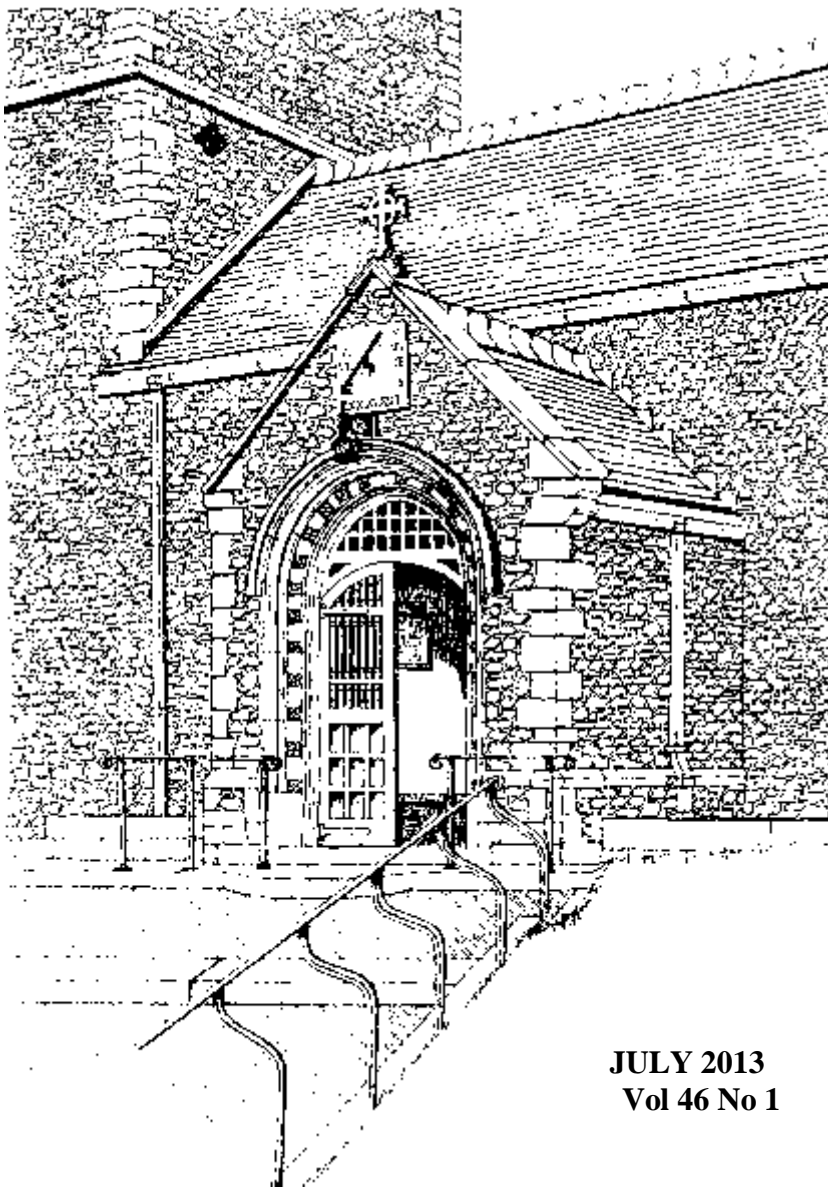


THE PARISH PAPER

St. Mary the Virgin, Payhembury



JULY 2013
Vol 46 No 1

Team Rev Cate Edmonds, The Rectory, Station Rd, Feniton
Vicar: (851401)

Church: Mrs Babs Leach, 3 Lower Mews, Payhembury (841409)

Wardens: Mr Jim Kimber, 1 Barrow Road, Payhembury (841320)

Sexton: Mr Clive Jones, 11 Markers Park, Payhembury (841685)

ST MARY'S PARISH CHURCH PAYHEMBURY

Dear Friends,

We often think of summer, when we get it, as a time of fun and enjoyment. Full, of happy holiday times having fun at BBQ's and on the beach, making noise and generally having a great time. I am confused sometimes though when people are surprised that you can have fun if you are a person of faith, when I've been enjoying myself with friends I have had comments such as, "oh I'm surprised you can do that as a vicar" etc. There seems almost the impression that as a Christian there are so many things you can't do and one of those is to have fun.

I'm not too sure where this misconception comes from, I don't remember Jesus saying that we couldn't enjoy ourselves, what he did say was what we do must not harm others in any way or ourselves, that we should be considerate of others. In fact Jesus' first miracle was at a wedding, the Wedding at Cana. You may remember that Jesus was at a wedding with friends and family and the wine ran out, now this was a great disgrace for the host family, Jesus' mother asked



him to do something about it and he turned the water jars standing by into wine, not just one but several and therefore made a lot of wine. Jesus was happy for the party, the fun and merriment to continue.

Having a faith is not something which is a burden, it is a joy, we are charged as Christians to share God's love and what better way to do that is to enjoy life, to enjoy His creation and be happy. We have to make sure that our enjoyment isn't someone else's upset or irritation, we do need to respect others in when we are having fun, but we are charged by God to live life to the full.

So whether or not we get good weather this summer and can have the BBQ's and the thrills of the beach or whether we have our typical erratic, changeable weather, let's enjoy the life God's given us and let's have "fun in the sun"(where ever it may hide!)

Every blessing,
Rev Cate

PARISHES OF FENITON, ESCOT, PAYHEMBURY

CHURCH SERVICES—JULY 2013

SUNDAY 7TH JULY 6TH SUNDAY AFTER TRINITY

Time	Service	Church
9.00 am	Matins	Escot (TP)
10.00 am	Story Time	Feniton (CE)
11.00 am	Parish Communion	Feniton (CE)
11.00 am	Morning worship	Payhembury (AH)

WEDNESDAY 10TH JULY 9 FOR 9.15 PLAY & PRAISE PAYHEMBURY**SUNDAY 14TH JULY 7TH SUNDAY AFTER TRINITY**

Time	Service	Church
9.00 am	BCP HC	Escot (SWe)
10.30 am	Morning Worship	Feniton (LL)
10.30 am	Café	Payhembury (CE)
6.30 pm	Evening worship	Payhembury (LL)

THURSDAY 18TH JULY 7PM FENITON PRAYERS FOR THE PARISHES**SUNDAY 21ST JULY 8TH SUNDAY AFTER TRINITY**

Time	Service	Church
9.30 am	Parish Communion	Payhembury (CE)
10.00 am	Puppet Club	Feniton (DB)
11.00 am	Parish Communion	Feniton (CE)
6.00 pm	Evensong	Escot (JD/TP)

SUNDAY 28TH JULY 9TH SUNDAY AFTER TRINITY

Time	Service	Church
9.00 am	Parish HC	Escot (CE pr AS)
10.30 am	Morning Worship	Feniton (AH)
11.00 am	All ages service	Payhembury (CE)

SUNDAY 4TH AUGUST 10TH SUNDAY AFTER TRINITY

Time	Service	Church
9.00 am	Matins	Escot (TP)
11.00 am	Parish Communion	Feniton (TT)
11.00 am	Morning worship	Payhembury (AH)



FENITON AND PAYHEMBURY MOTHERS' UNION REPORT

Our meeting in June was held in Payhembury Parish Hall on the 19th with ten members present. Apologies were received from five members. Our Leader, Mary welcomed members and our Speaker, Mrs. Julia Beaman. Then followed an hymn and prayers, with special mention of our members receiving hospital

treatment at present. We wish them well again soon.

Notices were given and a brief report on the Quiet Day held at Feniton which 5 members attended. Our Speaker then gave a most interesting and inspiring talk on 'God's World - Our World' encouraging us to look around at the simple beauty which surrounds us, especially here in this lovely part of the country. We have every opportunity to appreciate God's blessings every day and be thankful for his creation. Four members gave bible readings and we all took part in final prayers committing ourselves in some simple way to turn the world around to be a fairer place for all; ever mindful of those in other countries where there is famine, drought and debt.

A heartfelt vote of thanks was given to our Speaker. Tea and biscuits followed and the meeting closed with a reminder that there are no meetings in July and August. On a beautiful sunny day everyone was wished a happy summer !

Marjorie Wright (Hon. Secretary)



szp0036 www.fotomarch.com

COFFEE MORNING

Very many thanks to Babs and Roger for hosting the coffee morning in May at their new address. It was so good to see such a splendid gathering both indoors and outside in their very pretty garden. We were lucky with the weather and thanks to their kind hospitality everyone enjoyed visiting them in their new abode.

The next Coffee Morning will be held on Wednesday 24th July by kind invitation of Sandra and Steve Ford at Honeypots' at the usual time of 11 a.m. where once again everyone can be assured of a warm welcome.

Thanks to our generous hosts all contributions from the Coffee Mornings go to Church funds, for which we wholeheartedly thank them, and those who support us throughout the year.

For more information about the Coffee Mornings, or if you would like a lift please give me a ring on 841828. We are always delighted to see new faces along with our loyal group so do come along for a friendly get-together.

Marjorie Wright

IMPORTANT NOTICE



There will be no **CUP OF TEA AND BINGO** in July.
This has been cancelled as so many of our regular
players will be on holiday

So make a note that our next get- together will be on
Wednesday 7th **August** 2013
In the Parish Hall from 2.15 p.m

Meanwhile – happy holiday and see you in August.
Louise and Joy



'POSH' AFTERNOON TEA



Come and join us for a
'Posh' Afternoon Tea
In aid of Payhembury Church
Sunday 7th July 3pm – 5pm
In Payhembury Village Hall

Cost £7.50
Entry by Ticket purchased in advance
Available from
01404 841409, 01404 841646
01404 841322, 01404 841842



Sit back, relax and treat yourself to a
glass of bubbly, delicious sand-
wiches, scones, cream,
strawberries and homemade cakes
together with as much
tea as you can drink.
A wonderful way to spend your
Sunday Afternoon





payhembury Pre-School

TREASURER ROLE

This is an important role that Roz has now been doing for 6 years and as Hattie leaves Pre-School this September Roz will be stepping down.

Would you be interested in taking on this role from her and joining the Pre-School committee in September?

We have a dedicated Payroll service and a good routine and paperwork in place.

Roz is always around to help, as are Gill, our Playleader and myself.

For more information about the role please do contact me.

Nicki 01404 841408



CLARET'S CORNER

by our postie Marty

The fixtures for the 2013-14 have been released, so roll on August 3rd when we kick off the new season at home to BOLTON WANDERERS. This season we have a couple of fixtures down here in the south, so I will be looking forward to going to YEOVIL TOWN and BOURNEMOUTH.

For a week last month my van was in dock for repairs, so I was given a white rental van to deliver your mail it was quite strange going through the village unnoticed. I had the pleasure of delivering a card from BUCKINGHAM PALACE to Ken and Ena Thompson of Markers Park, they have just celebrated 65 years of marriage. CONGRATULATIONS!! to KEN and ENA.

See you around the village and UP THE CLARETS! MARTY.

Did you know?

K&M BUTCHERS FROM OTTERY ST MARY now supply your local shop with a range of fresh meat from LOCAL farms.

Support your local community shop, local family butcher and local farmers all at the same time. Win, Win, Win !!



SAVE PETROL MONEY AND TIME

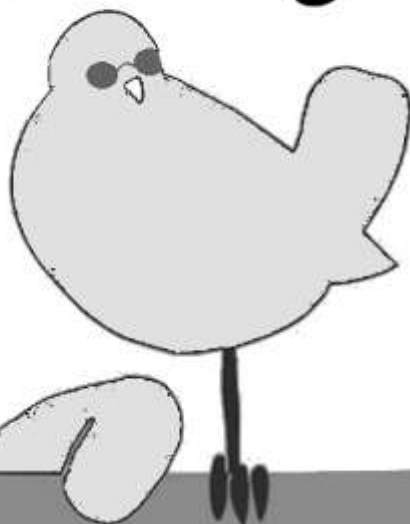
Have you considered ordering your weekly meat requirements from the shop? K&M deliver every Wednesday and will supply orders from their shop range of cuts and products.

AT THE SAME PRICE

Pop in to the shop or phone through your order Tel. 841 856

2013 Payhembury Party in the Park

Sat 13th July
4 - 10pm



Featuring:
Payhembury's
Got Talent

4-6 Payhembury's Got Talent

6-9 Picnic and Local Bands

9-10 Dancing to headline band

CROSS WIRED

With all with the usual facilities:

Beer tent, Yummy pudds, DIY BBQ,

Kids entertainments, etc.

6 HOURS & MIRTH & MUSIC

Adults £2.50
Children Free

Funds raised go to Payhembury Youth Club and FOPS
Children very welcome, supervised by adults. No glass on the playing field please

THE WEDNESDAY CLUB

After waking up to yet another rainy, overcast day our trip to The Quay at Exeter turned out well. Rain stopped, we had glimpses of the sun and we all enjoyed – each in their own way - a very pleasant afternoon. It is a good venue.

Our next meeting will be on

Wednesday 10th July 2013 at 18 Markers Park from 2.30 pm

This is at the kind invitation of Louise and Beryl who will be our hostesses at a get-together garden meeting.

Please let me know if you are able to join us (want to have some idea of how many cups and saucers to have ready!!) by ringing on 841357 – leaving a message on the answer phone if necessary. Also any member needing transport, please let me know.

All we need now is Summer – see you on the 10th – Joy Morgan



2013—AUGUST BANK HOLIDAY MONDAY

12.00noon – 4.00PM

PLYMTREE RECREATION GROUND (EX15 2LE)

Free parking & Entry

Local Crafts, BBQ, Hog Roast, Beer Tent, Teas, Horse Show, Dog Show, Flower & Produce Show, Classic Cars, Punch & Judy, Children's Games & other village stalls, Bouncy Castle, Grand Draw, Main Arena Events including Falconry Display, Eggathon....and more!



Every Second Wednesday

9.15am St Mary's Church Payhembury

Stories, craft, prayers & singing for
toddlers & their carers

For more information Becky@841825

GIRLS' NIGHT OUT

will be on Tuesday 16th July from
7.30pm.

We look forward to seeing "all"
ladies at the Six Bells for a jolly
evening.

Babs Leach



PAYHEMBURY TENNIS CLUB

Please make a note in your diaries... We will be holding

THE 3RD ANNUAL MIXED DOUBLES TOURNAMENT ON SUNDAY 14TH JULY AT 1.00 PM



Register to play between 12.30 and 1.00 pm.
Matches start at 1.00 pm

Bring the whole family along for games and equipment for the children, and enjoy the BBQ with a beer, Pimms and strawberries.

Now all we need is the weather, look forward to seeing you there.



To help raise funds to repair the bells at Talaton church, the Church of St James the Great, with the help of the Rock Centre from Chudleigh, is holding a

SPONSORED ABSEIL 20TH JULY FROM 11AM-5PM

A £5 Registration Fee is required by all those who wish to abseil and they must each raise £30 minimum in sponsorship. A special prize for the child or adult who raises the most money!

Those with special needs are encouraged to have a go and everyone is welcome from 8 years old or 88! Even if you don't wish to abseil, come along, have some refreshments and sponsor someone else.

Registration and Sponsorship Forms are available from The Talaton Village Shop, EX5 2RQ, where the participant will be allocated a Time Slot.

Last day for Registration—Sat 13th July.

CHURCHYARD CLEANUP



This will be on Saturday 20th July, from 10am to 12 noon. Please come along with strimmers or just yourself—there is always plenty to do!

A special thank you to Brian Salter and Jim Kimber, who have painted the church gates and hand rails—

they look splendid.

Thank you, Babs Leach





Payhembury Pre-School

learn, play, imagine, discover...

Join us for learning, fun and games
for 2½-5 year olds in a thriving rural
village!

Payhembury Parish Hall

Tuesday - Friday: 9am-12.45pm
(including optional lunch club)

For more information

Call Gill on 07907 584667
www.payhemburypre-school.co.uk



Apple Pips baby & toddler group

Welcomes parents, grandparents
& carers with babies & toddlers 0-3
for fun, play, arts, crafts,
refreshments & singing!

Payhembury Parish Hall

Monday mornings from 9am-11.30am
Come along & meet local families!

For more information

Call Hazel on 841465
www.payhemburypre-school.co.uk
(Click on Toddler Group)



**ON SATURDAY AND SUNDAY
MORNINGS WE BAKE ON THE PREMISES
CROISSANT, PAIN AU CHOCOLAT, PAIN
★ AU RAISIN, BAGUETTES
AND SOME GUEST BREADS**

**WEEKLY DELIVERY OF FRESH MEAT
& ORDERS TAKEN FOR ANY EVENT**

**POST OFFICE EVERY
MONDAY AFTERNOON**

**CASHBACK WITH
DEBIT CARD PAYMENTS**

**DRY CLEANING - REGULAR
MON, WED, FRI SERVICE**

OPEN SEVEN DAYS A WEEK ALL YEAR ROUND AND RUN BY YOU FOR YOU.
MONDAY TO FRIDAY 8:00AM - 7:00PM
SATURDAY 8:00AM TO 1:00PM
SUNDAY 8:00AM TO 12 NOON

Check our regular price comparison chart in the shop
to see how well we do against the 'big boys'

Telephone number for general enquires and orders is 01404 841856

*William Garvey, furniture designers & makers, of Upton, are delighted to
sponsor Payhembury Parish Paper*



PET ADVICE FROM THE VALE VETERINARY CENTRE

Obesity in pets

Pet Advice

60% of dogs in the UK and 20% of cats are overweight and obesity can lead to many health issues to your pet including arthritis, diabetes mellitus, heart disease and some cancers.

Get your vet to weigh your pet to help you improve your pets lifestyle and quality of life; also rule out other disease factors with your veterinary surgeon before starting your bet on a diet plan.

Why do pets become overweight?

- Inadequate exercise
- Feeding food ad lib (treats, human foods, extra food above daily allowance)
- Age – older pets have slower metabolisms
- Hormonal problems
- Breed disposition e.g. Labradors



Things to consider if you think your pet is overweight

- Body condition score – you should be able to just feel your pets ribs and **spine when you gently stroke them and they should have a 'slight waist'**
- Do you know how much food you are giving & is it correct?
- Treats – how many are you giving a day and are you reducing the food **to allow for this. Human scraps add calorific content to your pet's diet**
- Exercise – how long are you giving as structured exercise a day?

Tips for helping your pet lose weight

- Use the recommended food guide on the bag of food to feed your pet for its ideal weight and weigh the food to make sure it is correct
- **Don't feed human food** – one digestive biscuit is like us eating a burger
- Remember treats are extra to the daily diet so you need to allow for this, e.g. for every gravy bone biscuit you give reduce the food by 5 grams
- Hold back some of your pets daily allowance to use as a treat instead
- Dogs – when out on walks get them swimming or walking through long grass it helps burn more energy
- Cats – trickle feed them their food, use a treat ball instead of in a bowl or put some food at the top of the stairs to make them work for their food.

Remember veterinary nurses are there to help support you and your pets through all aspects of your pets needs. If you are unsure of the right type of diet, how much to feed or you are unsure of the correct weight of your pet, have a chat with your veterinary nurse.

PAYHEMBURY BULB SHOW

I know that March seems a long way off, but I thought I'd give you the heads up on the preserves category for the show next year.

- ♦ Jar of raspberry jam
- ♦ Jar of lemon curd
- ♦ Jar of strawberry jam
- ♦ Jar of orange marmalade
- ♦ Jar of any chutney



Let's hope we get a fruit filled hot summer...

DO YOU VALUE THE ROLE OF THE ARTS & DRAMA IN OUR LIVES?

Many of you are involved in drama and theatre in a range of contexts, either professionally or in your community as a voluntary activity. Those who have children at school may know that the Government has announced several initiatives to change the school curriculum, most of which involve a diminution of the Arts and perhaps complete removal of Drama. As someone who discovered Drama as a student and who has been working in it ever since (54 years) I am saddened and annoyed that this subject may die in schools. I believe that the weakening of art in education, including HE, will lead to a general slide in Drama's role in our culture and a narrowing of the kinds of Drama which are created. It is unlikely that everyone in the government will have experienced the kinds of Educational Drama which state schools use and only associate the subject with published scripts.

I have made a presentation which attempts to strengthen the case for Drama in schools and higher education. So far 160+ people have requested a copy and the response is very positive. It can be seen at: <http://humanities.exeter.ac.uk/drama/staff/jsomers/>

John Somers
Honorary Fellow, University of Exeter
Home: 01884 277390

Tale Valley Community Theatre: <http://www.tvctheatre.org/>
RIDE: the Journal of Applied Theatre and Performance:



News from Payhembury Youth Club

The children are enjoying the warm evenings out on the field at Youth Club and making good use of the new sporting equipment provided by LED Active Devon.

They were also treated to a magic show by Gavin James

www.gavinjamesmagic.vpweb.co.uk

Thanks to him for that.

We are now looking forward to Party in the Park (please see the poster in this issue). Needless to say all help gratefully received. If you could spare an hour of the evening to help man either the bbq, bar, entrance/raffle tickets, tuck stall, or bouncy castle please email payhemburyyouth-club@gmail.com with your preferred hour. Thank you.

See you on the 13th of July!



Rainfall: May experienced just below the average rainfall and June has started with a dry period reported in the table although recently more rain has fallen and is forecast.

Temperatures: Daytime temperatures have been warmer but the nighttime temperatures colder than average in both May and June.

Sunshine in 2013: The first three months of 2013 had about 20% less sunshine than 2012 making it a dull start to 2013. April at least was slightly brighter than in 2012.

Weather elsewhere: The main weather news in Europe was the severe flooding of the rivers in S. Germany where 250-400mm rain fell within 3 days in early June. The high water levels in the Danube are now starting to threaten areas further downstream. In India the rain has been more welcome as the drought has been relieved with the onset of the 2013 monsoon which has now started in earnest.

Payhembury Monthly Temperatures degC

May/June 13 (14 days)	1960-90 Climate	Measured Averages	Warmer or colder than average?
Max Temp	15.0/18.4	16.9/21.2	Warmer
Min Temp	6.8/9.8	5.9/9.4	Cooler
Mean Temp	11.1/14.1	11.4/15.3	Warmer
Temp Range	8.4/8.6	11.0/11.8	
Highest Max	27.0/32.5	23.4/23.3	5 May 13
Lowest Min	-1.5/1.5	1.6/5.5	17 May 13
Lowest Max	8.0/10	10.1/17.1	14 May 13
Highest Min	15.0/18.5	11.1/13	12 June 13
Payhembury Rainfall mm		Date of max	
May 13	62	54	14 May 13
Jun 13 (14 days)	26	5	11 June 13



Roger Saunders

Follow me on twitter at @sat_metman

The next Parish Council Meeting will be held on Wed 10th July
At 7.30pm in the Parish Hall
All welcome—first 15 minutes is a public session



Hi friends, we mice hope you have been able to enjoy **some of the sun, we have we've been sat up on the roof** of the church and when it gets too hot for us we go into the shade of the tower. Our Mum is always moaning at us to take care in the sun because even though we have fur our ears can get burnt so we have to use leaves as **hats, we don't have caps like many of the children have!**

It's OK by the tower until the bells ring and then we have to dash away with our ears covered or we get headaches. The last few weeks we have heard lots of bells as there have been 3 weddings, we enjoyed watching Susie and George get married and then there was Kayleigh and Graig and then another Kayleigh who married Darren. OH it was so exciting and everyone looks so happy. We mice like **a wedding, we love to hear the singing and see people's happy faces.**

We've seen lots of happy faces of the children coming into church for their School service, some of them are getting so big it's no wonder they will be going off to big school.

Parchina and I really enjoyed Play and Praise this month, there were so many children and they left so many biscuit crumbs it kept us busy eating them for ages and then we got tummy ache, Mum told us it was our own fault and we **shouldn't have been so greedy and kept some for later, but they were so yummy.** **We do hope next month there's lots as well, but at the moment we do have lots** of seeds and fruit to eat which really is better for us than biscuits (we mice also must have a healthy diet).

Well must finish now Parchina wants to play run up and down the drain pipe, see you soon, love Parchie.



An evening of horns and music on
Saturday 6 July at 7.00pm

in Escot Church in aid of church funds.

The Otter Valley Horn Ensemble
are giving an informal recital of light music
arranged for horns



Tickets £10 to include cheese, wine,
strawberries and cream available from
Eve & Keith Townson on 01404 812604 or
Judy Davis on 01404 812739.



"Festival Jazz"
Sunday 21st
July from
6 to 9.30pm

Don't miss this
 terrific event
 with

JOHN SHILLITO'S SELECT 6

From 7.30pm in the garden at
 the Tumbling Weir, Ottery St Mary

Music, drinks and hot snacks available
 — bring blankets etc to sit on

(In aid of OTTERY HELP SCHEME)



Welcoming international students HOST UK
 promotes international friendship and understanding by
 arranging for international students studying in the UK
 to spend time in a British home.

HOST is a national charity which links international students at universities and colleges in the UK with British residents who volunteer to invite students to their homes when a holiday is too short to travel home. Every invitation is a one-off—there is no ongoing commitment to the student unless that is something which both parties want and the invitation can be for a day, for a weekend or over Christmas (usually 3 nights).

We have had 2 Vietnamese boys and 2 Chinese girls to stay and found them hugely appreciative and very interesting to entertain. One of the boys took part in the pub Boxing Day football match and the girls were quite fascinated by our quiet country lanes and the pub!

Host are very short of people willing to volunteer and would love to have you contact them if you feel you could help. They will be particularly looking for more hosts later in the year when the new university term begins. Do have a look at their website for further information and give it some thought. <http://www.hostuk.org.uk>

Sue Derbyshire

INFORMATION PAGE

Non urgent police contact: 101 ****NOTE CHANGE OF NUMBER****

Honiton Hospital: 01404 540540

Your Parish Council:

Di Somers (01884 277390)

Robert Leach (01404 841409)

Mark Disney (01404 841353)

Keith Williams (01404 841772)

Clive Fowler (01404 841646)

Jon Scarle (01404 841466)

Clare Doble (01404 841758)

Sue Morris, Parish Clerk (01404 850094)

Meetings held 2nd Wed of alternate months (starting January)

7.30pm in the Parish Hall

Useful numbers at the County Council (all 0845):

General Enquiries 0845 155 1015

Roads & transport 155 1004

Libraries 155 1001

Disability information 155 1005

Children/families 155 1013

Registrars 155 1002

Emergencies: Social Care (0845 600 0388), Highways(01392 383329)

Animal welfare, petrol, explosives (01392 499499)

Useful numbers at the District Council (all 01395):

Switchboard 516551

Emergency (out of hours) 578237

Environmental health 517456

Dog/pest control 571517

Council tax/benefits 517446

Missed bins/recycling 571515

Car park fines 571643

Bus passes 571500

Planning matters 517475

County Councillor Paul Diviani – 0845 3285 788

District Councillor Philip Skinner – 01404 822855

PAYHEMBURY PARISH HALL HIRE AND CHARGES

PLEASE CONTACT LOUISE GRANGER FOR DETAILS 01404 841457

(before 6pm. please)

PAYHEMBURY PROVISIONS

OPENING HOURS AND CONTACT DETAILS

Monday—Friday 8.00am to 7.00pm

Saturday 8.00am to 1.00pm

Sunday 8.00am to 12.00pm

Tel: 01404 841856 or (info@payhemburyprovisions.co.uk)

Contact details for churchwardens in Escot or Feniton:

Feniton - David Lanning or Roger White (851441)

Escot - Judy Davis (812739) or Keith & Eve Townson (812604)

CALENDAR FOR JULY 2013

3 NO TEA AND BINGO IN JULY

- Sunday 7** Service Morning Worship, 11.00am
 7 Posh Afternoon Tea, Parish Hall 3pm
 10 Play and Praise, Church 9.15am
 10 Wednesday Club, 18 Markers Park 2.30pm
 10 Parish Council Meeting, Parish Hall 7.30pm
 13 Party in the Park, Parish Hall and outside, 4—10.00pm
- Sunday 14** Service Café, 10.30am, Evening Worship 6.30pm
 14 Tennis tournament—American Mixed Doubles from 1.00pm
 16 Girls' Night Out, Six Bells 7.30pm
 20 Churchyard Cleanup from 10.00am
 20 **PARISH PAPER DEADLINE, 4.00pm**
- Sunday 21** Service Parish Communion, 9.30am
 24 Coffee Morning, Honeypots 11.00am
- Sunday 28** Service All Ages service, 11.00am

Early Aug dates: 4th — Morning Worship 11.00am
 7th — Tea & Bingo Parish Hall 2.15pm

Church Flowers: July 6/13 Mrs J Cocker, 20/27 Mrs P Linsdell

REGULAR WEEKLY ACTIVITIES HELD IN THE PARISH HALL
--

Pre School Tuesday to Friday — see main advert for details

MONDAY Apple Pips 9.30—11.30am
 Youth Groups 5.30—8.45pm

TUESDAY Musical Moments 10.15—11.30am
 Pilates 7.00-8.00pm & 8.15-9.15pm

WEDNESDAY Pilates 9.15-10.15 & 10.30-11.15am, Men
 Short Mat Bowling 7.30—10.00pm

THURSDAY Pre-School Lunch Club 11.30—12.45pm

EDITOR: Sue Derbyshire 01404 841103

DEP EDITOR/ Kirsty Cann 01404 851421

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EMAIL ADDRESS: payhemburypaper@yahoo.co.uk