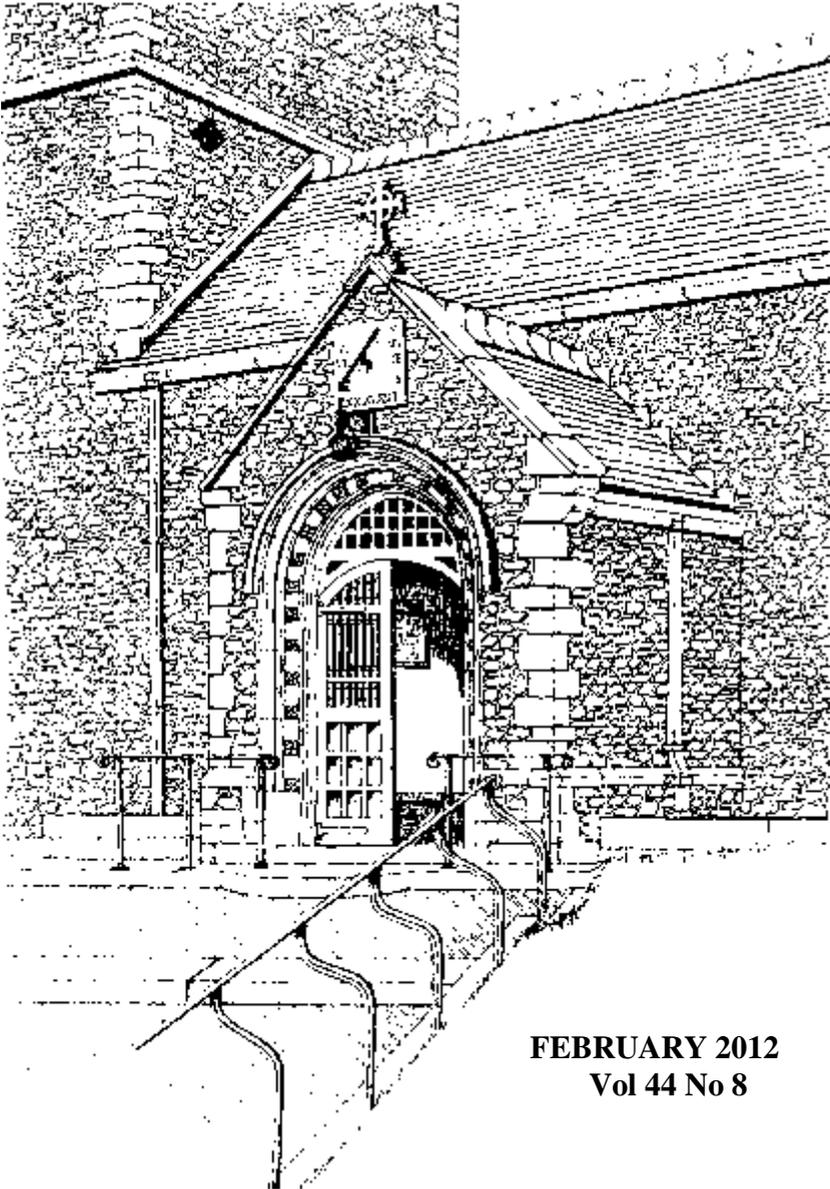


# THE PARISH PAPER

## St. Mary the Virgin, Payhembury



**FEBRUARY 2012**

**Vol 44 No 8**

**Team** Rev Cate Edmonds, The Rectory, Station Rd, Feniton

**Vicar:** (851401)

**Church:** Mrs Babs Leach, Slade Barton, Payhembury (841408)

**Wardens:** Mr Jim Kimber, 1 Barrow Road, Payhembury (841320)

**Sexton:** Mr Clive Jones, 11 Markers Park, Payhembury (841685)

## ST MARY'S PARISH CHURCH PAYHEMBURY

Dear Friends

I hope the New Year has started well for you. I must say the weather has not been our usual chilly days which is such a shame. My usual comments later in the Spring will not be new as so many of our plants are shooting through the ground already. Let's hope we don't get late frosts and kill them off. Sometimes it's good to kill things off particularly if they are unpleasant, just think of those weeds popping up through the gravel on driveways and patios! But there are other things that need killing off in some ways; that's rumours and gossip which can hurt people unintentionally.

I well remember playing games of Chinese whispers as a child and it was fascinating, if played with a large group of people, how the message could get distorted. I came across this definition of Chinese whispers the other day; "When a story is told from person to person, especially if it is gossip or scandal, it inevitably gets distorted and exaggerated. This process is called Chinese whispers." This got me thinking how easy it is



now with modern communication to get misunderstood. How many times might we respond just a little too quickly to an irritating email or text and then it's received in the wrong way and things are made worse?

Sometimes we need to just pause and reflect. I suppose it's because we live in such an instant time, where we get instant reactions to most things. (Gosh I get so cross when my computer is running slowly!) But particularly when we are not pleased with something it is good to pause for a moment and see all sides of a situation. Certainly reacting too quickly, particularly if the reaction is then passed on, can cause so much hurt and misunderstanding. I think Jesus must have had to do a lot of pausing before he reacted to comments from people and there certainly were many Chinese whispers about what he was doing when his intentions had only been for the good. So perhaps we should all pause before we react and try not to indulge in too many whispers Chinese or otherwise.

Every blessing, *Rev Cate*

**PARISHES OF FENITON, ESCOT, PAYHEMBURY  
CHURCH SERVICES IN FEBRUARY 2012**

**SUNDAY 5<sup>th</sup> FEBRUARY 3 BEFORE LENT**

<b>Time</b>	<b>Service</b>	<b>Church</b>
9.00 am	Matins	Escot (JD)
10.00 am	Storytime	Feniton (CE)
10.30 am	All Ages HC	Feniton (CE)
6.00 pm	Worship & Praise	Feniton (CE)
11.00 am	Morning Worship	Payhembury (AH)

**SUNDAY 12<sup>th</sup> FEBRUARY 2 BEFORE LENT**

<b>Time</b>	<b>Service</b>	<b>Church</b>
8.00 am	BCP HC	Escot (CE)
10.30 am	Cafe	Payhembury (DB)
6.00 pm	Evening worship	Feniton (CE)

**SUNDAY 19<sup>th</sup> FEBRUARY NEXT BEFORE LENT**

<b>Time</b>	<b>Service</b>	<b>Church</b>
9.30 am	Parish Communion	Payhembury (CE)
10.00 am	Sunday Club	Feniton (DB)
11.00 am	Holy Communion	Feniton (CE)
4.00 pm	Evensong	Escot (AH)

**WEDNESDAY 22<sup>ND</sup> FEBRUARY 7.00 pm ESCOT ASHING SERVICE**

**SUNDAY 26<sup>th</sup> FEBRUARY LENT 1**

<b>Time</b>	<b>Service</b>	<b>Church</b>
9.00 am	Parish Communion	Escot (CE)
11.00 am	All ages worship	Payhembury (CE)
6.00 pm	Evening worship	Feniton (CE)

**SUNDAY 4<sup>th</sup> MARCH LENT 2**

<b>Time</b>	<b>Service</b>	<b>Church</b>
9.00 am	Matins	Escot (GG)
10.00 am	Storytime	Feniton (CE)
10.30am	All Ages HC	Feniton (CE)
11.00 am	Morning Worship	Payhembury

## THE WEDNESDAY CLUB

We all enjoyed our Christmas get together and we were pleased to welcome some of our new friends.

Last month we talked about, and sort of agreed upon, a programme for the year. (Will now get cracking and organise it!!) Should be good so hope for your support.

Our next month's meeting will be on

**Wednesday 8<sup>th</sup> February 2012**

and by popular request will be a lunch meeting

**at 12.30 for 1p.m.**

**at The Otter Inn, Weston**

A special Senior lunch has been arranged for us and must be pre-booked. Menus will be circulated to members and friends who usually support us. Anyone else wishing to join us please ring me on 841 357. I must have definite numbers by the 2<sup>nd</sup> February.

The cost for the meal, coach both ways and gratuities is £9.00 per person payable on the day.

The coach will leave Markers Park at 12.10 p.m. – pick up at Hillside and The Steps and then the Village Green leaving at 12.20 p.m. sharp.

Look forward to seeing members and friends on the 8<sup>th</sup>.

Joy Morgan

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### The Tea & Cakes



There will be no Tea and Cakes in February  
—see you again in March

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### **COFFEE MORNING**

The next Coffee Morning will be on Wednesday, 29th February at the usual time of 11 a.m. when Alan and I shall be delighted to welcome you to our house, 'biricha' - the third house up from Polly Brook. All proceeds from the coffee mornings go to Church funds.



If you would like more information about our monthly get-together, or would like a lift please give me a ring on 841828.

Marjorie Wright

## MOTHERS' UNION REPORT

With 12 members present from Feniton and Payhembury the meeting on Wednesday 18th January opened with a hymn and prayers led by Mary Eveleigh, and a warm welcome and good wishes were shared as this meeting was to be the first of what we hope will be many happy occasions now that we have joined forces.



Payhembury's A.G.M. followed with a Report from Leader, Mary Eveleigh, who thanked the Committee for their endeavours over the past year and also thanked Alan for preparing the room each time for our meetings. Ruby Spurway and Phyllis Daniel were also thanked for their help in the kitchen. The Secretary gave a resume of the last year's activities followed by a report by the Treasurer.

Feniton's A.G.M. was conducted by their Leader, Mrs. Paula Beabey with recognition of their Committee's hard work. This was followed by the Secretary's Report of the year's activities and the Treasurer's detailed report was explained.

Now that we have officially merged, with the blessing of our Diocesan President, our Leader will be Mrs. Paula Beabey, with Mary Eveleigh as Deputy: Secretary, Mrs. Marjorie Wright and Treasurer Mrs. Judy Davis with Mrs. Verberna Evans as Assistant. Mrs. Barbara Metcalfe Programme Secretary with Marjorie as Assistant. Mrs. Anne Gilbert is on the Committee. Meetings will normally be held at alternate venues, always at 2.15p.m. Programmes for the ensuing year were distributed to all members.

After Paula had given notices to the group we settled down to watch the DVD about the Melanesian Brotherhood, which proved to be a most interesting history of Bishop John Coleridge Patteson's mission to the Solomon Islands, and reminded us of the special link the Mothers' Union here has with Melanesia, bringing back many happy memories of the time the Brothers and Sisters spent with us in 2005.

Refreshments followed and members were reminded of our next meeting, which will be held in Feniton Church at 2.15 p.m. on Monday, 13th February when Miss Anita Lockwood will be giving a talk on Teaching midwifery in Pakistan.

Marjorie Wright (Hon. Secretary)

## Payhembury Parish Council

Minutes of Parish Council Meeting held on Wednesday 11<sup>th</sup> January 2012  
(subject to approval)

Public session:The PC was asked to look into the possibility of re-instating a bus service to Taunton and agreed to investigate to see if there is a wider demand for this. A letter was received from the editor of the Parish Paper with a request for a grant of £250. The Parish Paper has been suffering from an increase in production costs but is keen to keep the paper free to all readers, so the PC felt that as the Parish Paper is crucial to spreading information and maintaining community cohesion, that they would offer a grant of £300, which equates to approximately £1 per household. This was felt to be a good use of PC funds.

District Councillor Skinner reported that the EDDC is still under pressure to make savings, which could lead to staff cuts and sharing of services with other councils. Also and as their biggest expenditure is on staffing this is bound to be an area that will be targeted to make savings. Other cost cutting measures will probably include sharing services with other councils and putting the management of some services out to private companies, which is already the case with refuse collection and leisure centre management for example.

Matters arising: Further to the S106 funding for resurfacing the tennis court, work will proceed as soon as the legal agreement between PC and EDDC has been completed. Clerk to contact Adrian LePage and the EDDC to discuss improvements to the Playing Field. No further progress on the £7,000 available for play facilities until new chairman to the PFA has been contacted.

A complaint has been registered by the EDDC to the CC who is responsible for maintaining the stream. The PC will also be inviting tenders to maintain the village green and Waterloo Plot.

Budget planning: The precept is to increase from £4,000 to £4,300 to account for the increase in grant to the Parish Paper, anticipated costs of maintenance to the cherry tree in the village green and the funds to improve the entrance to the playing field. Also cutting the grass on the green & maintenance of the Waterloo Plot might also incur a greater cost.

Christmas lights: It was noted that some villagers were disappointed at the lack of lights in the cherry tree this year. The council agreed to purchase its own lights for future use and Cllr Long agreed to take responsibility for arranging the Christmas lights for next year.

Maintenance issues: The Cherry tree contains a lot of dead wood, so tree surgeon to be contacted for advice and any action. The large community notice board next to the PC board is thought to be beyond repair, PC agreed to source a replacement.

Planning: The PC noted its disappointment at being seemingly ignored by the planning department at EDDC, as it had objected to certain planning applications but approval had been given without any discussion with the PC. Cllr Skinner emphasised that if there is an issue with which the PC is particularly concerned then it should contact him because he can challenge the planners directly. He also requested that a representative of the PC attend the Development **Management Committee meeting to strengthen the PC's objection to the Tale House Farm application.**

(ctd)

Appn No	Property	Details	Decision
11/2171/VAR	Tale House Farm	Amendment to granted permission	Pending
11/2382/FUL	Little Fort	Construction of storage barn	Approved
11/2468/FUL	lanthe	Retention of oil tank	App + cons

Finances: Bank Balance as at 30 November 2011 was £2,705.11 (£12.38 and £17.00 un-presented cheques).

The next Parish Council meeting will take place in the Parish Hall on Wednesday 14<sup>th</sup> March 2012 at 7.30pm. The Annual Parish Meeting will be on Wednesday 21<sup>st</sup> March.

Parish Clerk, Penny Wilkinson  
01404 841899

## **PAYHEMBURY SPRING BULB AND FLOWER SHOW**

What strange weather we have – the poor plants in the garden have no idea what they should be doing! However, trust the bulbs you tucked away in the dark are now in the light, greening up and getting ready to burst forth in bloom by

### **Saturday 17<sup>th</sup> March 2012—our 49<sup>th</sup> open show**

sadly some of my bulbs have succumbed to the mice – just hope it isn't Parchina and her family out on a country for-age!!



Only a few weeks away from The Day – have you picked up your schedule? There are some still available (free!) from Di, Louise, Jane and Payhembury Provisions. Last year we had 493 entries – come on what about that other 7? We'd love to get over 500 and make it a record.



With 56 classes there must be something you would like to enter? If not, how about telling us what class you would like to see in the Schedule – we'd welcome some new ideas.

Meanwhile this year's show is only a few weeks away so please start thinking about your entries and, don't forget, this is an Open show so any of your friends or family from far and wide can enter, you don't have to be a parishioner

Keep busy, keep warm and please think about 17<sup>th</sup> March.

Joy Morgan

### **THANKS**

**The Parish Paper committee would like to send a huge thank you to the Parish Council for its most generous support. If people continue to pay a small contribution when they pick up a copy, or maybe an annual sum at their discretion, then we feel the financial situation of the paper is much more secure.**

**Many thanks to all who help to keep the Parish Paper going!**



*Nature Notes*  
*Observations from January*

Hello again, and a Happy New Year to you all!

Hasn't the weather been mild this Winter? I've never known such balmy Winter's days. Some of the Summer plants are still flowering, and the Spring flowers are well on. I saw daffodils in bud, at Yellingham, on December 30th! The other day, there were primroses in flower along the lane past Yarrow park. The snow-drops up towards Uggaton are appearing. Amazing!

Leonard tells me we have a resident peregrine falcon around his wood yard. He has seen the grisly evidence of several pigeon kills. We also have a rare visitor in the fields---a cattle egret. I wonder if this is the same bird which was about last Winter. Cattle egrets differ from the more common little egrets in that they are not as elegant, and they have yellow legs and beak, whereas the little egret has black legs and beak, and is taller.



David Curran has received some pretty visitors to his garden, in the shapes of a pair of bullfinches. These lovely birds are much less common than when I was a boy. I see one occasionally, but that's about it.

A group of us enjoyed a boat trip on the Exe estuary the other day. We were very lucky with the weather.

The highlight was a wonderful display by a hundred or so avocets, which all took off simultaneously and wheeled about in the sun before our very eyes. We also saw lots of other birds, including Brent geese, godwits, mergansers and many other species. Again, I recommend this trip to anyone who is interested in birds and nature. Those who are more interested in hot chocolate and brandy are also catered for! We went with Stuart Lines, but the RSPB also run a boat trip.



*Alan Jones*





## Freshly Baked Bread at Payhembury Provisions

*We are pleased to announce the installation of our 'Bake Off' bread oven which means you can now enjoy delicious, warm, treats at the weekends.*

BAGUETTES, CROISSANTS, PAIN Au CHOCOLAT

Avail able Saturday and Sunday in Your Community Shop

Fresh and frozen bread also available to order at the weekends

**DON'T FORGET PANCAKE DAY – 21<sup>st</sup> FEB**

Buy your flour, eggs and lemons in store NOW!

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## **PAYHEMBURY C of E PRIMARY SCHOOL NEWS**

It has been a very quiet start back into the spring term at school, especially after the very busy autumn term and unfortunately there is not too much to report. We are however very pleased to welcome a new local family into our school who have started in Willow Class.

In January Oak class took part in a Netball tournament at The Kings School. These events are very useful as the children obviously get to take part in the sports and use **King's facilities but they also mix with children from the other schools in our learning community**, this will eventually be the children they join Kings with.

### Future Dates:

13 <sup>th</sup> -17 <sup>th</sup> February	- Half Term Week
20 <sup>th</sup> February	- Back to School
5 <sup>th</sup> & 8 <sup>th</sup> March	- Parents Evenings
30 <sup>th</sup> March	- Last day of Term

The school is always at church on Thursday mornings (9.15am) so anyone is welcome to come along and join us.

We would also welcome any volunteers who might like to help in school. We are always very grateful for any assistance.



# Payhembury Pre-School

learn, play, imagine, discover...

Join us for learning, fun and games for  
3-5 year olds in a thriving rural village!

## Payhembury Parish Hall

Monday: 9.00 – 11.30am

Tuesday, Wednesday, Thursday

& Friday: 9.00 – 11.30am

(followed by optional lunch club until 12.30)

Tuesday afternoon session: 12.45-3.15pm

## For more information

Call Gill on 07907 584667

[www.payhemburypre-school.co.uk](http://www.payhemburypre-school.co.uk)



# Apple Pips baby & toddler group

Welcomes parents, grandparents  
& carers with babies & toddlers 0-3  
for fun, play, arts, crafts,  
refreshments & singing!

## Payhembury Parish Hall

Monday mornings from 9.30-11.30am

Come along & meet local families!

## For more information

Call Hazel on 841465

[www.payhemburypre-school.co.uk](http://www.payhemburypre-school.co.uk)

(Click on Toddler Group)



## **CLARET'S CORNER**

*by our postie Marty*

Quite a good period with wins against DONCASTER ROVERS 3-0, HULL CITY 1-0, we then went to LEEDS UTD only to be reduced to ten men early on (very dubious decision) and lost to 1-2 to a goal in the last minute of injury time in a game we should have won. It was then away to NORWICH CITY in the FA CUP where we were beaten 4-1 (we are concentrating on the league), then a great result at MIDDLESBOROUGH winning 2-0. I then went to TURF MOOR to see us play DERBY COUNTY on a cold and very windy Lancashire day, and come all the way home after a 0-0 draw. It looks like the village is returning to normal after the Christmas period, with the children back at school, and people back to work. see you around the village and UP THE CLARETS ! MARTY.

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## **A LITTLE JOKE .....**

What do you call an underground train full of professors? A tube of smarties.



Hi folks, some people ask me what we mice do in the winter. Well this winter has been nasty for us mice. It's been so wet, our little feet have got soggy. We can't find wellies small enough for us. If anyone can find some we'd be really pleased. Well with this nasty weather we've taken up a new hobby. We've started painting.

Well it all began with a few coloured pencils and felt-tips that were left on the children's table at the front of church. We'd seen the children having fun drawing and colouring during the services, so we thought we'd have a go when no one was looking. Well Parchina and I got rather good so we managed to search around the village and find some odds and ends of paint and have been painting ourselves. We like a few nice pictures to decorate our nests. So if you see some very tiny paintings they could well have been done by us!

We so enjoy our artwork but have to scurry away when there is Play and Praise, though we love the crumbs left after everyone has gone. I do wish the school children would bring in bickies that would be great each week.

**But we mustn't grumble, I know that some people say that they are poor** as a church mouse, because some church mice have no food at all, but **we are lucky in our church as there's so much going on that we do find** plenty to eat.

This month we have had a baptism and it was good **to see EllaWitt's family joining us for our All Ages** Service and then we had our Christingle with lots of sweeties and yummy food afterwards. Oh but that celebrated the end of the Christmas season and the Nativity was put away for another year, what a shame, I love running through the straw.



**I suppose Easter will be round the corner and then we'll get some great** goodies again with lots of eggs to celebrate new life.

Well that gives me an idea for a picture I think I might try my paw at **painting some Easter scenes, I'll see if Parchina will help. So keep your eyes open for little paintings you never know what you will find! I'll see you soon even if you don't see me. Love and Parchie and family.**

***William Garvey, furniture designers & makers, of Upton, are delighted to sponsor Payhembury Parish Paper***

PAYHEMBURY YOUTH CLUB  
NEW COMMITTEE MEMBERS NEEDED

Regrettably we have had to close the Senior Session at Youth Club as we have not had any responses to our call for new committee members or volunteers.



Unfortunately if we cannot get new volunteers/committee members to help with the Junior Youth Club, we will have to close it in the next few months.

We are holding a meeting in the SIX BELLS ON 15<sup>TH</sup> FEBRUARY AT 7.30PM, to look at ways of keeping the Youth Club going. If anyone is interested in getting involved please come along. **Alternatively if you would like to get involved with the village's Youth Club please contact me via this website.**

**You won't have give up a lot of your time, just a couple of hours on a Monday night and the occasional committee duties, however you will ensure that the Village's Youth Club remains viable.**

Many Thanks  
Dave Goodman



Animation and Disability - Thelma Hulbert Gallery Honiton  
21 January - 3 March 2012

As part of **2012's Animated Exeter festival** this Thelma Hulbert Gallery exhibition explores Animation and Disability, showcasing the work of disabled animators, along-

side animations highlighting disability. (Right, Brian The Bull Terrier © Aardman Animations)



Featuring an enlightening selection of animations including Creature Dis-comforts by Aardman Animations, the Oscar winning creators of Wallace and Gromit, Motion Disabled and All for Claire by Simon Mckeown, DaDafest International Artist of the Year 2010 - 2011, and the award winning A is for Autism by Tim Webb.

Open: 10am - 5pm Tues-Sat , Admission FREE

**GRASS CUTTING AND GENERAL MAINTENANCE**

**Tenders are invited from any party interested in cutting the grass triangle in front of the Six Bells pub and cutting/maintaining the Waterloo Plot next to the bridge and telephone box.**

**Please send tenders to the Clerk or contact her with any enquiries:**

**Penny Wilkinson**

**Tel: 01404841899**

**Email: [payhemburypc@googlemail.com](mailto:payhemburypc@googlemail.com)**

## The Leyhill Play

Thanks to the IT skills of Graham Smith, TVCT now has a new homepage at <http://www.tvctheatre.org/> giving details of the next production. Please have a look and try to make the launch meeting in **Payhembury Parish Hall at 7.30pm on Friday 3rd February**

If you know of other people who might like to be involved, please bring them along.

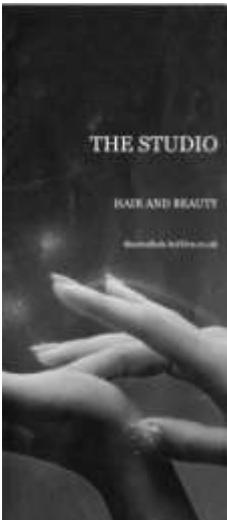
It is very unusual to find this kind of experience in rural Devon so do try to support the initiative. The time needed to take part – rehearsals etc – is not so acute with this project as each of the seven scenes only last for around 8 minutes so rehearsals will be short and sweet. We need people of all ages.

I am still hoping that some of you will want to direct a short scene – either as a way to learn or as a means of re-establishing skills long dormant. Given that the scenes span the period from the 14th C to the present, we need enthusiasts to hunt down the right costumes and props. I am off to work in Turkey next week and, on past experience, will find hugely enthusiastic participants. Let's see if we can make a similar buzz on the 3rd!

I am happy to answer any questions you may have about this project or things we might do in the future.

Oh! ..... and does anyone fancy being **publicity officer** for this one?  
Best wishes

John Somers  
Home: 01884 277390



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### THE STUDIO HAIR & BEAUTY FEBRUARY SPECIAL!

\*\*\*Bring this Parish Paper with you to get 10% off at your first visit in February\*\*\*

This is not just a hairdressing salon—there are so many things on offer: Facials, massage, spray tan, hands and feet treatments, waxing, tinting and more.

Drop in to see and maybe use this special offer for February.

Open Mon—Sat  
(above Payhembury Provisions)  
Tel: 01404 841499

The website has been updated with a new look where these articles are now archived.

**Rainfall:** December 2011 and so far in January 2012 it has been drier than average but no significant snow to date. For 2011 as a whole there was only 75% of the average rainfall in Payhembury which was very similar to 2010 and the driest year I have recorded since I started in 2008. Over parts of the Midlands however there was less than 65% of the annual rainfall.

**Temperatures:** Both December and the first 2 weeks of January have been unseasonably warm with January 3°C above average. The 2011 overall mean temperature was 1.6°C above average which is the warmest annual mean in Payhembury since my records began in 2007. Unfortunately the warm temperatures were not in the summer months when there were below average temperatures. The sunshine was slightly higher than average for Devon in 2011 but those of us with solar cells will be hoping for more in 2012!

**Weather elsewhere:** Two intense storms passed over the British Isles in late December and the first week of January. Scotland suffered most but the second storm caused disruption in the south also with some fences down in the village. It sounds as if Northern Japan is getting the snow this winter.

**Payhembury Monthly Temperatures degC**

Dec 11/Jan 12	1960-90 Climate	Measured Averages	Warmer or colder than average?
Max Temp	8.5/7.6	9.6/10.6	Warmer
Min Temp	2.7/2.1	3.6/4.8	Warmer
Mean Temp	5.6/4.9	6.6/7.7	Warmer
Temp Range	5.8/5.5	5.9/5.8	
Highest Max	15.5/14.0	12.2/13.0	10 Jan 12
Lowest Min	-9/-13	-2/-0.5	13 Jan 12
Lowest Max	-2.5/-6	5.8/7.9	16 Dec 11
Highest Min	12.5/11	9.5/8.8	31 Dec 11
<b>Payhembury</b>		<b>Rainfall mm</b>	<b>Date of max</b>
Dec 11	100.0	83.0	12 Dec 11
Jan 12 (2 weeks)	47.0	28.2	3 Jan 12

Roger Saunders

Follow me on twitter at @sat\_metman

## DEVON COMMUNITY DIRECTORY

For all sorts of information you can now look at this directory on-line:

<http://www.directory.devon.gov.uk>



It includes a range of services, information and activities, from yoga to libraries. There are also links to organisations such as Active Devon for sports activities and the Devon Family Information Directory which provides information on childcare and other services for children, young people and parents.



Saturday 21st April

Come and enjoy canapés and bubbly, a delicious 2-course dinner followed by tea and coffee, dancing and live music from 'Sonest John' at **Payhembury's Masked Ball!** Set in a beautiful, decorated marquee behind Slade Barton, Payhembury welcomes you to an evening of decadence

**drama and delight...**

Reception 7.30pm ~ Carriages 1am

Tickets - £35 per person (Tables of 10)

Info - Nicki 01404 841409

Dress – Black Tie & Mask (plus most elaborate mask competition)

Profits to Friends Of Payhembury School

### EXPERT PATIENT PROGRAMME (EPP)

A new 6 week course will be launched on Thurs 16 Feb at the Heathfield Inn, Walnut Road, Honiton (2 - 4.30pm) offering free support from trained tutors to those living with long-term conditions such as diabetes, asthma, MS & arthritis. The tutors themselves have experience of living with health conditions and help people develop the confidence and knowledge to improve physical capability and achieve more pleasure from life.

The programme includes relaxation techniques, dealing with tiredness and feelings of anger and depression, and planning for the future and research shows the benefits of attendance can lead to better symptom control, fewer visits to hospital and an increase in quality of life.

NHS Devon also runs *Looking after Me* courses for carers who look after a person with a long term condition.

Anyone who would like to attend any of these courses should call free on 0800 073 0792 or email [d-pc.EPP@nhs.net](mailto:d-pc.EPP@nhs.net)



Fat Pancakes (or drop scones)  
(Shrove Tuesday 21<sup>st</sup> February)

These are a sweet treat and easy to make, they also freeze so I always make lots.

175g (6oz) self-raising flour  
1 tsp baking powder  
40g (1½ oz) caster sugar  
1 egg  
About 100ml (7 fl oz) milk  
1 tbsp syrup  
Little oil

Mix the flour, baking powder and sugar in a bowl. Add the egg and half the milk and mix into a **batter**. **Add the remaining milk until the batter is the consistency of thick cream (you don't want it to run away)!**

Fry them in a tiny dot of oil for about 3 minutes remembering to turn half way. These are lovely on their own but the children love them with butter and jam, a sort of Scottish cream tea!

## How was your Christmas Turkey?

Payhembury Provisions sold almost 40 Christmas birds over the Festive Period and customers have been unanimous in their praise for the quality and tastiness of the meat. **One customer's father, a retired turkey producer himself, admitted it was a perfect** Christmas dinner!! Nearly 30 Christmas trees were sold and positive praise has also been lavished on their quality and price. Your shop is gaining a reputation for stocking a great range of well priced quality produce; the envy of many other community shops.

Your support is vital for the sustainability of your shop

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### **Quiz Night – Friday 24<sup>th</sup> February 2012**

**At: Payhembury Parish Hall**  
**Time: 7.30pm**  
**Cost: £5.00 per head – tickets sold on the door**



By popular demand – another Quiz Night, run by Jim Watts. Light refreshments will be served at half time – but there will be no bar, so please bring any alcoholic drinks and glasses with you.

All are welcome, but if possible, please let us know in advance if you are coming, so we can determine the amount of food required and the number of quiz sheets to prepare. People will play as teams, so if you can bring a whole team (roughly 6), so much the better.

There will be a raffle and all the proceeds of the evening will be given to the Ottery Help Scheme. Do come along – it should be great fun!

Any queries / bookings:

Lesley Elford 01404 850356 or Di Somers 01884 277390

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### **FRESH FISH IN PAYHEMBURY**

We have a fishmonger visiting the village every Wednesday. I have had some fantastic haddock, hake and halibut from him. He parks his white van between the shop and the green 12.15 - 12.30pm.

If you are not around to visit him there is a list of fish he supplies in the shop. Leave your order in the diary on the counter at the shop ( written on the relevant Wednesday date) with a 1st, 2nd, and 3rd choice of fish - availability can depend on the weather. Your fish MUST be collected that day; the shop is open until 7pm.



Anne Baxter

*INFORMATION PAGE*

Non urgent police contact: 101    \*\*NOTE CHANGE OF NUMBER\*\*

Honiton Hospital: 01404 540540

Your Parish Council:

Di Somers (01884 277390)

Robert Leach (01404 841409)

Pete Long (01404 841638)

Emma Hewerdine (01404 841240)

Clive Fowler (01404 841646)

Jon Scarle (01404 841466)

Keith Williams (01404 841772)

Parish Clerk (01404 841899)

*Meetings held 2<sup>nd</sup> Wed of alternate months (starting January)*

*7.30pm in the Parish Hall*

Useful numbers at the County Council (all 0845):

General Enquiries    0845 155 1015

Roads & transport    155 1004

Libraries    155 1001

Disability information    155 1005

Children/families    155 1013

Registrars    155 1002

Emergencies:    Social Care (0845 600 0388), Highways( 01395 383329 )

Animal welfare, petrol, explosives (01392 499499)

Useful numbers at the District Council (all 01395):

Switchboard    516551

Emergency (out of hours) 578237

Environmental health    517456

Dog/pest control    571517

Council tax/benefits    517446

Missed bins/recycling    571515

Car park fines    571643

Bus passes    571500

Planning matters    517475

County Councillor Paul Diviani – 0845 3285 788

District Councillor Philip Skinner – 01404 822855

**PAYHEMBURY PARISH HALL HIRE AND CHARGES**

**PLEASE CONTACT LOUISE GRANGER FOR DETAILS 01404 841457  
(before 6pm. please)**

PAYHEMBURY PROVISIONS

OPENING HOURS AND CONTACT DETAILS

Monday—Friday 8.00am to 7.00pm

Saturday 8.00am to 1.00pm

Sunday 8.00am to 12.00pm

Tel: 01404 841856 or ([info@payhemburyprovisions.co.uk](mailto:info@payhemburyprovisions.co.uk))

Manager James Carpenter

*Contact details for churchwardens in Escot or Feniton:*

**Feniton** - David Lanning or Roger White (851441)

**Escot** - Judy Davis (812739) or Keith & Eve Townson (812604)

## CALENDAR FOR FEBRUARY 2012

**Sunday 5** Service Morning Worship 11.00am

8 Wednesday Club, 12.10pm from Green for lunch at Otter Inn

**Sunday 12** Service Café, Parish Hall 10.30am

13 Mothers' Union, 2.15pm at Feniton Church

**13-17** Half Term

**15** DON'T MISS meeting at Six Bells, 7.30pm about future of Youth Club

**Sunday 19** Service Parish Communion 9.30am

Wed 22 Ashing Service, Escot 7.30pm

24 Quiz Night, Parish Hall 7.30pm

**Sunday 26** Service All Ages Worship 11.00am

29 Coffee Morning, "Biricha" 11.00am

### Early Mar dates:

**Sunday 4** Service Morning Worship 11.00am

*Flowers for Feb* Feb 4th & 11th—Mrs M Parker  
Feb 28th—Mrs L Granger

**LENT—NO FLOWERS**

<b>REGULAR WEEKLY ACTIVITIES HELD IN THE PARISH HALL</b>
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<b>Payhembury Pre-School</b>	Monday—Friday Tues, Wed, Thurs, Fri Tuesday	9.30-11.30am (check for room) Optional lunch until 12.30pm 12.45—3.15pm
<b>MONDAY</b>	Apple Pips Youth Groups	93.0—11.30am 5.30—8.45pm
<b>TUESDAY</b>	Musical Moments Pre-School Lunch Club	10.15—11.30am 11.30—12.30pm
<b>WEDNESDAY</b>	Short Mat Bowling	7.30—10.00pm
<b>THURSDAY</b>	Pilates Pre-School Lunch Club Pilates	9.30-10.30am 11.30—12.30pm 7.00-8.00pm & 8.15-9.15pm
<b>EDITOR:</b>	Sue Derbyshire	01404 841103
<b>DEP EDITOR/ ADVERTISING:</b>	Emma Hewerdine	01404 841240
<b>EMAIL ADDRESS:</b>	<a href="mailto:payhemburypaper@yahoo.co.uk">payhemburypaper@yahoo.co.uk</a>	