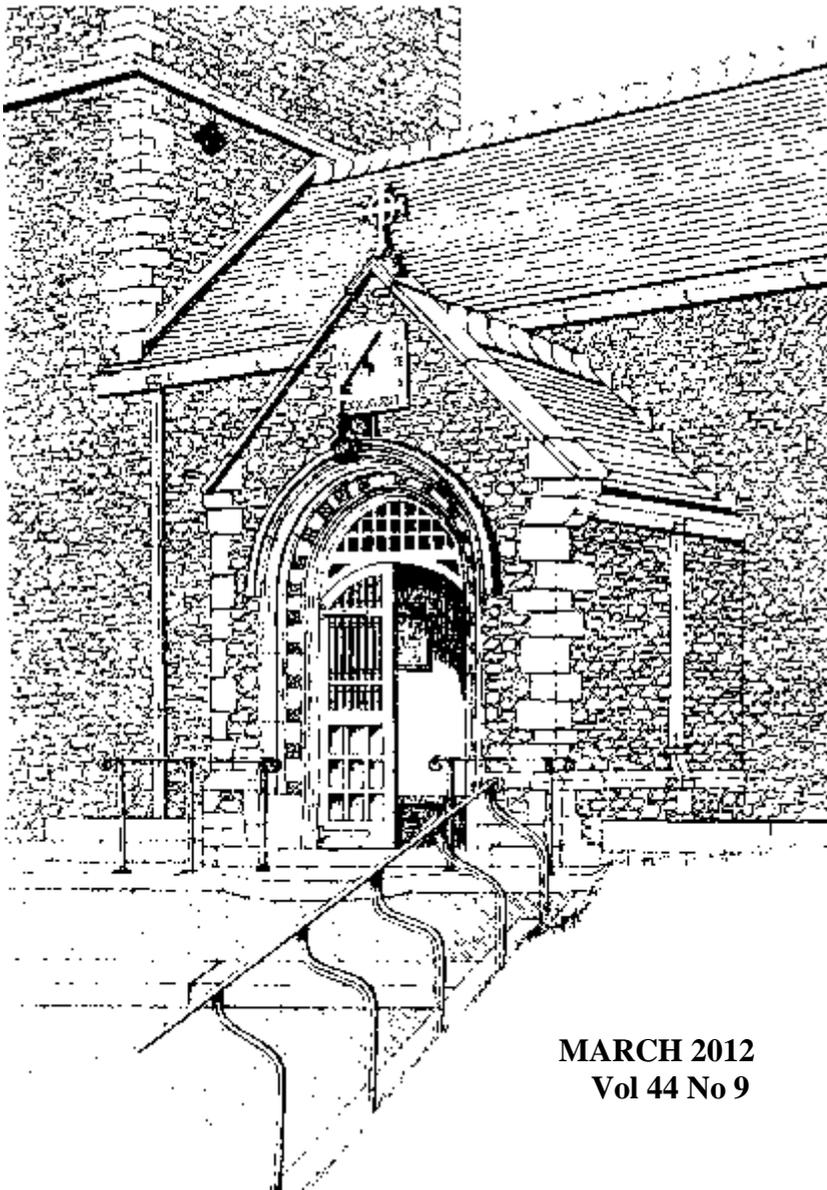


THE PARISH PAPER

St. Mary the Virgin, Payhembury



MARCH 2012

Vol 44 No 9

Team Rev Cate Edmonds, The Rectory, Station Rd, Feniton

Vicar: (851401)

Church: Mrs Babs Leach, Slade Barton, Payhembury (841408)

Wardens: Mr Jim Kimber, 1 Barrow Road, Payhembury (841320)

Sexton: Mr Clive Jones, 11 Markers Park, Payhembury (841685)

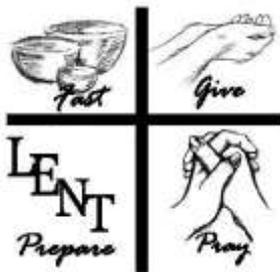
ST MARY'S PARISH CHURCH PAYHEMBURY

Dear Friends

Doesn't time fly? I can hardly believe we are now into Lent! What have we given up I wonder, I go through a range of things and then always find an excuse for not giving this or that up. No doubt you like me are very good at making excuses for not doing something whether that's completely true or you just think it's true. We can quite easily deceive ourselves.

Lent of course does not have to be about giving up, it can be taking something on, which in itself requires dedication and stamina. What we should be taking on should enable us to stop and think more clearly about the big questions in life, to ponder on the world around us and how different people understand it.

We can easily dismiss thoughts about the "big question", we can get distracted by so many different things that we become muddled and confused, so at times we need to try to clear our minds and con-



centrate on one thing, question our own existence and purpose-scary!

This Lent I'm going to do this, you may like to as well:

L- listen to creation around us.
E- enjoy the marvels of God's creative power

N- nourish ourselves with the word of God

T- think about the blessings we each receive and be grateful.

As we journey through Lent perhaps these actions may inspire us to have a deeper understanding of where we all stand in this world.

Every blessing, *Rev Cate*

LENT COURSE

**THURSDAYS, 7PM AT FENITON:
March 1ST, 8TH, 15TH, 22ND, 29TH**

**PARISHES OF FENITON, ESCOT, PAYHEMBURY
CHURCH SERVICES IN MARCH 2012**

SUNDAY 4TH MARCH LENT 2

Time	Service	Church
9.00 am	Matins	Escot (GG)
10.00 am	Storytime	Feniton (CE)
10.30am	All Ages HC	Feniton (CE)
11.00 am	Morning Worship	Payhembury

SUNDAY 11th MARCH LENT 3

Time	Service	Church
9.00 am	Parish Communion	Escot (CE)
10.30 am	Morning worship	Feniton (AH)
10.30am 6.30 pm	Café Evening worship	Payhembury (CE) (LL)

SUNDAY 18TH MARCH LENT 4 MOTHERING SUNDAY

Time	Service	Church
10.30 am	Celebration Communion	Feniton (CE)
11.00 am	All ages service	Payhembury (?MacD)

SUNDAY 25TH MARCH LENT 5

Time	Service	Church
9.00 am	BCP Communion	Escot (CE)
9.30 am	Holy Communion	Payhembury (Team)
6.00 pm	Evening worship	Feniton (?MB)

SUNDAY 1ST APRIL LENT 6 PALM SUNDAY

Time	Service	Church
9.00 am	Matins	Escot (GG)
10.00 am	Storytime	Feniton (CE)
10.30am	All Ages HC	Feniton (CE)
11.00 am	Morning Worship	Payhembury (AH)

THE WEDNESDAY CLUB

Last month 22 members and friends enjoyed a very good lunch at the Otter Inn. I am delighted that some of the "friends" decided to become members and so the numbers are creeping up. Thank you for your support.

Our next meeting will be on

Wednesday 14th March 2012
in the Parish Hall from 2.30 p.m.

when we have again invited Mr Steve Ford to talk to us. As you know we can be assured of an interesting and happy afternoon with Steve.

Anyone is invited to join us and if you want to become a member (there are a few perks now and again!) it is only £5 per year and we would be happy to see you.

Look forward to seeing you on the 14th.

Joy Morgan

TEA AND CAKES

The March Tea and Cakes will be on:

Saturday 31st March
11.00am in the Parish Hall

This will be a joint effort with the Parish Hall Committee and the Pre School. The profit made from this event will be divided between the two organisations so it would be good to see as many people there as possible



COFFEE MORNING

A truly warm welcome awaited us at Slade Barton with a roaring fire in the grate which was much appreciated by all on such a dismal damp morning. Very many thanks to Babs for hosting the coffee morning in January with her usual enthusiasm and for making us all so comfortable.

We shall miss meeting at Slade Barton in the future, but know that Babs and Roger will fill their new home with all the love and warmth that they are renowned for and wish them much happiness in their new abode.

The next coffee morning will be held on Wednesday, 28th March at Oak Cottage at the usual time of 11 a.m. by kind invitation of Alison and Anthony.

The P.C.C. are most grateful to all our generous hosts and to those who support us, as all contributions go to Church Funds. If you would like more information about the coffee mornings, or would like a lift please give me a ring on 841828.

Marjorie Wright



FENITON AND PAYHEMBURY MOTHERS' UNION REPORT



Eleven members attended the meeting held on Monday 13th February in St. Andrew's Church, Feniton. Apologies were received from five members. Our Leader, Paula Beabey welcomed members and our Speaker, Anitra Lockwood, and led us in hymn and prayers.

Notices were given regarding forthcoming events, with particular reference to the WOMEN'S WORLD DAY OF PRAYER to be held on Friday 2nd March at The Church of St. John the Evangelist at Tipton St. John at 2.30p.m. when the speaker will be the Rev. Jane Ollier. ALL ARE WELCOME TO THIS EVENT.

Anitra gave us a most interesting talk, illustrated with slides, recalling how she first went to Pakistan for six months in 1979 to work at the American Mission Hospital teaching midwifery and ended up staying for many years. We learned of the difficulties encountered during her time there, especially in times of earthquake and floods; but how her strong faith has shone through and is still most evident to-day. There were photographs and beautiful artefacts to see and even veiled clothing to try on ! A heartfelt vote of thanks was given.

The afternoon ended with tea and biscuits during which time a bouquet was presented to Verbena Evans as a token of our gratitude to her for her many years as Treasurer for Payhembury Branch.

Our next meeting will be on Monday 26th March at 2.15 p.m. when we shall meet in St. Mary the Virgin Church, Payhembury for our Lady Day Holy Communion Service, which this year will be led by The Revd. Ann Turner

Marjorie Wright (Hon. Secretary)

· · Evening Worship

There will be an evening service on Sunday 11th March at 6.30pm. It will be good to see everyone back at this service after a 3 month break for the winter.

All welcome!

Babs Leach

FENITON LENT LUNCHES

This year there will be the one Lent Lunch in Feniton Parish Hall on Saturday March 31st from noon - 2pm.

Payhembury Parish Council

The next Parish Council Meeting will be held on Wed 14th March at 7.30pm in the Parish Hall.

The Parish Annual Meeting will be held on Wed 21st March at 7.30pm in the Parish Hall. Could representatives from all village groups and clubs please let the Parish Clerk have a report of their activities for this last year?

Parish Clerk, Penny Wilkinson

01404 841899

payhemburypc@googlemail.com

CUP OF TEA AND BINGO



How about spending a sociable couple of hours on

**Wednesday 7th March 2012
in the Parish Hall
from 2.15 p.m.**



having a few games of bingo, a cuppa and a pleasant get-together for a chat?

This is just a trial run to see what response there is – if enough folk are interested we will continue holding these sessions every month on the first Wednesday afternoon.

The charge will be £2.00 per person



Blueberry Clafoutis - serves 6

225g blueberries
4 eggs
100g caster sugar
200ml creme fraiche
75g ground almonds
30g flour
1/4 tsp salt

Preheat oven to 180C/350F Gas 4

Put blueberries at base of 2- 3 pt/1.5 litre gratin dish

Mix the eggs, caster sugar, crème fraiche, ground almonds, flour and salt in a blender until smooth. Pour over blueberries and cook for 30 minutes.

Nice and easy one this month – enjoy!

PAYHEMBURY'S OWN WEBSITE

..... is up and running! The website is intended to show the community-minded nature of our village and give as much information as possible about what there is here for all of us.

There are still some gaps in the information so please have a look and see whether you can help fill them. If there is anything you would like to see done differently—let us know. There are separate pages for school, church, Parish Council etc and all the clubs and groups which can be found in the village. Again, tell us if you don't like how we have described your group and we can change it.

This is YOUR website—so have a look and see what you think:

www.payhembury.org.uk

PAYHEMBURY SPRING BULB AND FLOWER SHOW

Just a couple of weeks now before the 49th annual open show which is on
Saturday 17th March 2012
in the Parish Hall
doors will open at 4.30 p.m. and close at 6.15 p.m.

I am sure that by now you will have picked up your schedule from Di, Louise, Jane or Payhembury Provisions and will be preparing your entries. Your entry forms and fees must be handed to one of the above no later than 10th March, so there is still time to get a schedule and participate. Full details of how to enter are printed inside the cover of the schedule.



We are having – and have had – some very strange weather so it will be interesting to see how well we do with all our Spring bulbs. Don't be put off entering because your flowers aren't as good as you would like – am sure everyone will be in the same situation! Just have a go – not everyone can be a winner but the more entries there are the better the show and perhaps you could even enjoy disagreeing with the Judge's decision!!!



However, handicrafts and cookery are not affected by the weather so we hope for lots of entries! Really look forward to achieving 500 or more this year.

Even if you aren't participating (perish the thought!) do come along and see what a super show it is. And to tempt you further the refreshments are second to none – have tea-time with us! No need to have judges everything is first class.

Good luck to all entrants and hope to see many of you on the 17th March in the Parish Hall.
Joy Morgan

THE QUEEN'S JUBILEE



The village plans to celebrate this momentous event on
Tues 5th June



Put it in your diary, think of fun things to do and look out for leaflets about planning meetings etc.

Let's make it a very special day!!

Can you volunteer to help our village shop?

Payhembury Provisions is looking for someone with business experience to act as Treasurer. If you think you may be able to help, please contact Richard on 01404 841549 for further information.

Connecting Devon and Somerset

This campaign is appealing to residents and businesses to help get superfast broadband for the counties.

PLEASE log onto www.connectingdevonandsomerset.co.uk and complete the survey which asks about your current speed, costs and usage of the internet. The County Council needs at least 10,000 responses to help bid for further funding for fast internet, so do your bit. There is further information on the website.



This is not only about how long it takes us to download the simplest thing off the internet—it is also about making life easier for businesses in the county and to attract new businesses and create more jobs for Devon.

DON'T DELAY—DO IT NOW!



THE STUDIO HAIR & BEAUTY **MOTHERS' DAY SPECIAL!**

Treat your Mum or partner on March 18th with a Voucher from The Studio Hair & Beauty.

Open Mon and Wed to Sat
(above Payhembury Provisions)
Tel: 01404 841499



Given the time of year, competition and pressure on margins we are doing well in most areas however newspaper, bread and milk sales are short of our target.

For the first time in a long time papers are again being sold in Payhembury. To encourage more people to buy papers from the shop we will be starting newspaper accounts. This I hope will be up and running in March - it could save you quite a bit of money and boost shop sales.

The baking has been a great success and I have been delighted to hear all the favourable comments. Remember you can pre-order your croissants, this helps you and the volunteers doing the bake off.

Don't forget fresh fish can be ordered for delivery every Wednesday.

James

Ottery St Mary & District Help Scheme Can we help you or would you like to help us?

We are based at the Coleridge Medical Centre and provide support to people of Ottery St Mary and surrounding villages and hamlets, including Payhembury in times of illness or life-changing circumstances.

The help scheme provides a number of services which require volunteer support:

- Provide transport to medical appointments – we particularly need people who live in the outlying villages
- Support people at the memory café – an informal drop in for people with dementia and their carers
- Visit people at home and support with small practical tasks
- Support our nail cutting service
- Support people who have recently been bereaved, at our groups or on a 1:1
- Help at fundraising events or with funding letters and applications, helping to keep our charity going or share any other skills you may have to support our charity

A little bit of your time goes a long way to helping someone else – we all need a helping hand sometime in our life.

The help scheme is a charity and relies on funding comes from a number of sources but mainly relies on the generosity of local organisations and businesses, individuals and bequests.

Thank you for taking the time to read this article – please call us on 01404 816700 if you can help us or we can help you.



Payhembury Pre-School

learn, play, imagine, discover...

Join us for learning, fun and games for
3-5 year olds in a thriving rural village!

Payhembury Parish Hall

Monday: 9.00 – 11.30am

Tuesday, Wednesday, Thursday

& Friday: 9.00 – 11.30am

(followed by optional lunch club until 12.30)

Tuesday afternoon session: 12.45-3.15pm

For more information

Call Gill on 07907 584667

www.payhemburypre-school.co.uk



Apple Pips baby & toddler group

Welcomes parents, grandparents
& carers with babies & toddlers 0-3
for fun, play, arts, crafts,
refreshments & singing!

Payhembury Parish Hall

Monday mornings from 9.30-11.30am

Come along & meet local families!

For more information

Call Hazel on 841465

www.payhemburypre-school.co.uk

(Click on Toddler Group)



CLARET'S CORNER

by our postie Marty

It's been a bit of a mixed month with a home 1-1 draw with PETERBROUGH, two losses against SOUTHAMPTON and READING, but with a couple of wins against NOTTINGHAM FOREST and BARNSELY keeps us in touch with the play offs.

A prominent member of the village approached me the other day and said, Marty what is your surname, so for his benefit and anyone else who wants to know it's RICHARDS (I've only been delivering post to Payhembury for 27 years). He did say we only know you as Marty.

I'm looking forward to the PAYHEMBURY MASKED BALL on APRIL 21st, I've been told it's almost a sell out!

See you around the village and UP THE CLARETS! MARTY.

William Garvey, furniture designers & makers, of Upton, are delighted to sponsor Payhembury Parish Paper



Hello friends, do you like this picture? This was sent to me by my cousin who lives in a nice warm house. Can you see his nose poking out of the cheese? Well he sent this to me because he has given up cheese for Lent. I'm not too sure what he will be eating instead he didn't say, but I'm sure he won't go too hungry as there are lots of other goodies in his house, he is very lucky and so are my other cousins that live with him.. Mind you I'm not grumbling, I have a lovely life at our church, my family and I get used to the cold weather and we are thankful when there are biscuit crumbs about for us to

gather up. We love to hear the singing and we get excited when there are lots of different things going on. You see we can all have fun if we try and we shouldn't think that we are worse off than others.

This Lent we mice at church are going to spend some time listening when people are reading the Bible. Sometimes we are hiding away and fall off to sleep when there is someone reading. So we all thought that we would listen hard to the stories of Jesus because they really are exciting and teach us a lot. We love to see the picture and puzzles the children do in church as well, we just wish we could colour as well but our little paws don't cover paper every well without us making a terrible mess.

Well I hope this Lent you too may listen really closely to those stories of Jesus and we may all learn something new and be ready for the big celebration of Easter, Parchie and friends.

Post Office Update

The Post Office remains resolute that the only postal service available for Payhembury is what they term Post Office Local. In this model, shop volunteers train to provide



postal services and the Post Office does not supply a member of staff in our shop. The Committee feels this places unreasonable responsibility and demands on the volunteers and is pushing for a hosted service as was originally offered to us. The Government and Post Office continue to debate the model for postal services in rural community shops and we feel it would be prudent to wait until the outcome of these negotiations is published before making any decisions.

Annual General Meeting

It is a year since the successful Mandate Meeting was held at the Village Hall, when villagers gave overwhelming support for the go-ahead of Payhembury Provisions **and elected the Committee. The shop's first Annual General Meeting will be held in** early September 2012, once the annual accounts for the first year of trading have been finalised and signed off.

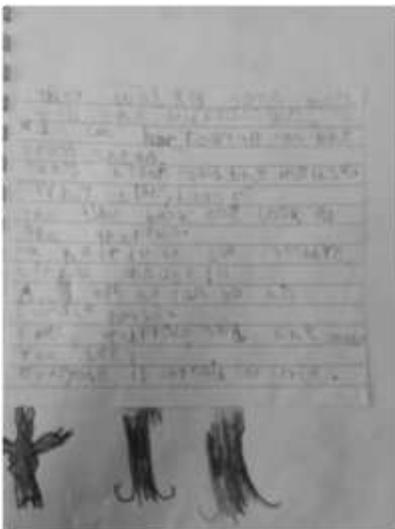
Your support is vital to the sustainability of your shop

PAYHEMBURY C of E PRIMARY SCHOOL

NEWS



Willow Class and The Gruffalo



They walked some more until the Gruffalo said
"I can hear roaring on that grass ahead."
"It's tiger" said the mouse "Why, tiger, hero"
The tiger took one look at the Gruffalo
"Help" he said "goodbye little mouse"
And off he ran to his little house.
"Well Gruffalo", said the mouse
"You see, everyone is afraid of me."

PAYHEMBURY C of E PRIMARY SCHOOL NEWS



And everyone has been
busy outside



Rainfall: January had only just over half the normal rainfall. February is the same heading for another dry month. Devon missed the snow except on the hill tops nearby.

Temperatures: January was 2degC warmer than average with no appreciable cold spells. In contrast the first half of February experienced a significant cold spell with overnight temperatures down to -6degC and daytime only just getting above freezing. However it has now warmed up in the second half of the month.

Weather elsewhere: Mainland Europe in common with Britain experienced a very cold period in early February with temperatures as low as -20degC. The Danube froze and there was up to 200cm of snow in places in Serbia trapping villagers and the Six Nations rugby match between France and Ireland in Paris was cancelled due to a frozen pitch. The famous 125 miles skating race called *Elfstedentocht* along the canals in Holland came close to being run but the ice never got thick enough. The last time it took place was 1997.

Payhembury Monthly Temperatures degC

Jan/Feb 12	1960-90 Climate	Measured Averages	Warmer or colder than average?
Max Temp	7.6/7.5	9.8/5.5	Warmer/Colder
Min Temp	2.1/1.7	3.8/-1.8	Warmer/Colder
Mean Temp	4.9/4.6	6.8/1.8	Warmer/Colder
Temp Range	5.5/5.7	6.0/7.3	
Highest Max	14/14	13.0/10.3	10 Jan 12
Lowest Min	-13/-9	-1.7/-6.2	4 Feb 12
Lowest Max	-6/-3	2.7/1.9	2 Feb 12
Highest Min	11/10	8.8/2.4	9 Jan 12
Payhembury	Rainfall mm	Date of max	
Jan 12	104	59	3 Jan 12
Feb 12 (2 weeks)	39	16	10 Feb 12



Roger Saunders

Follow me on twitter at @sat_metman

Payhembury Tennis Club

We will be holding our AGM at the Six Bells at 7.30pm on Tuesday 13th of March. Anyone is welcome to come to the meeting to discuss our recent successful funding application and to reappoint a new committee. We are only a small club, meet once a year and rely on the support of the village. Look forward to seeing you there.





Saturday 21st April

Come and enjoy canapés and bubbly, a delicious 2-course dinner followed by tea and coffee, dancing and live music from 'Honest John' at **Payhembury's Masked Ball!** Set in a beautiful, decorated marquee behind Slade Barton, Payhembury welcomes you to an evening of decadence

drama and delight...

Reception 7.30pm ~ Carriages 1am

Tickets - £35 per person (Tables of 10)

Info - Nicki 01404 841409

Dress - Black Tie & Mask (plus most elaborate mask competition)

Profits to Friends Of Payhembury School



Sport Relief Mile in Honiton Sunday March 25th at 10:00am.

Honiton Sport Relief Mile has its own website, produced by organisers, Honiton Running Club where you can now register to take part in either the 1, 3 or 6 mile event.

<http://www.honitonrc.com/sport-relief-mile-mar.html>

We hope to provide information on the website showing how local schools, clubs and organisations are getting involved with Sport Relief.

We look forward to seeing you there,

John Burgess
(Chairman Honiton Running Club)

Take a Step in 2012

Fairtrade Fortnight 27 February - 11 March

A small step taken here in the UK can make a big difference to the lives of farmers and workers around the world. That's why Fairtrade Fortnight 2012 is all about 'Taking a Step for Fairtrade'. Here's how to start your Fairtrade journey:

- Swap a regular product for a Fairtrade one
- Ask your local shop to increase their Fairtrade range
- Talk to others about the benefits of Fairtrade.

Once you've taken your step, you can make sure it's counted by visiting the website at <http://step.fairtrade.org.uk/>





Here Come the Girls!

Get ready for a girl's night out with a difference. Come and join us and hundreds of ladies as they dress up and walk the coastal and country lanes of Devon at night to raise money for your local hospice nurses.

To celebrate 30 years of care in your local area, we are going back to the 1980's with our fun fancy dress theme! Prizes to be won for the best outfit. Join us at Exmouth on 19th May or Tiverton on 14th July. For more info or to register go to www.womensmidnightwalk.co.uk.

Authority Matters

**CHANGE OF
POLICE
GOVERNMENT**



**Devon & Cornwall
Police Authority**

The Police Authority has undertaken a survey, which shows that only 27% (one in four) people were aware of that there will be a first ever election of a Police and Crime Commissioner (PCC) covering Devon, Cornwall and the Isles of Scilly. Since this person will be elected and will hold the Chief Constable to account, the police will virtually be answerable to members of the public.

The elections will be held on 15 November 2012—make sure you understand what this is about by visiting the website <http://www.homeoffice.gov.uk/police/police-crime-commissioners/> where you can also find out who is eligible etc.

Use your democratic right to be involved in the policing in your area and **VOTE!**

OUR LOCAL EXPERT

This is a free guide which only features businesses that have been used and recommended by local people. This means that readers know they can expect a trustworthy and quality service from anyone listed – reducing the fear of 'cowboys' and 'rogue traders'.

The new annual edition of Our Local Expert will be distributed in the first week of April, free through doors in the Payhembury area with your post.

Anyone who hasn't received the 2012-13 edition by the end of April can contact me and I will be happy to post out a free copy: Nick Hall, 01395 513869, Nick@OurLocalExpert.co.uk



As always I welcome recommendations of local businesses your readers use and trust, using the same contact details. For special offers see: <http://www.ourlocalexpert.co.uk/news/east-devon-special-offers.html>

INFORMATION PAGE

Non urgent police contact: 101 **NOTE CHANGE OF NUMBER**

Honiton Hospital: 01404 540540

Your Parish Council:

Di Somers (01884 277390)

Robert Leach (01404 841409)

Pete Long (01404 841638)

Emma Hewerdine (01404 841240)

Clive Fowler (01404 841646)

Jon Scarle (01404 841466)

Keith Williams (01404 841772)

Parish Clerk (01404 841899)

Meetings held 2nd Wed of alternate months (starting January)

7.30pm in the Parish Hall

Useful numbers at the County Council (all 0845):

General Enquiries 0845 155 1015

Roads & transport 155 1004

Libraries 155 1001

Disability information 155 1005

Children/families 155 1013

Registrars 155 1002

Emergencies: Social Care (0845 600 0388), Highways(01395 383329)

Animal welfare, petrol, explosives (01392 499499)

Useful numbers at the District Council (all 01395):

Switchboard 516551

Emergency (out of hours) 578237

Environmental health 517456

Dog/pest control 571517

Council tax/benefits 517446

Missed bins/recycling 571515

Car park fines 571643

Bus passes 571500

Planning matters 517475

County Councillor Paul Diviani – 0845 3285 788

District Councillor Philip Skinner – 01404 822855

PAYHEMBURY PARISH HALL HIRE AND CHARGES

**PLEASE CONTACT LOUISE GRANGER FOR DETAILS 01404 841457
(before 6pm. please)**

PAYHEMBURY PROVISIONS

OPENING HOURS AND CONTACT DETAILS

Monday—Friday 8.00am to 7.00pm

Saturday 8.00am to 1.00pm

Sunday 8.00am to 12.00pm

Tel: 01404 841856 or (info@payhemburyprovisions.co.uk)

Manager James Carpenter

Contact details for churchwardens in Escot or Feniton:

Feniton - David Lanning or Roger White (851441)

Escot - Judy Davis (812739) or Keith & Eve Townson (812604)

CALENDAR FOR MARCH 2012

Sunday 4 Service Morning Worship 11.00am

7 Tea and Bingo, Parish Hall 2.15pm

Sunday 11 Service Café, Parish Hall 10.30am
Evening Worship 6.30pm

13 Tennis Club AGM, Six Bells 7.30pm

14 Wednesday Club, Parish Hall 2.30pm

14 Parish Council Meeting, Parish Hall 7.30pm

17 Spring Bulb Show, Parish Hall 4.30—6.15pm

Sunday 18 Service All Ages Service 11.00am

20 4.00pm DEADLINE FOR APRIL PARISH PAPER

21 Annual Parish Meeting, Parish Hall 7.30pm

Sunday 25 Service Holy Communion 9.30am

26 Mothers' Union, Payhembury Church (Lady Day Communion) 2.15pm

28 Coffee Morning, Oak Cottage 11.00am

31 Tea and Cakes, Parish Hall 11.00am

Early Apr dates: Sunday 1st—Service Morning Worship 11.00am

Flowers for Mar **LENT—NO FLOWERS**

REGULAR WEEKLY ACTIVITIES HELD IN THE PARISH HALL
--

Payhembury Pre-School	Monday—Friday Tues, Wed, Thurs, Fri Tuesday	9.30-11.30am (check for room) Optional lunch until 12.30pm 12.45—3.15pm
MONDAY	Apple Pips Youth Groups	93.0—11.30am 5.30—8.45pm
TUESDAY	Musical Moments Pre-School Lunch Club	10.15—11.30am 11.30—12.30pm
WEDNESDAY	Short Mat Bowling	7.30—10.00pm
THURSDAY	Pilates Pre-School Lunch Club Pilates	9.30-10.30am 11.30—12.30pm 7.00-8.00pm & 8.15-9.15pm
EDITOR:	Sue Derbyshire	01404 841103
DEP EDITOR/ ADVERTISING:	Emma Hewerdine	01404 841240
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