. We currently have bottles of their original cider as well as flavoured ciders - Strawberry & Lime and Elderflower – definitely worth a taste!

Unfortunately, we continue to experience difficulties sourcing some of our more popular lines of groceries, which is frustrating for everyone, but rest assured we are always searching for suitable alternatives. You will see different brands and products appearing on the shelves as we try to replace those we cannot get, and we welcome all feedback as to whether they are as good as or better than our normal brands.

A huge thank you to all our wonderful volunteers who have stepped up to cover shifts while regulars have been away. This is always a difficult time of year to find cover, so your help and support is really appreciated.

Finally, a reminder that our **Annual Members Meeting is on Friday 21<sup>st</sup> October at 7.00pm in the Village Hall**. We look forward to seeing you all then.

**Clive Fowler**

**Next Parish Paper Deadline: Tuesday 18th October, 4pm**

## Yellingham Farm

The suspense was over and the day we had all been waiting for had arrived. Yes, the Payhembury Village Show schedules were on the shelves of the shop. A new time of year, a new committee - so what was in store? Had tradition been thrown to the wind and did the famous cookery classes now include new-fangled trendy dishes such as Pigs trotters in cider on a bed of sweetbreads, deconstructed black forest gateau, 10 exotic fruits marmalade? Heaven forbid. Anxiously, I scrolled through the schedule and at a first glance, all seemed fine. But, and this was a very big "BUT" for me - had the class which had eluded me for 22 years been included? It was there, looking at me in what seemed bold, capital letters, Class No. 32 "Lemon Curd". Those 2 words brought on a hot flush and a moment of weakness as I recalled years of trying and hoping to win this class. It was my nemesis. But in the weeks that followed before the entries were due in, I had the good fortune to meet up with the wonderful lady who had taken the coveted title for years – Louise Granger. We chatted away and both mentioned the good news that the Show was to go ahead. Laughing, (nervously), I slipped into the conversation that I supposed she would be taking the crown once more for her amazing Lemon Curd! Her reply shook me to the core – Louise had decided not to enter. Was this my year, could it be my time at last?

The lemons were from the shop, the eggs so fresh they were still warm from my gorgeous chickens. So much care and love were poured into that saucepan. It set beautifully, the colour was amazing, the cloth top cut carefully with pinking shears set the scene.

The day arrived and it was so good to be back in the hall displaying our wares. The entries were amazing and all doubts about the success or otherwise of a Show in September rather than March, were blown out of the window. I could do no more. The hours between carefully placing my pot of "gold nectar" on that table and 14.30 when we could go back to see the results seemed endless. As I drove to the village, the tension increased – was 2022 my year? It was not to be, as 1st prize had illuded me again – a very respectable 3<sup>rd</sup> (even my Rosette was yellow). Oh, for heaven's sake!!!! The class was a large one, so I was silently pleased. I think everyone knew it was my nemesis and when Sue Barbour sidled up to me having won 1<sup>st</sup> prize, in true village style she offered me her recipe. Honestly, we laughed so much.

The Payhembury Show brings out the best in everyone and a huge thankyou is due to the committee for believing that "The Show must go on". It was a huge success. Just one request please. I am not deterred, so can we have a class for Lemon Curd again next year! Thank you to you all.  
PS. I'm, going to buy a real lemon tree.... that should clinch it!

**Janet East**

**Dulcie Alison Anna Elford**  
**1<sup>st</sup> August 1928 – 27<sup>th</sup> August 2022**  
**Aged 94**



Dulcie Dolling was born on the 1st August 1928, at Newlands Payhembury, where she spent her entire life, this sounds like a quiet, uneventful life, but that was far from the reality of it.

She went to Payhembury school, and then gained a scholarship to The King's School, Ottery St Mary, this took her through the war years, during this time she would cycle to Sidmouth Junction (Feniton station), where she could catch the train 1 stop to school, or in the summer cycle all the way.

As Dulcie became a young lady she would love to go to dances with her sister and best friend. They would travel as far Awliscombe, Broadhembury and Feniton, usually on their bicycles. It was at one of these dances in Feniton she met her future husband Bert, she did say she knew almost instantly that he was the one for her. Their love of dancing the modern stuff (Waltzes, foxtrot etc) and some of the older ones, quadrilles, was how it all started, along with the love of playing tennis.

By the age of 22 she was married in Payhembury Church in December followed by a honeymoon in London. It wasn't long before Philip arrived followed by Christine. Bert took over the family farm contracting business, with them both now living in Newlands, the family home for them and extended family.

As time went on Dulcie and Bert became grandparents, then great grandparents, with Nova being the most recent.

Dulcie's roast dinners, along with apple pie and ice cream were legendary.

After retirement they enjoyed many a holiday renting cottages, coach trips to Scotland and bed and breakfast road trips shared with many of their best friends.

Over the years both Dulcie and Bert loved their garden with an overwhelming passion, needing a chest freezer to store all their home grown produce in, they both loved their vegetables!!

It was with great sadness when her husband Bert passed away 14 years ago.

In more recent years Dulcie enjoyed her soup lunches in the church, sharing a table nicknamed 'the golden girls', and her afternoon bingo sessions.

After a short illness Dulcie passed away at home in the very house she was born in, which was her dearest wish.

Lesley Elford

## Played 21, Won 14, Lost 7



Once again, we have reached the conclusion of a hugely enjoyable summer of cricket and friendship. This year's end of season celebration took place shortly after the passing of our wonderful Queen and before the cricket a minute's silence was observed with a Toast to follow; what an extraordinary lady and a fine example of humanity for us to follow.

The Inter Club game that followed was huge fun, with JC and The Sunshine Band overcoming The Southern Cider Drinkers in an exciting 7 a side format, by 64 runs to 60. Highlight of the evening was to see young Jack Hammett opening the bowling for the Cider Men, steaming into bowl at his dad, who looked pretty determined not to be his sons first wicket in adult cricket! It looked as though Jack would remain without a wicket or assist, but with the last ball of the innings, the chairman took a wild swipe and snuck the ball up into the air, Jack was on it in a flash and took several pats on the back from his teammates. Despite a tense finish The Sunshine Band held on for a narrow win and there followed a very successful raffle, thanks to the efforts of Neil Chambers over £500 was raised towards club funds, thank you Neil.

Neil was also the recipient of the first of the seasons trophies to be presented, The Absolutely Quackers award for most Ducks of the season, three zeros was enough to win it this year. Champagne Fielding moment went to Mark Hammett for dropping a spiralling catch onto his chin and ending up in A and E – luckily, we were playing just around the corner. Sam Franks and Ralph Cook keenly contested the bowling and batting awards with Sam topping the bowling with an average of 8.58 and Ralph topping the batting with an average of 78. Player of the Year was the ever dependant Jon Pengelly, who hardly misses a game, racked up just short of 400 runs and took 14 wickets: through some incredible fitness regime he doesn't seem to get the injury issues that many of his teammates fall victim to either. We must pay more attention to how he looks after himself.

Tim Hubbard was almost unanimously voted Clubman Of The Year (The Joyce Roy Trophy) for the sterling work he does in spending two afternoons each week mowing the outfield, I'm not sure what we would do without him.

On an evening like this what really stands out is the army of people contributing to enable cricket to take place in our rural community. If you look behind the bar you see our Head Teacher and our published author (Pandora's Cave by Jane Hugen Tobler is out now £8.99 on Amazon), then you look over to the left and you have our legendary chef of Yellingham fame; this year our scorer, Adam, has juggled his cricket with his Wheelchair Basketball exploits, great to see. Chris Kittow has taken over as our regular umpire this season, when not playing golf, you just can't have too many Kittows about the place (apparently). Then we have our numbers man and our overseas player, Fred the American, Treasurer since the club started 8 years ago, great effort. Shane and Katie contribute in so many ways, always the first to offer support and assistance. Each year the club has evolved and whilst we've had more injuries than we would have liked this year, it has produced opportunity for other (younger) players and our membership has grown again as a result, which is great to see.

And so the sheep (who can't wait after a rubbish summer on no grass) are keen to reclaim their rightful home and ensure we comply with our slightly unusual planning permission that permits cricket from April to September as long as the sheep return for winter, happy days.

Jon, Tale Millers CC



## **MOLDOVA CHRISTMAS SHOE BOX APPEAL 2022**

Now we see that Christmas cards have appeared in Otter Nurseries it made me think that the Christmas Shoe Box Appeal will be soon upon us so could I ask that you begin thinking about it?

The charity that EFP churches support is Christian Response to Eastern Europe (CR2EE), which is based in Exmouth and completely run by volunteers. We deliver our filled boxes to the depot in Exmouth by mid-November, the charity then organises the bulk delivery to Moldova. The Moldavian people who distribute the boxes to the children are known and trusted by the charity. One of the main organisers goes out to Moldova several times a year and knows first-hand that all the boxes honestly reach the children.

If you would like to take part in sending gifts and toys, could you look out for a shoe box, cover it in Christmas paper and fill it with suitable items. On the outside of the box would you stick on a label giving the approximate age of the child that the contents would suit, and whether it is for a boy or girl. We can also send boxes suitable for elderly adults should this be more applicable to your choice.

If you only wish to give a toy(s) or other gift and not fill a whole box, either join forces with a neighbour or friend or bring any gift(s) to me at 3 Church Lane and I will make up boxes with a selection of items. Should you be unable to shop for items and wish to donate money instead I will purchase items on your behalf.

**Can I have your boxes or gifts by Saturday 19<sup>th</sup> November** as they have to be with CR2EE ready for despatch to Moldova at the end November. Filled boxes or gifts can be left in Feniton church on the pew at the back of the church, or with Becky Gammon at Payhembury.

There will be more in next month's magazine, but I thought a "Heads Up" reminder would not go amiss

CR2ee really value and appreciate our support  
Sheila Lanning, 3 Church Lane, Feniton EX14 3BY 01404 850699

Do you have an event to publicise, or news to share? Email us at our new email address [payhemburypaper@gmail.com](mailto:payhemburypaper@gmail.com)

### Horsetail (*Equisetum arvense*)

A kind friend from Colestocks rang last week asking whether I use horsetail and if so would I like some? I immediately said 'yes' as I intentionally do not grow it in my garden....although I grow other invasive species this plant is in a league of its own... indeed my friend from Colestocks on asking a gardener for advice on how to get rid of horsetail, received the reply "move house"!



This tough beast belonging to the fern family is a very ancient species.. again to quote said friend from Colestocks.. "it was dinosaur food" but it was ancient even then. Some species were large trees as evidenced by their abundance in coal deposits.

Horsetail has an interesting growth-cycle. It forms strong rhizomes which produce fertile non-photosynthetic stems bearing thousands of spores in spring. A vegetative growth follows in the summer; which is branched and bushy which is so reminiscent of horsetails hence both the common and Latin names.

Arguably poisonous to livestock... but perfectly safe for humans... horsetail has been used by man for millennia. Another common name was pewter wort, as when dried, it forms a surface rough enough to polish pewter pots. This rough texture is due to the high silica content; horsetail is similar to nettle in that it pulls out and concentrates nutrients from the soil it grows in. In addition to high silica horsetail is also rich in calcium, iron, manganese, potassium and magnesium.

Nicholas Culpeper the 17th century herbalist described the medicinal uses of horsetail in a nutshell *"It stays all sorts of lasks and fluxes in man or woman, and bloody urine; and heals also not only the inward ulcers, and the excoriation of the entrails, bladder, but all other sorts of foul, moist and running ulcers, and soon solders together the tops of green wounds. It cures all ruptures in children."*

So horsetail was used traditionally as a healer. Along with other constituents present in horsetail, the silica helps to repair and restore the urinary mucosa, can aid with prolapse, incontinence and bedwetting in children respectively. It has a diuretic action which complements this healing process. Silica helps to remineralise bones which can be especially beneficial in osteoporosis and fractures. This same process also strengthens nails and brittle hair. As so colourfully pointed out by Culpeper, horsetail is very healing improving all wounds, in both external and internal connective tissue such as ulcers, joints and blood vessels.

The sterile bushy growth is taken as a tea, or in tincture form. Juices can be especially effective.

Please remember because we are all unique, we can have different responses – always ask a qualified health professional if unsure.

## INFORMATION PAGE

**Non urgent police contact** 101

**Honiton Hospital** 01404 540540 (Minor Injury Unit 8am-8pm)  
**RD&E Hospital Exeter** 01392 411611  
**V.E.T.S. (Village Emergency Telephone System)** 01404 565605

### Your Parish Council

Meetings held 2nd Wed of alternate months (starting January) 7.30pm in the Village Hall  
Tim Cox (Chair) 01404 850005 Robert Leach (Vice-Chair) 01404 841408  
Phil Chamberlain 01404 841773 Karen Edwards 01404 849186  
Matt Rance 07809 306571 Paul Thomas 01404 841516

Parish Clerk: Dawn Chamberlain 01404 841 773  
Parish Council email address: [payhemburypc@payhemburyparishcouncil.org.uk](mailto:payhemburypc@payhemburyparishcouncil.org.uk)

### Useful numbers at the County Council (all 0345)

General Enquiries	155 1015	Registrars	155 1002
Highways	155 1004	Libraries	155 1001
Disability Information	155 1005	Family Info Service	155 1013
Bus passes	01392 383 688		

### Emergencies

Social Services 0345 600 0388  
Highways 0345 155 1008  
Animal Welfare, Petrol, Explosives 01392 499499

### Useful numbers at the District Council

Switchboard: 01404 515616 (Use for all enquiries during office hours)  
Address: East Devon District Council, Blackdown House, Border Road,  
Heathpark Industrial Estate, Honiton, EX14 1EJ  
Email: [csc@eastdevon.gov.uk](mailto:csc@eastdevon.gov.uk)  
*In an emergency outside opening hours, phone 01395 516854*  
Opening hours: Monday to Friday from 8.30am to 5pm  
There is free parking in the car park in front of the building during opening hours

County Councillor: Iain Chubb 01297 35468 District Councillor: Philip Skinner 01404 822855

## **PAYHEMBURY VILLAGE HALL HIRE AND CHARGES**

Please contact [info@payhemburyvillagehall.org.uk](mailto:info@payhemburyvillagehall.org.uk)  
for details about hiring the hall and to book.

## **PAYHEMBURY PROVISIONS**

### **Opening hours and contact details**

Monday to Friday 8am to 7pm

Saturday 8am to 1pm

Sunday 8am to 12pm

Tel: 01404 841856

## OCTOBER EVENTS

Sun 2nd	Harvest Festival Morning Worship, Church, 11am
Sun 9th	All Ages Service, Church, 9:15am
Mon 10th	Soup Lunch, Church 12-2pm
Thurs 13th	Rotary Quiz, The Six Bells, 8pm Start
Fri 14th	Tea & Village Hall, 7:30pm
Sun 16th	Organ Recitals & Talk, Church, 3pm Reflection with music, Church, 6pm
Tues 18th	Parish Paper deadline, 4pm Ladies' Night Out, The Six Bells, 7:30pm
Wed 19th	Coffee Morning, Parklands, 11-12pm Mobile Library, Village Hall car park, 11-11:20am
Fri 21st	Shop Annual Members Meeting, Village Hall, 7pm
Sat 29th	Churchyard Clean Up, 10-12
Sun 23rd	Church Café, Village Hall, 9:15am
Sun 7th Nov	Parish Communion, Church, 11am



## REGULAR WEEKLY ACTIVITIES IN THE VILLAGE

<b>MONDAY</b>	Apple Pips	9:30-11:15am in the village hall
<b>TUESDAY</b>	Pilates	6:30pm in the village hall
<b>WEDNESDAY</b>	Pilates	9:15am (Ladies only), 10:30am (Men's only) in the village hall
<b>WEDNESDAY</b>	Short mat bowls	7:15pm in the village hall
<b>THURSDAY</b>	Café Connect	9-11:30am in the Church
<b>FRIDAY</b>	Art & Crafts Tea & Bingo*	2-4pm in The Six Bells *T&B every 2nd Friday of the month

**Editorial Team:** Christine Thair (841322), Kate Duggan (841039), You?

**Payhembury Village Website:** [www.payhembury.org.uk](http://www.payhembury.org.uk)