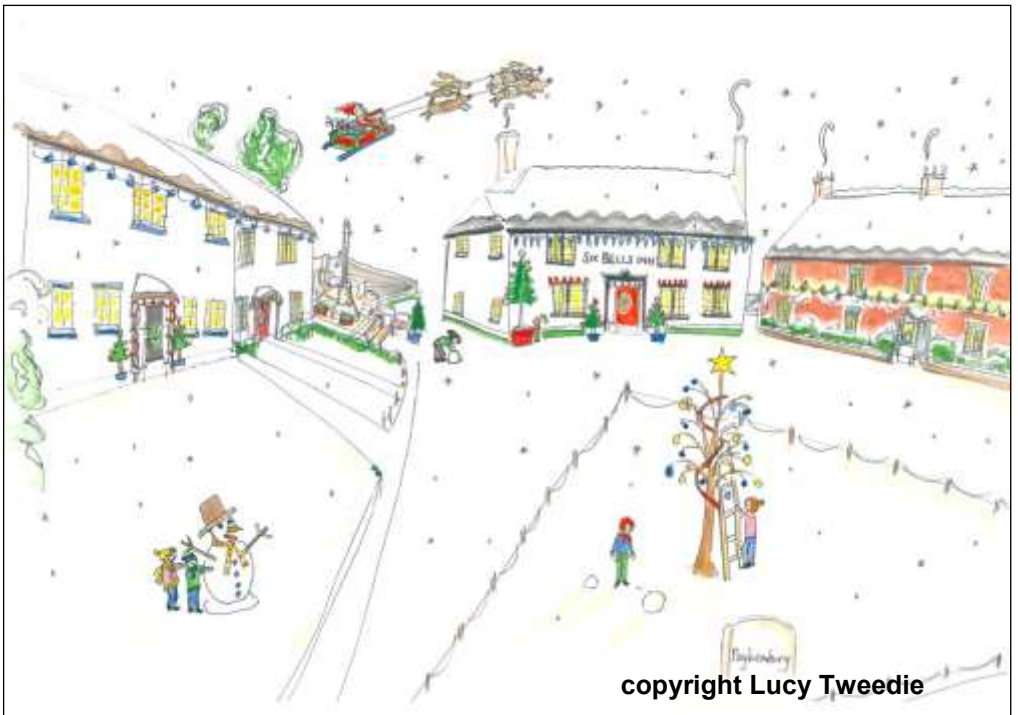


# THE PARISH PAPER

St. Mary the Virgin, Payhembury

Vol 56 No 6

December 2023



“Payhembury in the snow” cards are for sale in the village shop. The shop have funded it's production, with proceeds going towards the church roof appeal. Many thanks from the PCC to all concerned .

The parish paper committee wish all readers a merry Christmas and a happy and healthy 2024. Due to the festive break the January parish paper will be later than usual. The deadline for entries is Wednesday 27 December.

## Rectory notes – Forever and Ever Amen

Christmas quiz – who sang “I wish it could be Christmas every day” (cue the sound of sleigh bells and children singing)? Bonus point – which year? (Answer below\*)

Are you ready for the Christmas soundtrack – piped in the shops, looped on the radio, blasted by someone in your home, perhaps stirring old festive memories? Whatever our sentiment about Christmas being every day, it is upon us. Christmas – the Power and the Glory of it. Ah, but we’ve done that bit of the Lord’s Prayer already. How about a hybrid Christmas song, then – “I wish it could be Christmas every day! Forever and ever! Amen!” The secular meets the sacred.

Perhaps this mixture isn’t so daft, for we know Christmas is a hybrid – a mish-mash of culture, commercialism, religion, tradition. Sometimes the mish-mash is glorious, sometimes painful. A child’s words perfectly captured such cultural collision (non-Christmas-y) in the comedy series ‘Outnumbered’. Livewire 6-year-old Karen buries a dead mouse in the garden, solemnly saying, “Dust to dust, for richer or for poorer, in sickness or in health, may the force be with you, because you’re worth it. Amen and out.”

Our TV ads scrap over the collision that is Christmas. From one, the traditional voice: “Christmas is a time that’s sweeter when you share.” There’s the bold challenger: “Do only what you want.” Or the middle ground perhaps, “Let your traditions grow.”

Of course Christmas is a mish-mash – it was from the start. Roman census meets Jewish genealogy. Unmarried mother collides with traditional family values. Aristocratic magi mingle with low-caste shepherds. Angel harmonies blend with bleating sheep. The infinite God in an infant. Time and space, history and eternity, heaven and Earth, swirl in a stable.

Let’s put all the mish-mash in a pan – historic and present. Let’s put it on the stove and boil it down to its concentrate. What is its essence? “Love came down at Christmas,” as the carol goes. The Christmas concentrate? Love. As one of those adverts goes, “I would do anything for love.” And He did.

Our year’s journey through the Lord’s Prayer is ended. But as for the magi, the end of a journey may be a new beginning, as the year wraps round. The closing words of ‘I wish it could be Christmas every day’? “Why don’t you give your love for Christmas.” And He does. Forever and Ever. Amen.

**Rev David Carrington**

\* Wizzard, 1973 (and every year since...)

Team Vicar of Escot, Feniton and Payhembury

The Rectory, Station Road, Feniton 01404 850905 revdavidcarrington@gmail.com

Church Warden:	Mrs Babs Leach, Slade View, Payhembury (841409)
Sexton:	Mr Jim Kimber, 1 Barrow Road, Payhembury (841320)

# CHURCH SERVICES IN DECEMBER 2023 ESCOT, FENITON & PAYHEMBURY

## SUNDAY 3<sup>RD</sup> DECEMBER ADVENT SUNDAY

Feniton	9.15am	Storytime+ (ST team)
Payhembury	11am	Parish Communion (DC)
Ottery St. Mary	6.30pm	OVMC Advent Carols (LC)

## SUNDAY 10<sup>TH</sup> DECEMBER SECOND SUNDAY OF ADVENT

Feniton	11.00am 3pm	Parish Communion (DC) Service of Remembrance and Thanksgiving (DC)
Payhembury	9.15am	Messy Christingle (LL)

## SUNDAY 17<sup>TH</sup> DECEMBER THIRD SUNDAY OF ADVENT

Escot	3pm	Carol Service (DC) (Village Hall)
Feniton	11am	Carol Service (DC)
Payhembury	6pm	Carol Service (LL)

## SUNDAY 24<sup>TH</sup> DECEMBER CHRISTMAS EVE

Feniton	4pm 11.30pm	Christingle (DC) Holy Communion (DC)
---------	----------------	---

## MONDAY 25<sup>TH</sup> DECEMBER CHRISTMAS DAY

Escot	9am	Parish Communion (DC)
Payhembury	11am	Family Service (DC)

## SUNDAY 31<sup>ST</sup> DECEMBER FIRST SUNDAY OF CHRISTMAS

Feniton	11am	Joint Service of Holy Communion (JRE)
---------	------	---------------------------------------

## SUNDAY 7<sup>TH</sup> JANUARY EPIPHANY

Escot	11am	Joint Celebration & Parish Communion (DC)
Feniton	9.15am	Storytime+ (ST team)

### Church wardens in Escot and Feniton

Feniton: Cara Sanders(850262) and Barbara Hemsley (07790 143193)  
Escot: Judy Davis (812739)

## A Service of Remembrance and Thanksgiving

for those who have died

Sunday 10<sup>th</sup> December at 3pm at St Andrew's, Feniton

The approaching season can be overwhelming when someone special in our lives has died – no matter how many years have passed. At the service there will be an opportunity to come forward and light a candle and hear the names of loved ones read out. A retiring collection for Hospiscare will be taken. All are welcome. If you have any queries contact Rev David Carrington, [revdavidcarrington@gmail.com](mailto:revdavidcarrington@gmail.com) 0104 850905. Escot, Feniton & Payhembury churches in the Otter Vale team



## CALENDAR for December 2023

Fri 1st Monthly lunch in The Six Bells, 12 to 2pm  
Sat 2nd Voiceworx & Bel Canto, 6.30pm, Kentisbeare Village Hall  
Wed 6th Broadhembury Gardening Club, 7.30pm, The Memorial Hall  
Thur 7th to Sun 10th Star Festival in Church (see back page for times)  
Sun 10th Scratch choir rehearsal at Babs' House, 7pm  
Mon 11th Soup Lunch in church, 12 to 2pm  
Scratch choir rehearsal at Babs' House, 7pm  
Wed 13th Tale Valley Choir concert, 7.30pm, Feniton Church  
Fri 15th Tale Valley Choir concert, 7.30pm, Talaton Church  
Sun 17th Scratch choir rehearsal 5pm in church before the service at 6pm  
Mon 18th Carol Singing on the Village Green, 6pm  
Tue 19th Girls' Night Out Christmas Dinner, 7pm, The Six Bells  
Wed 27th Deadline for entries for January parish paper.

## Dates in January 2024

17th January 2024, Coffee Morning at Yeoman's Cottage, 11 - 12 p.m.

**Tuesday 16 January 2024 at 7.30 in The Six Bells** we welcome Janet East to give us an entertaining talk entitled "The trials and tribulations of running a small rural farm and B&B". As Janet says "be prepared to learn and laugh

### **REGULAR WEEKLY ACTIVITIES HELD IN THE VILLAGE**

MON	9.30—11.30am	Apple Pips, Village Hall
TUES	7pm	Pilates, Village Hall
	7.30pm	Bridge, The Six Bells (info:841322)
WED	9.15am	Pilates, Village Hall
	7.15pm	Short Mat Bowls, Village Hall
THUR	9—11.30am	Café Connect, Church
FRI	2—4pm	Art & Crafts, The Six Bells

## **Winter Plans for Snow and Ice Conditions on Payhembury Parish Roads**

It may be tempting fate to remind ourselves that the parish of Payhembury has not seen any really significant snow for four years. Occasionally we can see a dusting of snow on Hembury Fort located on the edge of the parish but nothing like the 'beast from the east' in February 2018. Although there may be no snow, frost, causing icy roads, is a much more likely danger. However, we can take precautions such as preparing a snow plan, ensuring that our grit bins are full and that we have residents willing to help where possible.

Devon County Council (DCC) is responsible for clearing and gritting major high-ways such as the A373, the A30 and from there to the level crossing in Feniton. With more miles of roads than any other single county, DCC has a huge task to undertake.

DCC expects Parish Councils to be responsible for the roads within their parish boundaries and they expect each parish to appoint a snow warden, snow warden assistants and to produce a Snow Plan. The Parish Council has therefore produced a plan and appointed a Snow Warden. We have some volunteer snow warden assistants in several areas and new volunteers are always welcome.

DCC help with the provision of salt / grit as necessary. Currently there are six yellow/green salt / grit bins located in the parish. Clearly it would be neither practical nor cost-effective to treat all 15 miles of our parish roads in icy conditions. It is therefore planned to concentrate on a few significant places such as around the centre of Payhembury Village or on steep sections of road. In prioritising our actions, particular attention should be paid to access and safety for emergency services, key workers, vulnerable persons and for livestock.

As we have neither a snowplough nor a grit spreader, we must rely on volunteers, wheelbarrows, shovels and, importantly, the cooperation of residents. Residents have a personal responsibility to consider the implications of bad weather and to take precautions. Drivers should consider:

- Deciding if your journey is essential. Could you walk instead?
- Choosing a route that is likely to be clear without steep hills.
- Driving with caution, ensuring increased distance between vehicles, as well as using gentle braking.
- Being prepared with warm clothes, strong footwear and a shovel.
- Never assuming that a road has been salted.

Parishioners should be aware that, in icy conditions, main roads such as the A373 may not be gritted, and they should therefore proceed with caution.

***Andrew Renshaw, Parish Snow warden***

Soup Lunch in Church

**Monday 11 December**

Soups and cakes are all home made

£5 per head

Of course, there will be a festive twist!

## Monthly Lunch at The Six Bells

The monthly lunches come around with nice regularity – they are very popular and Carole's cooking is super!

The next lunch will be on

**Friday 1<sup>st</sup> Dec, from 12 – 2pm**

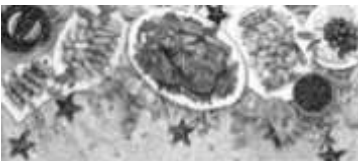
and this will be the “choice” menu (cottage pie, fish and chips or ham, egg & chips)

**Please phone 841261, to book your table.**

## Girls' night out dinner

All ladies in the village are welcome to join us for our annual dinner on

**Tuesday 19th December,  
7.00 for 7.30  
in The Six Bells.**



Please contact Babs leach on 01404 840409 for a menu by 12th December.

Be assured of a fun evening.

## Poppy Sales

Once again Payhembury & Broadhembury have done themselves proud and we collected a total of £663.92 this year!

To quote the Royal British Legion:

*“They risk everything to protect you. Now your donation can help the*

*Royal British Legion to provide vital support for the Armed Forces Community.”*

The villages can be proud of themselves. The breakdown is as follows:

Payhembury School	£ 64.79
Payhembury Stores	£189.19
The Six Bells	£ 14.25
Payhembury Door 2 Door	£106.16
Broadhembury Stores	£215.82
The Drewe Arms	£ 73.71



**Ian and Sue Derbyshire**

## Weather for October 2023

**Rainfall:** Another very wet month but with most of it in the second half of the month with storm Babet on 18 October resulting in 21 mm and another unnamed storm on 23 October with 33 mm. November also started very wet with storm Ciarán providing 44 mm of rain with some local flooding. We are on track for a record wet year.

**Temperatures:** October was yet another warm month overall with a temperature of 25 degC reached on 9 October. In contrast on 15 October the temperature dipped to just below zero giving the first frost of the Autumn.

**Pressure:** The “eye” of storm Ciarán passed over Devon at 4am on 2 November with an exceptionally low pressure of 955.8 mbar. The previous record for Devon being 959.7 mbar. Boiling a kettle at that time would only achieve a temperature of 98 degC due to the low pressure. We were lucky the storm did not pass further north which would have resulted in even stronger winds over Devon.

**Weather elsewhere:** Two storms have dominated the weather over Western Europe this month. On 18 October, Storm Babet hit Torbay, with a beach bar swept into the sea in Torquay and major damage to beach huts in Paignton and Teignmouth, where a seaside skatepark was flooded. On 1 November Storm Ciarán resulted in widespread damage with 100 mph winds reported in the Channel Islands and a tornado, while 1.2 million French households were left without electricity. In Devon, 250 schools were closed.

<b>Payhembury Weather Oct 2023</b>			
Monthly Rainfall	127 mm	+43 mm	from normal
Days of Rain	20 days		
Wettest Day	21.2 mm	23 Oct	
Mean Max Temp	17.3 degC	+2.8 degC	from normal
Mean Min Temp	8.8 degC	+1.2 degC	from normal
Warmest Day	25.1 degC	9 Oct	15:59
Coldest Day	-0.1 degC	15 Oct	06:21
Windiest Day	8.5 m/s	19 Oct	12:30

Current weather in Payhembury can be viewed at [www.payhembury-weather.co.uk](http://www.payhembury-weather.co.uk) If you want to see the table above a few days after the end of the month it is posted on the Payhembury Parish Facebook page.

**Roger Saunders**

**William Garvey, furniture designers & makers, of Upton,  
are delighted to sponsor Payhembury Parish Paper**

## Cards -Cards - Cards

it's all about cards in Payhembury Provisions this festive season. Christmas cards, Greetings Cards and of course Loyalty Cards!! So many to choose from.



Payhembury artists Lucy Tweedie and Sue Derbyshire have both produced Christmas cards which are on sale in the shop. Lucy - whose very popular birthday and greetings cards are regularly available in the shop, has created a beautiful bespoke Christmas card of the Village Green and The Six Bells, which we are selling in the shop in packs of 5, with proceeds going to the Church Roof Appeal. The demand for them has been so great – we sold out within a week! But worry not .... we are having another print run, so there will be more available for sale very soon. Sue's popular Christmas cards are back on sale again this year – beautiful as ever, with their charming images of the village at Christmas.

Rook Photo Cards are a collection of fabulous black and white photographs of scenes from the Blackdown Hills from local photographer Pauline Rook. They are quite stunning and a real celebration of the area around Blackborough. I'm thinking frames and Christmas presents! How incredibly lucky we are to have so many talented, creative, artistic people in our local area.

Then of course there is our Loyalty Card. If you haven't got yours yet, why not get one before Christmas and use it for your Christmas purchases – a stamp for every £10 spent, which when full, can be redeemed for £8.00 to spend in the shop. What's not to like about that?

A few reminders about orders for Christmas – turkeys (not just any turkeys, Taste of the West 2023 award winning turkeys) from Rosamondford Farm near Aylesbeare, and meat from Veysey's, Cullompton. Orders can be placed in the shop for delivery before Christmas. The order form for turkeys is in the shop now – last orders 11<sup>th</sup> December, and Toni is taking orders for Veysey's meat for deliveries on 19<sup>th</sup>, 21<sup>st</sup> and 23<sup>rd</sup> of December (see Toni for order deadlines). Also in the shop currently are Christmas Puddings made locally at the Old Bakery Broadhembury. They look amazing and would make a wonderful gift.

If you are looking for wrapping paper, gift tags, stocking fillers, gifts, chocolates, biscuits, wines and spirits etc.etc, look no further, you will find them all in your local shop this Christmas. While you are in the shop during December, remember to buy a square (or 2) on our Christmas Raffle, you could win £50 first prize and £25 second prize to spend in the shop – and all raffle profits are put back into the community – many thanks to Roz for organising it again.

Finally, we would like to wish you all a very happy Christmas and thank you for all your support and loyalty towards our wonderful little shop. A special thank-you to all our brilliant volunteers, without whom there would be no Payhembury Provisions!

**HAPPY CHRISTMAS EVERYONE. !**

**Pat Fowler**



## Paul's Nature Notes October-November 2023

It's that time of the year again when buzzards gather together in the fields. They seem to choose a different field every year. Last year it was one adjoining the back lane to Upton, the year before that they were over at Colestocks and this year they are in the field leading along the lane to the pig farms.

I have enjoyed photographing them mixed in amongst all those herring gulls and pigeons. Silhouetted along the edge of the ridge they appear huge and once again there is a very white individual amongst them. At first glance it is very easy to think that it is something else – perhaps a herring gull or even more exciting a hen harrier, but no it is just a juvenile common buzzard. I say just but I still love to see them, especially when they come closer to the lane. There are now so many around us it is hard to accept that they were extinct in most areas in the UK until the late 1980s.



Our bird feeders have really not been that busy yet. We tend not to feed the birds during the summer months and this mild but really wet autumn has meant that there is still plenty of food about. The tit families have so far been getting it all their own way, as very few goldfinches have found us again, but doubtless they will in time and add us to their daily itinerary.

Our local owls seem to have had a good year and although I have yet to actually see them, I hear the little and tawny owls calling a lot in the garden and around the village. They are far more likely to be heard than seen, although some folk have been hugely privileged to see them perched up during the day. I hear them a lot when I check my moth trap before going to bed, often very close indeed, but still no photographs! There have also been several sightings of barn owls quartering some of the fields in search of voles and mice. It has been so wet that they may well have had a difficult time of things recently.

Fieldfares have started to arrive from Scandinavia but there have been no reports yet of any redwings. It has been a marvellous autumn for berries but those pigeons are extra busy scoffing the lot and so if the thrushes want any they had best be quick! News is coming in of a massive winter influx of waxwings, countless hundreds of them, all in search of berries. Some have ventured as far south as Cornwall but I have yet to see any – I live in hope.

**Paul Lister**  
([paullister175@gmail.com](mailto:paullister175@gmail.com) or 841696)

**VILLAGE CAROL SINGING -  
MONDAY 18th at 6pm -  
ON THE VILLAGE GREEN**



I am thrilled to say carol singing will be on the above date. Everyone is welcome, bring friends along, the more the merrier.

We are planning to sing for just over an hour, before going to visit some people in their own homes, so if you know of anyone who can't join us but would like us to visit them, please let me know.

The Six Bells will be open and I have been told they will have mulled wine and mince pies on offer if you need to lubricate those vocal cords. (thank you Don & Carole)

Any money collected will go towards the Payhembury in Need Relief Fund. This is used to support people during times of unexpected financial issues / events, so please bring any spare change you have. In the event it is raining we can all pile into the church and enjoy carolling in the dry. Please wrap up warm and bring a torch, if possible wear a high vis jacket, and maybe a fold up chair and a blanket if needed.

**If you have any questions, feel free to give me a ring - Lesley Elford on 850 356 or 07443 519 003**

### **Lorinda Perry**

Many of you who have lived in Payhembury for some time will have known Lorinda and possibly her parents as well. It is with great sadness that I write to say that Lorinda died on 7<sup>th</sup> November after a long illness which she fought bravely to the last. Lorinda's funeral will be held at Payhembury Church on Wednesday 6<sup>th</sup> December at 11.30am and afterwards at Broadhembury Village Hall, everyone is welcome.

Lorinda was the Internal Auditor for the Parish Council for many years, as was her father, Joe, before her. In her time as Internal Auditor Lorinda guided many new Clerks and Counsellors. She gave the benefit of her wisdom with kindness, good grace, and firmness when she felt things were not being done correctly. She was able to hold the Council accountable in the best ways possible, her knowledge and support was much appreciated by the Council and she is going to be greatly missed.


***Payhembury Parish Council***

## Hello Villagers

How quickly this year has passed. A special thank you to Pat LePage for hosting the November Coffee morning. This is the second one she has hosted this year, and is very much appreciated. We had a really good turn out which was amazing considering the awful weather and the road works. But a lovely catch up was enjoyed by all.



There won't be a coffee morning in December as there are too many exciting things going on in our village. But Sue, Ian and Nellie Derbyshire will be hosting one for us at their home, Yeomans Cottage, on the 17th January 2024, from 11 - 12 p.m. Lots of licks and cuddles guaranteed..... and that's just from Sue and Ian! What a lovely start to the new year!

Wishing you all a  Very Happy Christmas  And a safe and Happy New Year. Thank you all for your support.

**Sandra Ford**



FREE and FRIENDLY

### Art and Crafts Group



**Sessions in Dec – all Fridays –  
1<sup>st</sup>, 8<sup>th</sup>, 15<sup>th</sup>, 22<sup>nd</sup>  
in the Six Bells –2.00-4.00pm**

You really should look into our art & craft group on a Friday – best way to get your knitting, crocheting or painting done and pick up all the news from the village while you are there.

Not to mention tea or hot chocolate!

Hot and cold drinks  
available from the bar.



For more details telephone  
Sue 01404 841103 (art)  
Naomi 07799 380336 (other crafts)




**OTTERY COMMUNITY THEATRE**  
 Presents  
**PANTO 2024**


**THREE BLONDE MICE**  
 24th - 27th January 2024  
 At The Institute - Ottery St Mary

£7 Adults - £5 U/16s  
 Wed to Fri 7.50pm  
 Sat 12 noon & 5pm

Tickets available  
**ONLINE**  
[www.tinyurl.com/OCTtickets](http://www.tinyurl.com/OCTtickets)  
 and from  
 The Curious Otter bookshop  
 For group bookings and enquiries email  
[otterycommunitytheatre@gmail.com](mailto:otterycommunitytheatre@gmail.com)

  
 Book Now

Buy 10  
 tickets  
 get one  
 FREE









Musical Director:  
 Emma Palmer

**Two Charity Christmas Concerts:**  
**Wednesday 13 December 7.30pm**  
 at Feniton Church  
**Friday 15 December 7.30pm**  
 at Talaton Church  
 Free admission—retiring collection

**Bel Canto**  
 present



"A glorious hour of sparkling  
 songs and carols"  
**7-8pm 12th December**  
 St Andrew's Church, Cullompton

**TICKETS £5 on the door**  
 or from [ticketsource.co.uk/belcanto](http://ticketsource.co.uk/belcanto)  
 Doors open 6.30pm

**WINTER CONCERT**  
**"LIFTING ME HIGHER"**

INSPIRING SONGS  
 FOR A WINTER'S EVENING  
**SATURDAY 2ND DECEMBER**  
 Kentsbeare Village Hall 6.30pm (doors 6pm)

VOICEWORX, COMMUNITY VOICES,  
 BEL CANTO AND FRIENDS



Tickets £10/£5 from:  
[ticketsource.co.uk/voiceworx](http://ticketsource.co.uk/voiceworx)  
 or Kentsbeare Village Shop




# Payhembury Village Hall...

## Update (Nov 2023)

Payhembury Village Hall is one of the Village's finest assets, and is available for all to use, whether that be for parties, music and/or dance events, fitness classes, movie nights, short-mat bowls, club meetings, badminton, or school activities.



### Village Hall Committee

The Hall is run as a Charitable Trust with a Committee of volunteers – it is the Committee's job to ensure the Hall is safe and well maintained, and to make people aware that they can book the Hall for any of the above kind of events – or more – you are limited only by your imagination.

Leaving the Hall Committee are 3 stalwarts who have done a brilliant job:

Di Somers (Secretary), who is leaving the Hall Committee after 30 years fantastic service, to spend more time at home with John.

Rick Duggan-Jones who has held responsibility for Buildings & Maintenance for many years and has been super responsive and has done a fantastic job

Monica Frantisek who has been responsible for, and has done a fantastic job, taking bookings, and coordinating with various groups and individuals

Many many thanks to Di, Rick and Monica from me on behalf of the whole community – volunteers make communities, and they have helped the Hall and regular users get through a particularly tricky few months. Many thanks also to those staying on including Martin Wilkinson (Treasurer & Deputy Chair), Louise Granger (Book Keeping), and Dan Wadsworth (special advisor).

We look forward to welcoming Mark Millett and Rob Elsom (taking over Buildings, Maintenance & Renewables), and Sue Holmes (Hall Bookings). We are now looking for enthusiastic volunteers to join a fun team and to fill the following Committee posts as soon as possible:

Secretary (agendas & minutes)

Marketing (raise awareness of the facilities to attract more bookings)

Fund Raising

Health & Safety (managing regular checks)

We'll be having the **Village Hall AGM in the Village Hall at 7.30pm on Wednesday 29<sup>th</sup> November** – open to all, please come along and get involved, or just make suggestions!

### What Next for the Hall?

The Hall is well overdue painting and decorating – watch this space for news of a 'Volunteer Decorating Weekend' followed by a movie and pizza evening for those that help.

After that we want to sort and improve the storage areas, tidy up the outside/car park, and (funds permitting) install a patio at the front, improve the small 'Welcome' room, and are presently looking at renewable options and other ways to save energy costs – keep those front doors shut in the cold please! After a very quiet time during Covid lockdown, we are now seeing bookings for music events and, hopefully, other open events (possibly including badminton) come back – it's a great facility, contact us if you have ideas for events and uses!

## Finances

We are going to be proactively looking for funding streams appropriate for the Hall (volunteer please ) and would welcome any donations (or even bequeathments). If you want to make a significant donation for a specific project, we would love to talk to you and get you involved.

Here's looking to the future and improving an already fabulous facility... come and join us!

**Kevin, Chair, Payhembury Village Hall 07400 228822**

### Reporting issues with the roads

Devon County Council are responsible for the upkeep and maintenance of all the roads and public rights of way in Devon. They have a dedicated website for reporting and tracking issues including:

potholes	public rights of way	ice	defective road markings/signs
flooding or blocked drains	debris/obstructions	parking	street lights/lit signs/lit bollards
hazardous or fallen trees	fences or barriers	grit bin issues	bridges or retaining walls
overgrown vegetation	traffic light issues	trip hazards	broken manhole covers

If you find any issues, please report them on the DCC website - [www.devon.gov.uk/roads-and-transport/report-a-problem/](http://www.devon.gov.uk/roads-and-transport/report-a-problem/). If the issue you want to report is not listed, or you cannot access the internet, please call 0345 155 1004 to report it.

**Dawn Chamberlain, Parish Clerk**

Follow this link to the DCC news page :

<https://www.devon.gov.uk/news/new-roads-funding-will-help-tackle-repair-backlog/>  
This details the new additional funding for road repairs, published on 17 November.

**C. Thair, Editor**



Christmas must be coming as I noticed various festive items appearing in the shops (well, some shops have been building their displays since September, but we won't go there!). One such item was sage and onion stuffing; Sage wasn't only used in stuffing for the flavour it imparts but was recognised as a very effective meat preservative dating back to the ancient Egyptians and Romans. Sage, Latin name *Salvia* derives from 'salveo' meaning 'to heal' or 'save'.

Sage originated from the northern Mediterranean, but being a hardy evergreen perennial, grows successfully in England. The main harvest time is just before it flowers, I pick the bulk then, and dry it for later use, but also make tinctures, infused oils etc at this time. However, if fresh leaves are required, they can be picked throughout the year. In fact, sage was my 'best friend' whilst I was experiencing menopausal symptoms (sorry guys). A very respected traditional herbalist advised me to grow a sage plant outside my back door and make a tea from it. When I asked "how much should I use?" he replied "as much as you need". I didn't think this was very helpful at the time, but found that I would go out on one day and pick a handful, whilst the next day I fancied just a couple of leaves – but each dose was perfect on that day. Once my symptoms passed, I no longer felt the urge to drink the tea.

Sage helped with the menopausal symptoms on 3 levels, in that it reduces secretions, sweating and flushing. It has a normalising effect on hormones including oestrogen, which incidentally explains why sage has traditionally been used to suppress lactation. Thirdly sage is restorative to the adrenals, which can become depleted in females as they reach middle age.

Being high in volatile oils, sage is very anti-microbial and is a key treatment for infections and inflammation of the mouth, tongue, or throat. Typically, a tea made from sage and steeped for at least 10 minutes (always covering the container to retain the precious volatile oils) is used as a mouthwash or gargle.

Being related to rosemary, research is supporting the traditional use of improving cognition and concentration... maybe this is why wise people were referred to as 'Sages'? Sage can help in convalescence particularly where depression and fatigue are experienced post illness.

**Due to the high volatile oils' sage should not be used during pregnancy or during lactation (unless mother wishes to stop feeding). Extreme doses should be avoided.**

And finally: Please remember because we are all unique, we can have different responses. **And finally, finally, 'A Merry Christmas and Happy New Year'**

*Merry  
Christmas*  
& **HAPPY NEW YEAR**

Wishing all of our clients a very happy Christmas and a prosperous New Year.

*Ruth & Jane @ The Studio  
Hair & Beauty*

I would like to wish all my customers both past and present a very happy Christmas.

*Steve, S E Auto Engineers*

### **Scratch choir for the Carol service on Sunday 17 December**

We are hoping to gather a choir to sing at the carol service on Sunday 17th December at 6.00. I am sure there are some new members of our community who would like to join in, nothing too difficult!

The practices will be on....

Sunday 10th December 7.00 pm at Babs' house

Monday 11th December 7.00 at Babs' house

Sunday 17th December 5.00 at church

Sunday 17th December 6.00 carol service



### **BROADHEMBURY GARDENING CLUB**

For those looking forward to seeing Becca Flintham last month we are sorry we had to cancel due to storm Ciaron but Becca will be coming again later next year.

" **A Taste of the Unexpected** " At our meeting on **Wednesday 6th December at 7.30 pm** at the Memorial Hall we have invited Mark Diacono, an award winning food writer and the inspiration behind Otter Farm where he grows many gourmet delights such as salsify, Chilean Guava and Szechuan pepper. He will be presenting his unusual home grown produce as well as preparing a treat or two for us using herbs, spices and other interesting ingredients.

Visitors are always most welcome at £5 per person on the door which includes festive refreshments.

*Val Stringer*





## **Festive Fundraising for Hospiscare**

The festive season is almost upon us and what better way to spread Christmas cheer than by raising funds for your local hospice? The hospice is charity and always needs donations to help fund its expert care for local people living with terminal illnesses. Throughout November and December, please consider joining the hospice's supporters to fundraise in a variety of ways, from making mince pies and carol-singing to raffles and fancy dress. There are so many ways to help and there are lots of fundraising ideas on the hospice's website (see below for the address).

### **Christmas Tree Recycling**

Leave the effort of getting rid of your Christmas tree to Hospiscare. Their volunteers will collect and recycle your Christmas tree between 11-13 January 2024 in return for a donation to the hospice. Registration opens on their website in November, where you can find out more and book in your collection.

### **Reindeer Run**

Hospiscare has introduced a new Reindeer Run school challenge this festive season. Get ready to dash, prance, and make a difference in your local community. Sign up for FREE as a school, pre-school, nursery or group and receive a pack filled with make-your-own antlers, stickers, games, activities, colouring-in cards and more.

### **Light Up a Life 2023**

Light Up a Life is the hospice's annual celebration of the lives of departed loved ones. There will be three beautiful memorial events at Exeter Cathedral and in Honiton and Cullompton of hand-picked readings, poems, music and carols in remembrance of all lost loved ones. There is also an online Gallery of Memories where you can leave a dedication in the memory of those dear to you.

*To find out more about these events and other festive fundraising ideas, please visit [www.hospiscare.co.uk/festive](http://www.hospiscare.co.uk/festive)*

*Welcome!*

To Steve and Nic who have moved to Broadoak, Lower Tale

To Catherine and family who have moved to Newlands

## **Payhembury Parish Council meeting - Wednesday 10<sup>th</sup> January 2024, 7.30pm, in the Parish Hall and via Zoom**

The next Payhembury Parish Council meeting will be held on Wednesday 10<sup>th</sup> January 2024 at 7.30pm. The meeting will be a hybrid meeting with members of the public able to attend either in-person in the Parish Hall or via Zoom (meeting ID = 846 3794 2911; passcode = 112781; **webpage** = [www.zoom.us/join](http://www.zoom.us/join)) or via telephone (contact the Clerk for details). The agenda for the meeting will be available as normal on the noticeboard and the Parish Council website ([http://www.payhemburyparishcouncil.org.uk/Agendas\\_and\\_Minutes\\_28525.aspx](http://www.payhemburyparishcouncil.org.uk/Agendas_and_Minutes_28525.aspx)).

Dawn Chamberlain, Parish Clerk

### **Payhembury Parish Council grants**

A reminder to submit any small grant applications to the Parish Council by the 3<sup>rd</sup> January 2024, for consideration at the Parish Council meeting on 10<sup>th</sup> January 2024. The application form is available by emailing [payhemburyipc@payhemburyparishcouncil.org.uk](mailto:payhemburyipc@payhemburyparishcouncil.org.uk) or can be downloaded from the website [www.payhemburyparishcouncil.org.uk](http://www.payhemburyparishcouncil.org.uk) (see 'Noticeboard' on the left hand side). Completed forms should be returned either via email (see above), or to Payhembury Parish Council, c/o Rose Cottage, Payhembury, Honiton, Devon EX14 3HR.

Dawn Chamberlain, Parish Clerk

### **Grass cutting contract**

At their meeting on 10<sup>th</sup> January, Payhembury Parish Council will be considering applications for the contract to cut the communal grassy areas for the next three years; tenders must be received by 31<sup>st</sup> December 2023. For more details please contact

[payhemburyipc@payhemburyparishcouncil.org.uk](mailto:payhemburyipc@payhemburyparishcouncil.org.uk) or see the website [www.payhemburyparishcouncil.org.uk](http://www.payhemburyparishcouncil.org.uk) ('Noticeboard' on the left-hand side).

Dawn Chamberlain, Parish Clerk

### **Road closures – January 2024**

The following road closures are scheduled for January 2024, diversions will be in place if needed:

8<sup>th</sup>-26<sup>th</sup> January 2024 – road from Tuckmill Cross to Payhembury Cross (aka Alans Garage Cross).

This is for general utility repair and maintenance work by South West Water. The diversion will be via Yellingham Farm and Colestocks.

26<sup>th</sup> January 2024 – Barrow Road.

This is for BT to replace some poles. Hopefully this won't clash with the road-works mentioned above.

Dawn Chamberlain, Parish Clerk

## INFORMATION PAGE

**Non urgent police contact** 101

**Honiton Hospital** 01404 540540 (Minor Injury Unit 8am-8pm)  
**RD&E Hospital Exeter** 01392 411611  
**V.E.T.S. (Village Emergency Telephone System)** 01404 565605

### Your Parish Council

Meetings held 2nd Wed of alternate months (starting January) 7.30pm in the Village Hall

Tim Cox (Chair)	01404 850005	Robert Leach (Vice-Chair)	01404 841485
Phil Chamberlain	01404 841773	Louise Scott	07752 158107
Karen Edwards	01404 849186	Matt Rance	07809 306571
Paul Thomas	01404 841516		

Parish Clerk: Dawn Chamberlain 01404 841 773

Parish Council email address: [payhemburypc@payhemburyparishcouncil.org.uk](mailto:payhemburypc@payhemburyparishcouncil.org.uk)

### Useful numbers at the County Council (all 0345)

General Enquiries	155 1015	Registrars	155 1002
Highways	155 1004	Libraries	155 1001
Disability Information	155 1005	Family Info Service	155 1013
Bus passes	01392 383 688		

### Emergencies

Social Services 0345 600 0388  
Highways 0345 155 1008  
Animal Welfare, Petrol, Explosives 01392 499499

### Useful numbers at the District Council

Switchboard: 01404 515616 (Use for all enquiries during office hours)  
Address: East Devon District Council, Blackdown House, Border Road,  
Heathpark Industrial Estate, Honiton, EX14 1EJ

Email: [csc@eastdevon.gov.uk](mailto:csc@eastdevon.gov.uk)

*In an emergency outside opening hours, phone 01395 516854*

Opening hours: Monday to Friday from 8.30am to 5pm

There is free parking in the car park in front of the building during opening hours

County Councillor: Iain Chubb 01297 35468

District Councillor: Richard Jefferies [richard.jefferies@eastdevon.gov.uk](mailto:richard.jefferies@eastdevon.gov.uk)

## **PAYHEMBURY VILLAGE HALL HIRE AND CHARGES**

Please email [info@payhemburyvillagehall.org.uk](mailto:info@payhemburyvillagehall.org.uk) for details about hiring the hall, charges and to make a booking.

## **PAYHEMBURY PROVISIONS**

Opening hours and contact details

Monday to Friday 8am to 7pm

Saturday 8am to 1pm

Sunday 8am to 12pm

Tel: 01404 841856

**PAYHEMBURY  
CHURCH**

**STAR**

**FESTIVAL**

**OPENING ON THURSDAY 7 DECEMBER FROM  
6 TO 8PM—WINE & NIBBLES**

**FRIDAY 8TH FROM 1.30 TO 8PM—  
AT 345, PAYHEMBURY SCHOOL CHOIR**

**SATURDAY 9TH FROM 3 TO 8PM—  
AT 4.30 TALE VALLEY CHOIR**

**SUNDAY 10TH 9.15 TO 11AM—  
MESSY CHRITINGLE  
THEN OPEN FROM 3 TO 5PM**

**DONATIONS**

**TOWARDS THE COST  
OF CHURCH REPAIRS**

**REFRESHMENTS SERVED  
THROUGHOUT THE FESTIVAL**